

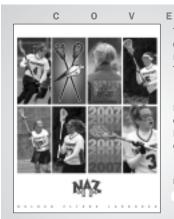


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# Nazareth College Athletics/ Women's Lacrosse Quick Fact Page 1 Staff Directory Page 2 Head Coach Sue Behme, Page 3 Year by Year Page 3 Assistant Coaches Page 4 2007 Roster Page 5 2007 Season Preview Page 6 2007 Returning Players: Page 7-12 2007 Newcomers: Page 12-13 Empire 8 Conference Page 14 2006 Scoring & Final Results Page 15 Post Season Honors Page 16

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TOP ROW: (from left) – Liz Wells, Tia Morgia

R

BOTTOM ROW: Colleen Earley, Beth Quartier, Caitlin Zimmer

DESIGN & LAYOUT:

Sym I c

Nazareth Women's Lacrosse 2007 is a production of the Nazareth Athletic Department. For further information, contact Joe Seil at (585) 389-2452 or at jeseil2@naz.edu.

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Ε Ε M

### HEAD COACH & YEAR BY YEAR



### SUE BEHME Head Coach

Sue Behme's arrival at Nazareth prior to the 2000 season infused into the women's lacrosse program high levels of energy and enthusiasm that have culminated in seven straight postseason appearances, including five NCAA tournament berths.

The Golden Flyers' fledgling program was on the verge of making a splash at the national

level prior to her arrival. Then they dove headfirst into the national spotlight in 2000 as Behme (pronounced Beam) guided the Golden Flyers to their finest season ever. Nazareth won a school-record 16 games, won the championship of the Empire 8 Conference, and reached the NCAA Tournament for the first time.

They subsequently won E8 titles in 2002, 2005 and 2006 with Behme earning conference Coach of the Year honors in each of those seasons. The Golden Flyers also reached the NCAA Tournament as an at-large selection in 2004

Under Behme's direction, the Golden Flyers enjoyed one of their best seasons ever in 2006 as they finished the regular season as one of only three unbeaten teams (14-0) in the country. After winning the Empire 8 Conference Tournament for the second year in a row, Nazareth received a first-round bye to the NCAA Tournament, then lost a tough 10-7 decision to Franklin & Marshall. Behme was recognized as NYSWCAA Coach of the Year and Empire Region Coach of the Year.

The Golden Flyers enjoyed their share of success in 2001 and 2003 as well. They finished second (behind Ithaca) in the Empire 8 Conference each time and competed in the ECAC Mid-Atlantic Tournament. Behme has a record of 92-31 in her seven seasons at Nazareth and an overall record of 113-53 for 11 seasons.

Behme joined the Nazareth coaching staff in the fall of 1999 and brought with her strong credentials both as a coach and as a player.

She coached soccer and lacrosse at SUNY Geneseo for four years. Her soccer teams posted a record of 38-32-1 and captured the NYSWCAA title in 1998. She started the Geneseo lacrosse program in 1996 and built the program into one of the best in the SUNY Athletic Conference. Her 1999 team finished with a 9-4 record and reached the conference playoffs. She also was named conference coach of the year.

Behme also has had coaching stints in lacrosse and soccer at Washington & Lee University in Lexington, Va. and at the University of the South in Sewanee, Tenn.

As an athlete, Behme was a collegiate All-American in both soccer and lacrosse at SUNY Cortland. In soccer, she helped the Red Dragons to a national championship in 1992 while earning All-America honors. She was a two-time All-American in lacrosse and was selected to compete in the North-South Senior all-star game in 1993.

Her competitive fire led to her selection in 2005 to the U.S. Team handball Women's National Team. She formerly played semi-professional soccer with the Rochester Ravens and raced mountain bikes professionally for two years with Ted Wojick Custom Bikes of Hampstead, N.H.

Behme graduated from Cortland in 1993 with a degree in Recreation and Leisure Studies. She has a Master's degree in recreation from Brockport.

In addition to coaching lacrosse, Behme oversees the athletic department's equipment room. During the summer she operates the popular girls lacrosse camp at Nazareth. This year's camp is June 25-29, 2007.

YEA	R B	Y	YEAR RECORDS
YEAR	WON	LOST	HEAD COACH POST-SEASON
1993	0	7	Denise Dewey
1994	8	1	Denise Dewey
1995	7	6	Tony Zostant
1996	10	2	Tony Zostant
1997	10	3	Tony Zostant
1998	11	3	Tony Zostant
1999	11	4	Tony Zostant ECAC Tournament
2000	16	4	Sue Behme NCAA Tournament
2001	12	8	Sue Behme ECAC Tournament
2002	11	5	Sue Behme NCAA Tournament
2003	11	6	Sue Behme ECAC Tournament
2004	14	4	Sue Behme NCAA Tournament
2005	14	3	Sue Behme NCAA Tournament
2006	14	1	Sue Behme NCAA Tournament
Overall	149	57	



COACH BEHME

Sue Behme has been named Empire 8 Conference Coach of the Year four times.

COACHII	N G H	ISTORY	
COACH	YEARS	RECORD	PCT
SUE BEHME-2000-present	7	92-31	.748
TONY ZOSTANT-1995-99	5	49-18	.731
DENISE DEWEY-1993-94	2	8-8	.500
TOTAL-1993-2006	14	149-57	.723

### A S S I S T A N T C O A C H E S



S H A W N A K A B O T Assistant Coach

After a brilliant four-year playing career for the Golden Flyers, Shawna Kabot returns to Nazareth for her third season as an assistant coach.

Kabot graduated in 2004 with a degree in Communication Science and Disorders and now has a Master's

degree in Speech Pathology.

She earned numerous individual honors as a lacrosse player and ranks fourth all-time at Nazareth in career scoring with 204 points on 175 goals and 29 assists.

Kabot was a first-team Empire 8 Conference all-star selection four straight years and was co-Player of the Year in 2003. She also was a four-time all-NYSWCAA selection and a regional All-American pick three times.

In 2004, Kabot was the Golden Flyers' team captain and leading scorer with 50 points on 42 goals and eight assists. She led the Golden Flyers to a 14-4 record and an NCAA Tournament selection. She scored six goals in the Golden Flyers' 12-5 first-round tournament victory over Wooster.

Kabot was selected to compete in the annual North-South Senior all-star game and was Nazareth's 2004 recipient of the Bill Carey Sportsmanship Award.

Kabot is a native of Horseheads, N.Y. and excelled in basketball and lacrosse at Horseheads High School.



CYNDY QUINONES Manager



S U Z A N N E S H I E L D S Manager



### LINDSAY GOTHAM Assistant Coach

Former Nazareth defensive standout Lindsay Gotham joined the women's lacrosse coaching staff this spring after a fine four-year playing career that culminated with her selection as a first-team All-American in 2005.

A native of Seneca Falls, N.Y., Gotham

was a four-year starter as a defender and was a four-time first-team Empire 8 Conference all-star. She also was a three-time regional All-American. Gotham helped the Golden Flyers to a four-year record of 50-18 with two conference titles and three NCAA Tournament berths.

Gotham graduated from Nazareth in '05 with a degree in psychology.



### R A C H E L S P O O N H O W E R Assistant Coach

Webster native Rachel Spoonhower joined the Nazareth women's lacrosse coaching staff for 2007 after a four-year playing career at Cornell University.

As a defender in 2006, Spoonhower helped the Big Red to a 12-4 record,

a share of the Ivy League championship and a berth in the NCAA Division I Tournament.

Spoonhower played attack at Webster High School and was a threetime Monroe County League all-star and an All-American selection as a senior in 2002. She graduated from Cornell last spring with a degree in Biology and Society.



### 2007 WOMEN'S LACROSSE TEAM



FRONT ROW (left to right) – Alyssia Roberts, Allison Bayer, Maria Fusco, Ann Sessler, Nicole Cottone, Lauren Kostuk. MIDDLE ROW – Sarah Mack, Jamie Robison, Maggie Mullin, Maria Caruso, Kate Schneeberger, Sara Spillane, Shannon Lattimore, Jennifer Young, Caity Richardson, Colleen Earley. BACK ROW – Beth Quartier, Jessica Caprara, Lauren Evans, Mary Kate Scardillo, Eireann Byrne, Hannah Brennan, Jessica McArdle, Korinne Smith, Caitlin Zimmer, Stephanie Cash, Melissa George, Tia Morgia, Liz Wells.

#	NAME	POS.	YR.	HT.	HIGH SCHOOL/HOMETOWN			
_1	MARIA FUSCO	G	S0.	5-7	IMMACULATE HEART/WATERTOWN, NY			
2	ANN SESSLER	G	FR.	5-4	CAZENOVIA/CAZENOVIA, NY			
3	CAITLIN ZIMMER	М	SR.	5-6	EAST ROCHESTER/EAST ROCHESTER, NY			
4	ELIZABETH WELLS	D	SR.	5-5	ITHACA/ITHACA, NY			
5	TIA MORGIA	Α	SR.	5-4	WATERTOWN/WATERTOWN, NY			
6	MAGGIE MULLIN	М	S0.	5-7	IRONDEQUOIT/ROCHESTER, NY			
7	EIREANN BYRNE	D	JR.	5-7	WEST GENESEE/CAMILLUS, NY			
8	KATE SCHNEEBERGER	М	S0.	5-1	WATERTOWN/WATERTOWN, NY			
9	SHANNON LATTIMORE	Α	S0.	5-2	AUBURN/AUBURN, NY			
10	COLLEEN EARLEY	М	SR.	5-5	CORNING-PAINTED POST WEST/PAINTED POST, NY			
11	STEPHANIE CASH	Α	FR.	5-9	SARATOGA SPRINGS/SARATOGA SPRINGS, NY			
12	JENNIFER YOUNG	М	FR.	5-4	MARCELLUS/MARCELLUS, NY			
13	RACHEL BARANELLO	M	JR.	5-4	HOMER/HOMER, NY			
14	JAMIE ROBISON	М	FR.	5-6	WATERTOWN/WATERTOWN, NY			
15	HANNAH BRENNAN	D	S0.	5-8	PENN YAN ACADEMY/PENN YAN, NY			
17	BETH QUARTIER	Α	SR.	5-7	CICERO-NORTH SYRACUSE/CICERO, NY			
18	ALLISON BAYER	Α	JR.	5-3	CORNING EAST/CORNING, NY			
19	ALYSSIA ROBERTS	A-M	FR.	5-5	MARCUS WHITMAN/STANLEY, NY			
20	SARAH MACK	D	SR.	5-6	CORTLAND/CORTLAND, NY			
21	JESSICA CAPRARA	Α	S0.	5-3	GENERAL BROWN/WATERTOWN, NY			
22	JESSICA McARDLE	Α	SR.	5-11	LANCASTER/DEPEW, NY			
23	MARY KATE SCARDILLO	D	S0.	5-7	ACADEMY OF THE HOLY NAMES/SLINGERLANDS, NY			
24	NICOLE COTTONE	D	FR.	5-4	CORTLAND/CORTLAND, NY			
25	KORINNE SMITH	Α	FR.	5-10	NORTH TONAWANDA/NORTH TONAWANDA, NY			
26	SARA SPILLANE	Α	JR.	5-5	CHRISTIAN BROTHERS ACADEMY/LIVERPOOL, NY			
27	LAUREN EVANS	D-M	FR.	5-7	MARCUS WHITMAN/STANLEY, NY			
28	CAITY RICHARDSON	М	JR.	5-5	PITTSFORD MENDON/PITTSFORD, NY			
29	MELISSA GEORGE	D	FR.	5-5	WEST GENESEE/SYRACUSE, NY			
30	LAUREN KOSTUK	Α	FR.	5-5	CORTLAND/CORTLAND, NY			
31	NORA DAVIS	М	FR.	5-8	BISHOP LUDDEN/SYRACUSE, NY			
32	KELLY LIGHTON	D-M	FR.	5-1	BISHOP LUDDEN/SYRACUSE, NY			
НΕΔΙ	FAD COACH: Sue Behme, 8th season: ASSISTANT COACHES: Lindsay Gotham, Shawna Kabot, Rachel Spoonhower:							

HEAD COACH: Sue Behme, 8th season; ASSISTANT COACHES: Lindsay Gotham, Shawna Kabot, Rachel Spoonhower; MANAGERS: Cyndy Quinones, Suzanne Shields

#	NAME PO	) S .
13	RACHEL BARANELLO	М
18	ALLISON BAYER	Α
15	HANNAH BRENNAN	D
_7	EIREANN BYRNE	D
21	JESSICA CAPRARA	Α
11	STEPHANIE CASH	Α
24	NICOLE COTTONE	D
31	NORA DAVIS	M
10	COLLEEN EARLEY	М
27	LAUREN EVANS	D-M
1	MARIA FUSCO	G
29	MELISSA GEORGE	D
30	LAUREN KOSTUK	Α
9	SHANNON LATTIMOR	EΑ
32	KELLY LIGHTON	D-M
20	SARAH MACK	D
22	JESSICA McARDLE	Α
5	TIA MORGIA	Α
6	MAGGIE MULLIN	М
17	BETH QUARTIER	Α
28	CAITY RICHARDSON	М
19	ALYSSIA ROBERTS	A-M
14	JAMIE ROBISON	М
23	MARY KATE SCARDIL	LO D
8	KATE SCHNEEBERGE	RM
2	ANN SESSLER	G
25	KORINNE SMITH	Α
26	SARA SPILLANE	Α
4	ELIZABETH WELLS	D
12	JENNIFER YOUNG	М
3	CAITLIN ZIMMER	М

### GOLDEN FLYERS THINKING BIG AGAIN

### Nazareth seeking third straight E8 title, NCAA berth

Now in her 12th season as a women's college lacrosse coach (and her eighth at Nazareth), Sue Behme has been able to see the bigger picture and is thus unfazed in losing players to graduation.

"Graduation is a fact of life," said Behme, who lost eight players from the Golden Flyers' 2006 Empire 8 Conference championship team, including two first-team All-Americans. "I don't get hung up on that. I feel confident that anyone on our team can step in and do the job when the time comes."

Last season, the Golden Flyers did a job on many of their opponents as they finished 14-1 overall and captured their fourth Empire 8 Conference championship.

They also made their fifth NCAA Tournament appearance under Behme's direction. They entered the tournament unbeaten and received a first-round bye, then lost a close game to Franklin & Marshall, 10-7.

Defense has served as the Golden Flyers' calling card in recent seasons and it was never more evident than in 2006 when they led all of Division III with the lowest goalsagainst average (4.73) and were ninth in scoring margin (7.33).

"We want to be as balanced as possible," said Behme, whose 113 career wins rank among the best in Division III. "I think we have some very good team speed that should make us dangerous to defend."

Nazareth lost its starting goalie, Heather Chaapel, who was named Division III's top goalie after posting a stingy 4.43 goalsagainst average and a .628 save percentage in '06.

Defender Betsy Carney, a first-team All-American and the team's fourth leading scorer also is gone, along with reliable players Sandy Tompkins and Kristyn Lingenfelter. The offense also took a hit with the graduation



TIA MORGIA

Tia Morgia has been the Golden Flyers' leading scorer in 2005 and 2006.



BETH QUARTIER

Beth Quartier has scored 50 goals as a three-year starter for the Golden Flyers.

losses of Kim Kreskow, Amy O'Donnell and Melissa Passno, three of the team's top six scorers.

Sophomore Maria Fusco played in nine games as a backup to Chaapel in '06 and is poised to play more in 2007. Freshman Ann Sessler is the team's other goalie.

Senior Liz Wells, a first-team E8 all-star, and sophomore Hannah Brennan, a second-team selection, return as defensive starters.

Senior Sarah Mack, junior Eireann Byrne and sophomore Mary Kate Scardillo also earned playing time last season. Defensive newcomers include freshmen Nicole Cottone, Lauren Evans, Melissa George, Kelly Lighton and Jamie Robison.

Senior Tia Morgia, the Golden Flyers' leading scorer in 2005 and 2006 and a two-time E8 all-star, is probably the team's steadiest offensive player. Junior Beth Quartier also returns with 50 career goals to her credit.

Seniors Colleen Earley and Jessica McArdle each played regularly in 2006 as did juniors Allison Bayer and Sara Spillane and sophomore Jessica Caprara.

Newcomers at attack are freshmen Stephanie Cash, Nora Davis, Lauren Kostuk, Alyssia Roberts and Korinne Smith and sophomore Stephanie Lattimore

Senior Caitlin Zimmer (38 career goals) is the Golden Flyers' most experienced midfielder.
Juniors Caity Richardson and Rachel Baranello also have played along with sophomores
Maggie Mullin and Katie Schneeberger.
Freshman Jennifer Young also will compete for playing time.

"It's a unique group in that we have great mentorship from the upperclassmen," said Behme, who will be assisted by Shawna Kabot, Lindsay Gotham and Rachel Spoonhower. "Everything has been very positive on and off the field."

### R E T U R N I N G P L A Y E R S



### MARIA FUSCO #1

Sophomore from Watertown, NY Business Administration major. . . daughter of Michael and Cynthia Fusco, Watertown, N.Y. . . returning for her second season, Fusco appeared in nine games as the team's backup goalie. . . amassed 16 saves for a 6.83 goals-against average and a .552 save percentage. . . Scholastic: a graduate of Immaculate Heart Central,

Fusco excelled in tennis and lacrosse there. . . played five seasons of varsity lacrosse for her mother, Cynthia, and was a four-time Frontier League all-star as a goalie and an honorable mention All-

American in 2005... was a three-time Frontier League singles champion in tennis... member of National Honor Society and vice president of Class of '05.

CAREER STATS							
YEAR	GP/MIN	SV/PCT	GA/AVG				
2006	9/114	16/.552	13/6.83				
Totals	9/114	16/.552	13/6.83				



### ELIZABETH WELLS #4

Senior from Ithaca, NY

Psychology major... daughter of Marty and Jill Wells, Ithaca, N.Y... returning for her fourth season, Wells started all 15 games as a defender in 2006... scored her lone goal of the season in an 18-5 win at Hartwick 4/15/06... also finished second on the team with 41 ground balls... honored as a first-team Empire 8

Conference all-star as she was part of a defensive unit that yielded a Division III-best 4.73 goals per game. . . also named as a second-team Empire Region all-star by the Intercollegiate Women's Lacrosse Coaches Association. . . 2005: appeared in all 17 games in 2005 and contributed five goals. . . scored twice in an 8-5 win over Rensselaer 4/9/05 and had a goal against Ithaca in a 16-5 win in the Empire 8 title game. . . also had 36 ground balls and 19 draw controls. . . 2004: appeared in 16 games as a defender in 2004 and collected 22 ground balls. . . Scholastic: a graduate of Ithaca High School, Wells played four seasons of varsity lacrosse and twice earned first-team all-league honors as a defender and second-team

honors twice... served as team captain and voted team's Most Valuable Defensive Player... led team to Section Four title in 2003... also played three seasons of soccer.

C A	REER	STATS
YEAR	GP	G-A-PTS
2004	16	0-0-0
2005	17	5-0-5
2006	15	1-0-1
TOTALS	48	6-0-6



### CAITLIN ZIMMER #3

Senior from East Rochester, NY
Economics major. . . daughter of Mark and
Mary Zimmer, East Rochester, N.Y. . .
returning for her fourth season, Zimmer
played in all 15 games for the Golden
Flyers in 2006 and contributed 11 goals
and three assists with 22 ground balls. . .
scored three goals in the Golden Flyers' 9-5
win at William Smith 4/18/06. . . 2005:

played in 16 games and contributed 14 goals and three assists with 26 ground balls. . . equaled a career-best with three goals in an 8-6 win over St. John Fisher 3/26/05. . . also had four two-goal games . . . 2004: enjoyed a solid first season, appearing in all 18 games and contributing 13 goals and three assists with 27 ground balls. . . had career-best three goals in wins over Utica and Rochester. . . Scholastic: a graduate of East Rochester High School, Zimmer was captain of the basketball and lacrosse teams. . . played five varsity

seasons of lacrosse and earned first-team Monroe County League all-star honors in 2003 and second-team accolades in '02... helped team to three Section Five titles, three regional titles, and three trips the the state championship game... also competed in tennis.

CA	REER	STATS
YEAR	GP	G-A-PTS
2004	18	13-3–16
2005	16	14-3-17
2006	15	11-3-14
TOTALS	49	38-9-47



LIZ WELLS

Liz Wells was a first-team Empire 8 Conference all-star for the Golden Flyers in 2006.

### RETURNING PLAYERS



### TIA MORGIA #5

Senior from Watertown, NY

Sociology major. . . daughter of Bruce and Sarah Morgia, Watertown, N.Y. . . returning for her fourth season, Morgia started all 15 games for the Golden Flyers in 2006 and finished tied with Amy O'Donnell for the team lead in scoring with 39 points on 23 goals and a team-best 16 assists. . . also finished third on the team with 41 ground

balls. . . earned first-team Empire 8 Conference all-star honors for the second year in a row. . . also a second-team all-Empire Region all-star and a second team NYSWCAA all-star selection. . . had five points (2, goals, 3 assists) in a 12-8 win over Hamilton 3/23/06... scored three times each in wins over Rensselaer 4/2/06 and at Utica 4/14/06. . . 2005: emerged as the Golden Flyers' leading scorer, amassing 49 points on 24 goals and a team-high 25 assists ... had a career-high six points (4 goals, 2 assists) in a victory over Utica 3/20/05... had a career-high five assists in wins over Elmira 3/15/05 and Rochester 4/27/05... scored three times in regular-season win over Hartwick 4/2/05 and in NCAA playoff win over Western New England 5/11/05... named Empire 8 Conference Player of the Week for period ending 3/28/05. . . earned first-team Empire 8 Conference all-star honors at attack. . . also earned second-team all-New York Region honors. . 2004: appeared in 17 games in 2004 and contributed nine goals and six assists... had two goals and two assists in wins over Utica and Elmira. . . Scholastic: a graduate of Watertown High School, Morgia played three seasons of varsity lacrosse there. . . earned team MVP

honors in 2003 and was selected as a first-team Frontier League all-star... also earned Frontier League all-star honors in soccer and competed in basketball... named Academic All-American and selected to National Honor Society.

CA	REER	STATS
YEAR	GP	G-A-PT.
2004	17	9-6-15
2005	17	24-25-49
2006	15	23-16-39
TOTALS	49	56-47103



## EIREANN BYRNE #7

Junior from Camillus, NY

Communication Sciences and Disorders major. . . daughter of Joe and Kathy Byrne, Camillus, NY. . . returning for her third season, Byrne played in eight games for the Golden Flyers in 2006. . . 2005: appeared in only two games in 2005 due to a knee injury. . . Scholastic: a graduate of West Genesee High School, Byrne played

two seasons of lacrosse there. . . helped team to Onondaga League title as well as New York state title in 2003. . . honored as school's

Most Improved Athlete for 2003-04 . . . played two seasons of varsity soccer and was named defensive MVP for 2003. . . achieved high honor roll status every marking period. . . played violin for 10 years.

CA	REER	STATS
YEAR	GP	G-A-PTS
2005	2	0-0-0
2006	8	0-0-0
TOTALS	10	0-0-0



### MAGGIE MULLIN #6

Sophomore from Rochester, NY
Spanish major. . . daughter of Joe and Mary
Mullin, Rochester, N.Y. . . returning for her
second season, Mullin played well for the
Golden Flyers in 2006, appearing in all 15
games and contributing six goals and four
assists. . . scored once each in earlyseason non-conference wins over St.
Lawrence 3/17/06 and Hamilton 3/23/06

... then scored twice in a win at RIT 3/28/06... **Scholastic:** a graduate of Irondequoit High School, Mullin competed in lacrosse, soccer and skiing... played four seasons of lacrosse as a midfielder and earned first-team Monroe County League all-star honors and Academic All-America honors in 2005... served as team captain in 2004 and 2005 and was the recipient of New York state scholarathlete award four times... earned a bronze medal in the 2004

Empire State Games as a member of the Western New York team. . . earned second-team Monroe County all-star accolades as a goalie in soccer and served as co-captain of the ski team. . . brother Pat plays for the Nazareth men's team.

.,	CA	REER	STATS
y	YEAR	GP	G-A-PTS
	2006	15	6-410
	TOTALS	15	6-4-10



MAGGIE MULLIN

Maggie Mullin contributed six goals and four assists for the Golden Flyers in 2006.

### RETURNING PLAYERS



### KATE SCHNEEBERGER #8

Sophomore from Watertown, NY Biology major. . . daughter of Jerry and Donna Schneeberger, Watertown, NY. . . returning for her second season, Schneeberger played in 10 games for the Golden Flyers in 2006 and contributed one goal and one assist. . . scored her first career goal in Nazareth's 11-2 win at Rensselaer 4/2/06. . . Scholastic: a

graduate of Watertown High School, Schneeberger played two seasons of varsity lacrosse there. . . named Academic All-America for 2005 and was a first-team Frontier League allstar as a defensive wing. . . recipient of scholar-athlete award.

CA	REER	STATS
YEAR	GP	G-A-PTS
2006	10	1-1-2
TOTALS	10	1-1-2



### RACHEL BARANELLO #13

Junior from Homer, NY

Political Science major... daughter of James and Catherine Baranello, Homer, NY ... team captain... returning for her third season, Baranello played in 10 games for the Golden Flyers in 2006 and netted her first career goal in Nazareth's season-opening win at Wesley 3/12/06... 2005: appeared in nine games and had six

ground balls. . . **Scholastic:** a graduate of Homer Central, Baranello played soccer and lacrosse there. . . earned first-team Onondaga

League all-star honors as a defender in lacrosse. . . served as team captain in soccer and lacrosse. . . three-time recipient of scholarathlete award. . . president of Class of '04 and a member of National Honor Society.

CA	KEEK	STATS
YEAR	GP	G-A-PTS
2005	9	0-0-0
2006	10	1-0-1
TOTALS	19	1-0-1





### COLLEEN EARLEY #10

Senior from Painted Post, NY
Physical Therapy major. . . daughter of Ron and Nancy Earley, Painted Post, NY. . . returning for her fourth season, Earley played in 13 games in 2006 and contributed eight goals and two assists. . . scored two goals in a win at Utica 4/14/06 and had three points on one goal and two assists at Hartwick 4/15/06. . . 2005:

appeared in nine games and scored four goals. . . scored twice in a 16-0 win over Alfred 3/31/05 and scored in each of Nazareth's Empire 8 playoff wins – over Elmira and Ithaca. . . 2004: played in 10 games and scored a goal in a 15-6 win over Alfred. . . Scholastic: a graduate of Corning-Painted Post West High School, Earley played three seasons of lacrosse there. . . earned honorable mention all-star honors from the Corning Leader in 2002. . . did not

play in 2003 after suffering a torn knee ligament... competed in basketball and volleyball... helped volleyball team to Class B runner-up in state tournament in 2002... served as vice president of National Honor Society.

CA	REER	STATS
YEAR	GP	G-A-PTS
2004	10	1-0-1
2005	9	4-0-4
2006	13	8-2-10
TOTALS	32	13-2-15



COLLEEN EARLEY

Colleen Earley played regularly for the Golden Flyers in 2006 and had eight goals and two assists.

### RETURNING PLAYERS



### HANNAH BRENNAN #15

Sophomore from Penn Yan, NY History major. . . daughter of Shawn and Karen Brennan, Penn Yan, NY. . . returning for her second season, Brennan had an immediate impact for the Golden Flyers as a defender as she started all 15 games and contributed two assists. . . had 33 ground balls and 13 caused turnovers. . . earned second-team Empire 8 Conference

all-star honors and second-team Empire Region All-America honors from the Intercollegiate Women's Lacrosse Coaches Association. . . Scholastic: a graduate of Penn Yan Academy, Brennan played four seasons of varsity lacrosse as a defender and earned first-team Finger Lakes League all-star honors in 2004 and 2005. . . team captain in '05. . . helped team to league and Section Five titles in '04 and '05 and a state

championship in 2004...was 2005 recipient of Caroline Underwood Scholarship...also competed in soccer and was the Girls Athletic Association award recipient for soccer and lacrosse.

CA	REER	STATS
YEAR	GP	G-A-PTS
2006	15	0-2-2
TOTALS	15	0-2-2



### ALLISON BAYER #18

Junior from Corning, NY
Business Administration major. . . daughter of Thomas and Susan Bayer, Corning, NY . . . returning for her third season, Bayer played in 13 games in 2006 and contributed seven goals and six assists. . . had a career-best three points on two goals and one assist in Nazareth's win over Elmira in the Empire 8 Conference

championship game 5/7/06... also scored twice in a win over RIT 3/28/06... 2005: played in all 17 games and delivered eight goals and nine assists with 25 ground balls... had two goals each in wins over Alfred 3/31/05 and against Elmira in the E8 Tournament 5/7/05... had three assists in NCAA playoff win over Western New England 5/11/05... Scholastic: a graduate of Corning East High School, Bayer played three seasons of varsity lacrosse there...

earned second-team all-conference honors as a sophomore in 2002, then first-team honors in '03 and '04... helped team to three straight sectional titles and a trip to the state finals in 2004... member of National Honor Society.

CA	REER	STATS
YEAR	GP	G-A-PTS
2005	17	8-9-17
2006	13	7-6-13
TOTALS	30	15-15-30



### BETH QUARTIER #17

Senior from Cicero, NY
Business Administration major... daughter of Robert and Linda Quartier, Cicero, NY... team captain... returning for her fourth season, Quartier started 14 games for Nazareth in 2006 and finished with 20 points on 15 goals and five assists... also led team with 25 draw controls... had 31 ground balls and 18 caused turnovers...

had a career-best four goals in Empire 8 Conference championship game win over Elmira 5/7/06. . . also scored twice each in wins over St. Lawrence 3/17/06 and Rochester 4/26/06... a secondteam Empire 8 Conference all-star selection at attack. . . 2005: started 16 games and finished tied for second on the team in scoring with 40 points on 26 goals and 14 assists. . . led team with 33 draw controls and ranked second in ground ball with 57. . . also had 14 caused turnovers. . . had a career-best five points (three goals, two assists) in Nazareth's Empire 8 Conference win over Ithaca 5/8/05... had three goals each in wins over Elmira 3/15/05, Union 3/22/05 and Rochester 4/27/05... earned firstteam Empire 8 Conference all-star honors. . . 2004: appeared in 15 games and contributed nine goals and nine assists plus 32 ground balls. . . scored twice in a non-conference win over St. Lawrence 4/10/04, Nazareth's first-ever game in Golden Flyer Stadium. . . had four points on one goal and three assists in NCAA Tournament win at Wooster. . . Scholastic: a graduate of Cicero-North Syracuse High School, Quarter competed in cross country and lacrosse there. . .

served as captain of lacrosse team in 2003 and earned second-team Onondaga League all-star honors in '02 and '03... was captain for three years in cross country and helped team to league titles in 1998 and 2003 and a Section Three title in 2002.

CAI	REER	STATS
YEAR	GP	G-A-PTS
2004	15	9-918
2005	16	26-14-40
2006	14	15-5-20
TOTALS	45	50-28-78



Hannah Brennan was a second-team Empire 8 Conference all-star for Nazareth in 2006.



### SARAH MACK #20

Senior from Camillus, NY Business Administration major. . . daughter of Martin and Lee Mack, Cortland, NY. . . returning for her third season, Mack scored one goal in 13 games in 2006. . . scored in the Golden Flyers' 15-5 win over Elmira in the Empire 8 Conference championship game 5/7/06... 2005: appeared in 12 games and contributed two goals and

two assists. . . had a goal and an assist in Empire 8 Conference championship game win over Ithaca 5/8/05... Scholastic: a transfer to Nazareth from SUNY Cortland via the University at Albany, Mack was a three-sport standout at Cortland High before graduating in 2003. . . twice earned first-team Onondaga League

all-star honors in lacrosse and was team captain for two seasons. . . played five seasons of soccer and was a three-time all-league selection ... also excelled in basketball... served as high school class president for five years.

REER	STATS
GP	G-A-PTS
12	2-2-4
13	1-0-1
25	3-2-5
	GP 12 13



### JESSICA McARDLE #22 Senior from Depew, NY

Chemistry major. . . daughter of Donald McArdle, Lancaster, NY and Teresa Rumbold, Depew, NY. . . returning for her fourth season, McArdle played in 11 games for the Golden Flyers in 2006 and contributed three goals and two assists. . . had a goal in the Golden Flyers' 15-5 win over Elmira in the Empire 8 Conference

championship game 5/7/06... 2005: played in nine games and had four goals and four assists. . . had a career-best four points (on two goals and two assists) in Nazareth's win over Alfred 3/31/05... also scored against Elmira in the first round of the Empire 8 Conference Tournament 5/7/05... 2004: played in eight games and scored her first career goal in a 15-6 win at Alfred. . . Scholastic: a graduate of Lancaster High School, McArdle played three seasons of varsity lacrosse there and earned Western New York all-star honors and first-team all-league recognition in 2002

and 2003. . . helped team to Section Six Class A titles in 2001 and 2002 . . . earned Academic All-American honors for lacrosse in '02 and '03 ... competed in soccer and indoor track. . . set a Section Six record for 20-pound weight throw (40 feet) and placed sixth at state meet.

CAREER		REER	STATS
	YEAR	GP	G-A-PTS
	2004	8	1-0-1
	2005	8	4-4-8
	2006	11	3-2-5
	TOTALS	27	8-6-14



### JESSICA CAPRARA #21

Sophomore from Watertown, NY Business Administration major. . . daughter of Billy and Robin Caprara, Watertown, NY. . . returning for her second season, Caprara played in nine games in 2006 and had one goal and two assists. . . scored her first career goal in the Golden Flyers' 13-3 win over Utica in the Empire 8 Conference Tournament 5/6/06... Scholastic: a

graduate of General Brown High School, Caprara played three seasons of lacrosse there and was a second-team Frontier League allstar in 2005... helped team to three straight league championships ... also served as captain of the soccer team.

CAI	REER	STATS
YEAR	GP	G-A-PTS
2006	9	1-2-3
TOTALS	9	1-2-3



### MARY KATE SCARDILLO #23

Sophomore from Slingerlands, NY Physical Therapy major. . . daughter of Tony and Jody Scardillo, Slingerlands, NY. . . returning for her second season, Scardillo played in nine games in 2006 and scooped up six ground balls. . . Scholastic: a graduate of Academy of the Holy Names in Albany, Scardillo played basketball, lacrosse and volleyball there. . . played

three seasons of lacrosse and was the 2005 recipient of the team's Coaches' Award. . . helped team to Section Three Class B title in 2003... named MVP of volleyball team in 2003... earned leadership award in basketball for 2004-05 and helped team win Colonial Council titles in '04 and '05 and Section Two Class A championship in '04.



### SARA SPILLANE #26

Junior from Liverpool, NY Communications and Rhetoric major. . . daughter of Kathleen Bruno, Liverpool, NY ... returning for her second season, Spillane played in six games in 2006 and contributed two goals and two assists. . . had three points on a goal and two assists against RIT 3/28/06 and contributed a goal in the Golden Flyers' 13-3 win over

Utica in the Empire 8 Conference tournament semifinals 5/6/06... Scholastic: a graduate of Christian Brothers Academy in Syracuse, Spillane played four seasons of varsity lacrosse there and helped

team to three straight Section Three titles. . . earned Onondaga League all-star honors three times and was an all-Central New York selection by the Syracuse Post-Standard. . . team leader in assists and ground balls in 2004.

CA	REER	STATS
YEAR	GP	G-A-PTS
2006	6	2-2-4
TOTALS	6	2-2-4

### RETURNING/NEWCOMERS



### CAITY RICHARDSON #28

Junior from Pittsford, NY
Communication Sciences and Disorders
major. . daughter of David and Robin
Richardson, Pittsford, NY. . . returning for
her third season, Richardson played in 13
games for the Golden Flyers in 2006 and
scored nine goals. . . scored twice each in
wins over RIT, Elmira and Hartwick. . .
2005: appeared in 13 games and

contributed six goals... also had 16 ground balls and nine draw controls... scored twice in Nazareth's NCAA playoff win over Western New England 5/11/05... **Scholastic:** a graduate of Pittsford Mendon High School, Richardson was a four-year standout in both lacrosse and soccer... earned first-team Monroe County

League all-star honors as a midfielder in lacrosse... helped soccer team to Section Five title while earning all-state, all-county and all-Greater Rochester accolades ... played for the Golden Flyers' soccer team the past three seasons.

CA	REER	STATS
YEAR	GP	G-A-PTS
2005	13	6-0-6
2006	13	9-0-9
TOTALS	26	15-0-15



CAITY RICHARDSON

Caity Richardson has scored 15 goals for the Golden Flyers over the last two seasons.



### ANN SESSLER #2

Freshman from Cazenovia, NY
Undecided on major... daughter of Jim
and Conkie Sessler, Cazenovia, NY...
Scholastic: a graduate of Cazenovia High
School, Sessler played four seasons of
varsity lacrosse as a goalie and was a firstteam Tri-Valley League all-star... also a
standout in field hockey and indoor track
as she earned all-league honors in each...

was the 2006 recipient of the Steve Suhey Award as Cazenovia's top female athlete... also a fine golfer, Sessler was the 2005 female club champion in the junior division at Cazenovia Country Club... played for the Golden Flyers' golf team last fall.



### SHANNON LATTIMORE #9

Sophomore from Auburn, NY
Undecided on major...daughter of Richard
and Deborah Lattimore, Auburn, NY...
Scholastic: a graduate of Auburn High
School, Lattimore is a transfer to Nazareth
after competing last spring at Herkimer
County Community College...helped
Herkimer to Region III championship while
earning Academic All-America and first-

team all-region honors... named to Dean's List both semesters at Herkimer... played two seasons of varsity lacrosse at Auburn and was team captain in 2005.



### STEPHANIE CASH #11

Freshman from Saratoga Springs, NY Communication Sciences and Disorders major... daughter of Don and Julie Cash, Saratoga Springs, N.Y... Scholastic: a graduate of Saratoga Springs High School, Cash played two seasons of varsity lacrosse there... earned honorable mention honors in the Suburban Council as an attack after finishing second on the

team in scoring in 2006... also was captain of the field hockey team and helped team win Section Two title and earn a berth in the state finals in 2004... served as Student Council treasurer and secretary of Key Club... recipient of Marge Tibbetts Award for leadership and spirit.



### JENNIFER YOUNG #12

Freshman from Marcellus, NY
Undecided on major... daughter of Richard and Karen Young, Marcellus, N.Y...
Scholastic: a graduate of Marcellus High School, Young excelled in soccer and lacrosse there... served as team captain in lacrosse in 2006 and was a first-team Liberty League all-star in '04, '05 and '06... also a third-team all-Central New

York selection in '06... earned first-team all-league honors as a midfielder in soccer in 2005... helped team to state soccer titles in 2003 and 2004 and a runner-up finish in '05... recipient of Kodak Young Leadership Award.

### 2 0 0 7 NEWCOMERS



### JAMIE ROBISON #14

Freshman from Watertown, NY
Nursing major... daughter of Robert and
Barbara Robison, Watertown, NY...
Scholastic: a graduate of Watertown High
School, Robison played three seasons of
varsity lacrosse and was named to the allNorthern team in '06 by the Watertown Daily
Times... also the recipient of an academic
award... also competed in soccer.



### NICOLE COTTONE #24

Freshman from Cortland, NY
Undecided on major... daughter of John
and Brenda Cottone, Cortland, NY...
Scholastic: a graduate of Cortland High
School, Cottone played three seasons of
varsity lacrosse as a defender... served
as team captain in 2006 and was the
recipient of Most Improved Player award
for 2005... helped team to league title

and Section Three Class B titles in 2006. . . also played four seasons of field hockey.



### LAUREN EVANS #27

Freshman from Stanley, NY
Biology major. . . daughter of Rick and
Mary Evans, Stanley, NY. . . Scholastic: a
graduate of Marcus Whitman High School,
Evans played two seasons of varsity
lacrosse and earned first-team all-star
honors in the Finger Lakes West Division
. . . also competed in soccer and basketball
. . . helped soccer team to league title in

2005 and a Section Five championship in '03.



### LAUREN KOSTUK #30

Freshman from Cortland, NY
Communication Sciences and Disorders
major... daughter of Cliff and Mary Kostuk,
Cortland, N.Y... Scholastic: a graduate of
Cortland High School, Kostuk played two
seasons of lacrosse there... helped team
to 2006 Liberty League championship...
also played two seasons of soccer...
served as secretary of National Honor

Society and was a member of the student council.



### **KELLY LIGHTON #32**

Freshman from Syracuse, NY
Communication Sciences and Disorders
major. . . daughter of Richard and Marian
Lighton, Syracuse, N.Y. . . a graduate of
Bishop Ludden High School, Lighton played
three seasons of varsity lacrosse there and
was a first-team Onondaga League all-star
selection in 2006. . . earned second-team
honors in '05 and was an honorable

mention choice in '04. . . transferred to Nazareth after spending the fall semester at Onondaga Community College.



### ALYSSIA ROBERTS #19

Freshman from Stanley, NY
Art Education major. . . daughter of William and Diane Roberts, Stanley, NY. . .
Scholastic: a graduate of Marcus Whitman High School, Roberts played five seasons of varsity lacrosse there and served as team captain for two seasons. . . a two-time recipient of team Coaches' Award. . . helped team to Finger Lakes West Division

title. . . recipient of Yates County Art Scholarship and Scholastic Silver Key Award.



### **KORINNE SMITH #25**

Freshman from N.Tonawanda, NY Music Education major... daughter of Gary and Kathleen Klaskov, North Tonawanda, NY... Scholastic: a graduate of North Tonawanda High School, Smith played two seasons of varsity lacrosse there... served as team captain and led team in scoring in 2006... also captain of the cheerleading team... member of National Honor Society

and graduated in top 10 percent of class of '06.



### MELISSA GEORGE #29

Freshman from Syracuse, NY
Undecided on major. . . daughter of Scott and
Kathy George, Syracuse, NY. . . Scholastic: a
graduate of West Genesee High School,
George played one season of lacrosse there
and helped team to Onondaga League title in
2006. . . also played two seasons of soccer
and helped team to league title in '05. . .
member of National Honor Society.



NORA DAVIS #31

Freshman from Syracuse, NY
Communication Sciences and Disorders
major... daughter of Paul and Mary Beth
Davis, Syracuse, NY... Scholastic: a
graduate of Bishop Ludden High School
in Syracuse, Davis played four seasons of
lacrosse there... earned first-team
Onondaga League all-star honors as a
midfielder in 2005 and 2006 and was the

league's second leading scorer in those two seasons... earned second-team all-league honors in 2004... set school record with seven goals in a game... competed in Empire State Games in 2005 and helped Central New York team win bronze medal... transferred to Nazareth after spending the fall semester at Onondaga Community College.

### FINAL 2006 STANDINGS

	League	Overall	
	W - L	W - L	Pct.
Nazareth	6-0	14-1	.933
St. John Fisher	4-2	7-9	.438
Elmira	4-2	11-7	.611
Utica	3-3	8-7	.533
Ithaca	2-4	2-11	.154
Hartwick	2-4	10-9	.526
RIT	0-6	4-12	.250

### EMPIRE 8 TOURNAMENT AT NAZARETH

# Semifinals



Nazareth 13, Utica 3 Elmira 13, St. John Fisher 8

### Championship

Nazareth 15, Elmira 5



### ALL-CONFERENCE TEAMS

### **First Team**

### **ATTACK**

**Tia Morgia, jr. Nazareth**Katya Outwater, jr. Elmira
Liz Strodel, sr. Utica

### **MIDFIELDERS**

Kelsey Campbell, so. Hartwick

Amy O'Donnell, sr. Nazareth

Laurie Quackenbush, so. St. John Fisher

# Stephanie Walker, jr. Elmira DEFENDERS

Betsy Carney, sr. Nazareth Sarah Knauf, so. Ithaca Caitlin Navor, jr. St. John Fisher Liz Wells, jr. Nazareth

### **GOALIE**

Heather Chaapel, jr. Nazareth

### Player of the Year

Betsy Carney, Nazareth

### Rookie of the Year

Jen Springett, St. John Fisher

### **Coach of the Year**

Sue Behme, Nazareth





### Second Team

### ATTACK

Kim Medla, so. Ithaca Beth Quartier, jr. Nazareth Pinckney Templeton, sr. RIT

### **MIDFIELDERS**

Jamie Boulton, so. Hartwick Carla Jemison, so. St. John Fisher Laura Keating, so. Utica

# Kim Kreskow, sr. Nazareth DEFENDERS

Hannah Brennan, fr. Nazareth Sandy Tompkins, sr. Nazareth Ramona Walters, jr. St. John Fisher Jess Zegarelli, jr. Elmira

### GOALIES

Kelsey Evans, fr. RIT Malorie Stockwell, so. Elmira

### **Honorable Mention**

### ATTACK

Alicia Ceppaglia, Elmira; Haley Koperski, St. John Fisher Jen Springett, St. John Fisher

### MIDFIELDERS

Sarah DiDio, Elmira Theresa Nobilski, St. John Fisher

Asti Kutzer, Ithaca

Jenev Schilling; Hartwick

### DEFENDERS

Jennifer Cardinal, St. John Fisher
Ashley Howard, Hartwick
Emily lannello, RIT
Rachel Johnson, Hartwick
Annie Thiel, Utica
Kerri Weber, Utica

### EMPIRE 8 INDIVIDUAL STATS

### SCORING LEADERS

SCORING LEADERS			
	G-A-Pts.	PPG	
Pinckney Templeton, RIT	58-6-64	4.00	
Liz Strodel, Utica	47-9-56	3.73	
Kelsey Campbell, Hartwick	61-8-69	3.63	
Katya Outwater, Elmira	56-9-65	3.61	
Alicia Ceppaglia, Elmira	29-32-61	3.39	
Steph Walker, Elmira	48-8-56	3.11	
Kim Medla, Ithaca	29-5-34	2.62	
Tia Morgia, Nazareth	24-15-39	2.60	
Amy O'Donnell, Nazareth	29-10-39	2.60	
Jamie Boulton, Hartwick	32-17-49	2.58	
GOA	LS		
Kelsey Campbell, Hartwick .		61	
Pinckney Templeton, RIT		58	
Katya Outwater, Elmira		56	
Steph Walker, Elmira		48	

### Jennifer Munisteri, Utica ......31

Amy O'Donnell, Nazareth
Kim Medla, Ithaca29
Lisette Silver, RIT

Liz Strodel, Utica ......47

### ASSISTS

Alicia Ceppaglia, Elmira	32
Andrea Olney, Utica	17
Jamie Boulton, Hartwick	17
Amanda Crozier, RIT	16
Tia Morgia, Nazareth	15

### **GROUND BALLS**

Steph Walker, Elmira7	7
Laura Keating, Utica70	О
Jamie Boulton, Hartwick70	О
Laurie Quackenbush, SJF69	9
Sara DiDio, Elmira62	2

### **GOALS AGAINST AVERAGE**

	GP	GA	GAA
Heather Chaapel, Naz	15	58	4.43
Malorie Stockwell, Elmira	16	135	8.44
Dani Andrew, Utica	15	145	10.73
Danielle Murphy, SJF	16	169	10.73
Lindsay Mayfield, Ithaca	13	84	11.05

### SAVE PERCENTAGE

	GP	Saves	Pct.
Heather Chaapel, Naz	15	93	.616
Malorie Stockwell, Elmira	16	192	.587
Kelsey Evans, RIT	16	244	.543
Dani Andrew, Utica	15	156	.518
Amanda Gerich, Hartwick	19	187	.493

### 2006 WOMEN'S LACROSSE RESULTS

### 2006 SCORING AND FINAL RESULTS





Goalie Heather Chaapell (left) and defender Betsy Carney were first-team All-Americans for the Golden Flyers in 2006.

	F	IN	AL 2	2000	6 S C	ORII	NG (1	4-1	)		
NO.	NAME	GP	G	Α	PTS.	SH.	FPS	GB	СТ	TO	DC
24	Amy O'Donnell	15	29	10	39	55	10-18	23	14	21	22
5	Tia Morgia	15	23	16	39	55	4-11	41	5	30	1
25	Melissa Passno	15	18	9	27	47	1-7	37	12	21	2
14	Betsy Carney	15	24	2	26	48	11-17	34	22	19	17
17	Beth Quartier	14	15	5	20	33	3-5	31	18	25	25
9	Kim Kreskow	15	15	2	17	39	5-13	19	6	33	24
3	Caitlin Zimmer	15	11	3	14	35	4-9	22	10	13	8
18	Allison Bayer	13	7	5	12	14	0-0	15	2	3	1
10	Colleen Earley	13	8	2	10	22	2-5	19	6	10	2
6	Maggie Mullin	15	6	4	10	26	0-5	18	5	15	9
28	Caity Richardson	13	9	0	9	25	0-4	15	2	10	5
11	Ariane Ghovanloo	12	3	4	7	6	0-2	8	5	9	3
22	Jessica McArdle	11	3	2	5	11	0-1	7	1	9	0
26	Sara Spillane	6	2	2	4	9	0-1	11	0	6	0
19	Kristyn Lingenfelter	15	3	0	3	6	0-0	30	14	7	16
21	Jessica Caprara	9	1	2	3	2	0-0	1	0	1	0
8	Kate Schneeberger	10	1	1	2	3	0-0	6	2	5	3
15	Hannah Brennan	15	0	2	2	0	0-0	33	13	10	3
4	Elizabeth Wells	15	1	0	1	4	0-1	42	18	8	13
20	Sarah Mack	13	1	0	1	2	0-0	7	3	7	5
13	Rachel Baranello	10	1	0	1	2	0-1	2	1	5	1
23	Mary Kate Scardillo	9	0	0	0	1	0-1	6	1	1	1
16	Maria Caruso	9	0	0	0	1	0-0	1	1	2	0
12	Sandy Tompkins	15	0	0	0	0	0-0	47	18	10	8
7	Eireann Byrne	8	0	0	0	0	0-0	2	1	1	0
2	Maria Fusco	9	0	0	0	0	0-0	2	1	1	0
1	Heather Chaapel	15	0	0	0	0	0-0	7	0	1	0
Naz	areth Totals	15	181	71	252	446	40-101	486	181	282	170
Орр	onent Totals	15	71	29	100	267	15-75	315	84	267	103
NO.	GOALIE	GP	MIN.	SV.	GA	AVG.	PCT.				
_1	Heather Chaapel	15	786	98	58	4.43	.628				
2	Maria Fusco	9	114	16	13	6.83	.552				
Naz	areth Totals	15	900	114	71	4.73	.616				
Орр	onent Totals	15	900	151	181	12.07	.455				
SCO	RING BY HALVES	1	2	TOTAL							
Naz	areth	100	81	181							
Орр	onents	33	38	71							

### 2006 RESULTS

3/12/06 AT WESLEY, DEL. W, 18-5

Goals-Assists: Carney 4-0, Kreskow 4-0, Morgia 2-3, Passno 2-0, O'Donnell 1-4, Baranello 1-0, Bayer 1-0, Earley 1-0, Ghovanloo 1-0, Richardson 1-0. Saves: Chaapel 4, Fusco 1

3/17/06 ST. LAWRENCE W, 12-5

Goals-Assists: Carney 3-1, Passno 2-1, Quartier 2-0, O'Donnell 2-0, Morgia 1-1, Mullin 1-0, Richardson 1-0, Zimmer 0-1. Saves: Chaapel 9

3/23/06 HAMILTON W, 12-8

Goals-Assists: Passno 3-0, Morgia 2-3, O'Donnell 2-1, Carney 2-0, Quartier 1-1, Mullin 1-0, Zimmer 1-0. Saves: Chaapel 9

\*3/28/06 at RIT W, 16-1

Goals-Assists: Carney 3-0, O'Donnell 2-1, Bayer 2-0, Mullin 2-0, Richardson 2-0, Spillane 1-2, McArdle 1-1, Earley 1-0, Kreskow 1-0, Zimmer 1-0, Caprara 0-1, Morgia 0-1, O'Donnell 0-1, Schneeberger 0-1. Saves: Chaapel 2, Fusco 4)

4/2/06 AT RENSSELAER W. 11-2

(Goals-Assists: Morgia 3-0, O'Donnell 3-0, Passno 1-2, Carney 1-0, Earley 1-0, Quartier 1-0, Schneeberger 1-0, Bayer 0-1, Brennan 0-1, Ghovanloo 0-1, Mullin 0-1. Saves: Chaapel 4, Fusco 0)

\*4/8/06 ELMIRA W, 11-1

Goals-Assists: Passno 2-1, Richardson 2-0, Morgia 1-2, Bayer 1-1, Earley 1-0, Kreskow 1-0, O'Donnell 1-0, Quartier 1-0, Zimmer 1-0, Mullin 0-1. Saves: Chaapel 5, Fusco 1)

\*4/9/06 AT ITHACA W, 7-4

Goals-Assists: Carney 3-0, Morgia 1-1, O'Donnell 1-1, Kreskow 1-0, Passno 1-0. Quartier 0-1. Saves: Chaapel 10)

\*4/14/06 AT UTICA W, 11-6

(Goals-Assists: Morgia 3-0, Earley 2-0, Zimmer 2-0, O'Donnell 1-1, Carney 1-0, Ghovanloo 1-0, Quartier 1-0, Kreskow 0-1. Saves: Chaapel 10, Fusco 1)

\*4/15/06 AT HARTWICK W, 18-5

Goals-Assists: O'Donnell 5-1, Kreskow 3-0, Morgia 2-1, Richardson 2-0, Passno 1-3, Earley 1-2, Carney 1-0, Quartier 1-0, Wells 1-0, Zimmer 1-0. Saves: Chaapel 6, Fusco 1

4/18/06 at William Smith W, 9-5

Goals-Assists: Zimmer 3-0, Morgia 2-2, Kreskow 2-0, Passno 1-0, Quartier 1-0, Brennan 0-1. Saves: Chaapel 8

\*4/22/06 ST. JOHN FISHER W, 12-5

Goals-Assists: Morgia 2-1, Carney 2-0, O'Donnell 2-0, Ghovanloo 1-1, Mullin 1-1, Passno 1-1, Lingenfelter 1-0, McArdle 1-0, Quartier 1-0, Bayer 0-1. Saves: Chaapel 3, Fusco 3

4/26/06 AT ROCHESTER W, 9-6

Goals-Assists: O'Donnell 4-0, Quartier 2-0, Morgia 2-0, Kreskow 1-0, Carney 0-1. Saves: Chaapel 11

#5/6/06 UTICA W, 13-3

Goals-Assists: Carney 2-0, O'Donnell 1-1, Passno 1-1, Bayer 1-0, Caprara 1-0, Earley 1-0, Kreskow 1-0, Lingenfelter 1-0, Mullin 1-0, Richardson 1-0, Spillane 1-0, Zimmer 1-0, Ghovanloo 0-1, Quartier 0-1, McArdle 0-1, Morgia 0-1. Saves: Chaapel 4, Fusco 4

#5/7/06 ELMIRA W, 15-5

Goals-Assists: Quartier 4-0, O'Donnell 3-0, Bayer 2-1, Passno 2-0, Zimmer 1-1, Mack 1-0, McArdle 1-0, Morgia 1-0, Caprara 0-1, Ghovanloo 0-1, Kreskow 0-1. Saves: Chaapel 3, Fusco 1

+5/13/06 VS. FRANKLIN & MARSHALL L, 10-7 Goals-Assists: Carney 2-0, Quartier 1-1, Lingenfelter 1-0, Morgia 1-0, O'Donnell 1-0, Passno 1-0, Zimmer 0-1. Saves: Chaapel 10

- \* Empire 8 Conference game
- # Empire 8 Conference Tournament
- + NCAA Tournament at Cortland

### C. MARKLAND KELLY AWARD **DIVISION III GOALIE OF THE YEAR**

2006: Heather Chaapel, jr.

### **IWLCA/U.S. LACROSSE ALL-AMERICANS**

2006: Betsy Carney, sr. defender (first team) Heather Chaapel, jr. goalie (first team)

2005: Lindsey Burgess, sr. goalie (first team) Lindsay Gotham, sr. defender (first team)

2002: Allison Roberts, sr. attack (third team)

2000: Maya Lambiase, sr. midfielder (third team) Sarah Burns, sr. attack (honorable mention)

### **IWLCA NEW YORK REGION ALL-AMERICANS**

2006: Hannah Brennan, fr. defender (second team) Betsy Carney, sr. defender (first team) Heather Chaapel, jr. goalie (first team) Tia Morgia, jr. attack (second team) Amy O'Donnell, sr. midfielder (second team) Liz Wells, ir, defender (second team)

2005: Lindsey Burgess, sr. goalie (first team) Betsy Carney, jr. midfielder (first team) Lindsay Gotham, sr. defender (first team) Tia Morgia, so. attack (second team)

2004: Lindsay Gotham, jr. defender (second team) Shawna Kabot, sr. midfielder (second team)

2003: Lindsay Gotham, so, defender (second team) Shawna Kabot, ir. midfielder (second team) Jackie Lombard, sr. midfielder (second team)

2002: Shawna Kahot, so, midfielder (second team) Allison Roberts, sr. attack (first team) Teryn Wineburg, sr. goalie (first team)

2001: Sue Hollister, sr. midfielder (first team) Jackie Lombard, jr. defender (first team) Allison Roberts, jr. attack (first team)

2000: Mava Lambiase, sr. midfielder (first team) Sarah Burns, sr. attack (second team)

### **EMPIRE 8 CONFERENCE ALL-STARS**

2006: Sue Behme, (Coach of the Year) Hannah Brennan, fr. defender (second team) Betsy Carney, sr. defender (first team, Player of the Year) Heather Chaapel, ir. goalie (first team) Kim Kreskow, sr. midfielder (second team) Tia Morgia, jr. attack (first team) Amy O'Donnell, sr. midfielder (first team) Beth Quartier, jr. attack (second team) Sandy Tompkins, sr. defender (second team)

2005: Sue Behme, (Coach of the Year) Lindsey Burgess, sr. goalie (first team) Betsy Carney, jr. midfielder (first team) Lindsay Gotham, sr. defender (first team) Kim Kreskow, jr. midfielder (second team) Tia Morgia, so. attack (first team) Melissa Passno, ir. attack (honorable mention) Beth Quartier, so. attack (first team) Sandy Tompkins, jr. defender (first team)

2004: Lindsey Burgess, ir. goalie (first team) Betsy Carney, so. midfielder (honorable mention) Lindsay Gotham, jr. defender (first team) Shawna Kabot, sr. midfielder (first team) Kim Kreskow, so, midfielder (honorable mention) Amy O'Donnell, so. midfielder (honorable mention) Stephanie Smolos, sr. attack (first team)



**BECKY HALL** 

**LINDSEY BURGESS** 





**LINDSAY GOTHAM** 



MAYA LAMBIASE



LORRA PODSIADLO





AMY O'DONNELL



SARAH BURNS

2003: Lindsey Burgess, so. goalie (second team) Lindsay Gotham, so, defender (first team) Shawna Kabot, jr. midfielder (first-team), Shawna Kabot, jr. midfielder (co-Player of the Year) Jackie Lombard, sr. midfielder (second team) Lorra Podsiadlo, sr. attack (first team)

2002: Sue Behme (Coach of the Year) Ellen Fanning, sr. midfielder (second team) Lindsay Gotham, fr. defender (first team), Lindsay Gotham, fr. defender (Rookie of the Year) Shawna Kabot, so, midfielder (first team) Lorra Podsiadlo, ir. attack (first team) Allison Roberts, sr. attack (first-team), Allison Roberts, sr. attack (Player of the Year) Teryn Wineburg, sr. goalie (first team)

2001: Jen Felber, sr. defender (second team) Sue Hollister, sr. midfielder (first team) Shawna Kahot, fr. midfielder (first team) Jackie Lombard, jr. defender (first team) Lorra Podsiadlo, so. attack (first team) Allison Roberts, jr. attack (first team)

2000: Sue Behme (Coach of the Year) Sarah Burns, sr. attack (second team) Jen Felber, ir. defender (second team) Traci Hay, sr. defender (second team) Sue Hollister, ir. midfielder (first team) Maya Lambiase, sr. midfielder (first team) Jackie Lombard, so. defender (first team) Allison Roberts, so, attack (first team) Maya Lambiase, sr. midfielder (Co-Player of the Year) Lorra Podsiadlo, fr. attack (Rookie of the Year)

### NORTH-SOUTH SENIOR ALL-STAR GAME

2006: Betsy Carney, sr. defender 2005: Lindsey Burgess, sr. goalie Lindsay Gotham, sr. defender

2004: Shawna Kabot, sr. midfielder

2003: Jackie Lombard, sr. midfielder

2002: Allison Roberts, sr. attack Teryn Wineburg, sr. goalie

2001: Sue Hollister, sr. midfielder 2000: Maya Lambiase, sr. midfielder

Sarah Burns, sr. attack

### **NYSWCAA ALL-STARS**

2006: Betsy Carney, sr. defender (first team) Heather Chaapel, jr. goalie (second team) Tia Morgia, jr. attack (second team) Amy O'Donnell, sr. midfielder (third team)

2005: Lindsey Burgess, sr. goalie (first team) Betsy Carney, jr. midfielder (first team)

2004: Lindsey Burgess, jr. goalie (second team) Lindsay Gotham, jr. defender (first team) Shawna Kabot, sr. midfielder (first team) Melissa Passno, so. midfielder (third team)

2003: Lindsay Gotham, so. defender (first team) Shawna Kabot, jr. midfielder (second team) Lorra Podsiadlo, sr. attack (third team)

2002: Lindsay Gotham, fr. defender (first team) Shawna Kabot, so. midfielder (first team) Lorra Podsiadlo, jr. attack (second team) Allison Roberts, sr. attack (first team) Teryn Wineburg, sr. goalie (second team)

2001: Sue Hollister, sr. midfielder (second team) Shawna Kabot, fr. midfielder (third team) Jackie Lombard, jr. defender (second team) Allison Roberts, jr. attack (first team)

2000: Sarah Burns, sr. attack (first team) Maya Lambiase, sr. midfield (first team) Allison Roberts, so. attack (first team) Sue Hollister, jr. midfield (second team)

1999: Sarah Burns, jr. attack (second team) Maya Lambiase, jr. midfielder (third team) Allison Roberts, fr. attack (third team)

1998: Sarah Burns, so, attack (second team) 1997: Sarah Burns, fr. attack (third team)

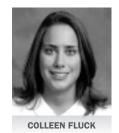
1994: Becky Hall, sr. attack (second team)

### G O L D E N F L Y E R R E C O R D S













INDIVIDUAL RECORDS

### **POINTS**

Game: 15 (6 goals, 9 assists), Sarah Burns at Fredonia (24-9 win), April 13, 1999 Season: 110 (48 goals, 62 assists), Allison Roberts, 2001

Career: 330 (184 goals, 146 assists), Allison Roberts, 1999-2002

### **GOALS SCORED**

Game: 10, Gail Matusiak vs. RIT (22-5 win), April 6, 1995

Season: 67, Maya Lambiase, 2000 Career: 184, Allison Roberts, 1999-2002

### **ASSISTS**

Game: 10, Allison Roberts at Rochester (16-11 win), May 2, 2001

Season: 62, Allison Roberts, 2001 Career: 146, Allison Roberts, 1999-2002

### GOALIE

Game: 27, Teryn Wineburg vs. Union (14-9 loss), May 11, 2002 (at Amherst) Season: 213, Teryn Wineburg, 2000 Career: 572, Teryn Wineburg, 2000-2002

### **GOALS-AGAINST AVERAGE**

Season: 4.43, Heather Chaapel, 2006 Career: 4.52, Heather Chaapel, 2004-2006

### SAVE PERCENTAGE

Season: .689, Tina Murphy, 1996 Career: .623, Tina Murphy, 1993-1996

### TEAM RECORDS

### GOALS SCORED

Game: 25 vs. Canisius (25-1 win), April 4, 1998 Season: 288 in 2000 Career: 184, Allison Roberts, 1999-2002

### Career. 104, Amson Roberts, 1999-2002

MOST WINS

Season: 16 in 2000

### **FEWEST WINS**

Season: 0 in 1993 (0-7)

LONGEST WINNING STREAK 14 games in 2006

### MOST LOSSES

Season: 8 in 2001 (12-8)

### **FEWEST LOSSES**

Season: 1 in 1994 (8-1); 1 in 2006 (14-1)

### POST SEASON

**NCAA TOURNAMENT BERTHS** (5): 2000, 2002, 2004, 2005, 2006

### NCAA RECORD

3-5

### ECAC TOURNAMENT BERTHS

(3): 1999, 2001, 2003

### **EMPIRE 8 TITLES**

(4): 2000, 2002, 2005, 2006

# CAREER SCORING LEADERS SCORING LEADERS

300	MING LLADENS	'	
NAME, YEARS	G	Α	PTS.
Allison Roberts, 1999-	02 184	146	330
Sarah Burns, 1997-00	149	145	294
Sue Hollister, 1998-01	177	43	220
Shawna Kabot, 2001-0	)4 175	29	204
Maya Lambiase, 1997	-00 144	56	200
Lorra Podsiadlo, 2000	-03 133	56	189
Gail Matusiak, 1994-9	6 120	17	137
Jackie Lombard, 1999		18	125
Colleen Fluck, 1997-00		40	116
Melissa Passno, 2003	-06 79	32	111
GO	ALS SCORED		
Allison Roberts, 1999	9-02		184
Sue Hollister, 1998-0	1		177
Shawna Kabot, 2001	-04		175
Sarah Burns, 1997-0	0		149
Maya Lambiase, 199			
Lorra Podsiadlo, 200			
Gail Matusiak, 1994			
Jackie Lombard, 199			
Melissa Passno, 200			
Colleen Fluck, 1997-			
Concern rack, 1557			
	ASSISTS		
Allison Roberts, 1999			
Sarah Burns, 1997-0			
Maya Lambiase, 199	7-00		56
Lorra Podsiadlo, 200	0-03		56
Stephanie Smolos, 2	002-04		51
Tia Morgia, 2004-pre	sent		47
Sue Hollister, 1998-0	1		43
Ellen Fanning, 1999-			
Colleen Fluck, 1997-			
Melissa Passno, 200			
	DALIE SAVES		
Teryn Wineburg, 200			
Tina Murphy, 1993-9			
Christine Roe, 1997-	99		456
Lindsey Burgess, 200	)2-05		426
	0400		440





Heather Chaapel, 2004-06 ......119

### HISTORY & INFORMATION



Nazareth hosted its first athletic event in Golden Flyer Stadium in the spring of 2004.

Nazareth College is a private, co-educational college with a liberal arts and sciences tradition. Founded in 1924 by the Sisters of St. Joseph, Nazareth has been independent for more than 30 years.

# Nazareth's athletic mission and philosophy

The Nazareth College Athletic Department will strive to empower its student-athletes to grow as people and make a positive impact on society, with life-skills development, mentoring, and leadership opportunities through competitive and cooperative experiences.

The Athletic Department is committed to assisting in the college's mission of educating students with a goal of fostering lifelong commitment to intellectual, ethical and aesthetic values. The Athletic Department will operate under firm institutional control of the college and will always place the health and welfare of the student-athletes, coaches and staff first in decisions regarding the athletics program.

The department will operate under the NCAA Division III philosophy, through which academics are the student's first priority and sportsmanship, fair play, diversity and ethical conduct are constantly taught and promoted.

### **Campus expansion**

2004 marked the completion of Nazareth's largest capital campaign in history. The college raised \$25 million to support the recent campus expansion through the purchase of 73 acres of adjoining land and buildings. Today's campus features 148 acres and includes the five-story Golisano Academic Center, the 2,200-seat Golden Flyer Stadium, the spacious Elizabeth George and Portka residence halls and a softball diamond.

Students now have twice as many classrooms and computer labs; more undergraduate and graduate programs; opportunities to compete on intercollegiate teams in equestrian, cross country, track and field, men's volleyball, and women's softball; and a choice of living options that includes suites, cafes and free laundry service.

### **Faculty**

Full-time	140
Part-time	78
Student/Faculty Ratio	12:1

Ninety-four percent of full-time faculty have received the highest professional degree in their field.

### **Enrollment**

Full-time undergraduate enrollment for the fall of 2007 will be approximately 1,925. That number increases to about 3,200 with the inclusion of part-time and graduate students. There are more than 1,250 students living on campus.

The 2006-07 freshman class had a mean SAT score of 1120. One quarter of incoming freshmen finished in the top 10 percent of their high school graduating class; two-thirds ranked in the top 25 percent.

### **Expenses**

TOTAL	\$30.535
Fees	\$960
(various plans available)	\$8,920
Room and board	
2006-07 Tuition	\$20,655

### **Academic highlights**

During the past 10 years, 22 Nazareth students have won Fulbright grants to carry out research, teach, and study in 13 countries around the world. Few colleges and universities in the nation can match Nazareth's record of preparing students for success in the Fulbright competition—the U.S. government's most prestigious scholarship program.

- Nazareth has a distinguished history of teacher preparation with nearly 1,700 graduates currently teaching in Monroe County classrooms.
- Nazareth features an array of health professions programs, including a Bachelor of Science in Nursing, Music Therapy, Art Therapy, Speech-Language Pathology, and Physical Therapy.
- The Nazareth College Arts Center, which houses the departments of Theatre Arts, Music, and Art, has welcomed more than two million people to performances since it opened in 1967.

### **Community service**

Ninety-one percent of Nazareth undergraduates participate in community service projects while they are students.

In addition, Nazareth offers an oncampus Center for Service Learning, which serves as a resource for students seeking volunteer placements and for faculty who want to incorporate service into the curriculum.

### Alumni

Seventy-five percent of Nazareth's 23,000 alumni reside in New York state. Nearly 70 percent are employed in service professions including education, health care, child care, social work, and counseling.

### **Athletic highlights**

- The average grade-point average of student-athletes for the spring 2006 semester was 3.20, a number that includes academic records for more than 400 studentathletes
- A member of the National Collegiate Athletic Association, Nazareth has 22 intercollegiate teams that compete at the Division III level. Nazareth competes in the Empire 8 Conference with Alfred, Elmira, Hartwick, Ithaca, RIT, St. John Fisher, Stevens Tech, and Utica.
- Nazareth's men's lacrosse team won national championships in 1992, 1996, and 1997.
- Nazareth finished 96th in the NACDA (National Association of Collegiate Directors of Athletics) standings for Division III in 2005-06. The Golden Flyers were represented in NCAA Tournaments in men's soccer, women's swimming and diving, men's track and field, and women's lacrosse. Nazareth also claimed Empire 8 Conference titles in men's soccer, women's soccer, and women's lacrosse.

### Admission

Contact the Nazareth Admissions Office at (585) 389-2860 or toll-free at (800) 462-3944 to find out more about the admission process, including financial aid opportunities, to attend an open house, or to arrange for a campus tour. 2007 WOMEN'S LACROSSE



FRONT ROW (left to right) – Alyssia Roberts, Allison Bayer, Maria Fusco, Ann Sessler, Nicole Cottone, Lauren Kostuk. MIDDLE ROW – Sarah Mack, Jamie Robison, Maggie Mullin, Maria Caruso, Kate Schneeberger, Sara Spillane, Shannon Lattimore, Jennifer Young, Caity Richardson, Colleen Earley. BACK ROW – Beth Quartier, Jessica Caprara, Lauren Evans, Mary Kate Scardillo, Eireann Byrne, Hannah Brennan, Jessica McArdle, Korinne Smith, Caitlin Zimmer, Stephanie Cash, Melissa George, Tia Morgia, Liz Wells.

### FOLLOW THE GOLDEN FLYERS ON THE NAZARETH COLLEGE SPORTS HOTLINE AT 585-389-2095, OR ON THE WEB AT WWW.NAZ.EDU

DATE	DAY	OPPONENT	TIME	SERIES RECORD
Mar 11	Sun	at St. Andrews, N.C.	12 p.m.	0-0
Mar 16	Fri	at St. Lawrence	4 p.m.	3-4
Mar 22	Thu	at Hamilton	4 p.m.	4-2
Mar 31	Sat	Rensselaer	12 p.m.	7-0
*Apr 6	Fri	at Elmira	4 p.m.	9-0
*Apr 7	Sat	Ithaca	2 p.m.	5-6
*Apr 11	Wed	RIT	7 p.m.	12-1
*Apr 14	Sat	Utica	12 p.m.	8-0
*Apr 15	Sun	Hartwick	2 p.m.	6-0
*Apr 20	Fri	at St. John Fisher	4 p.m.	8-0
*Apr 21	Sat	at Alfred	1 p.m.	10-1
Apr 25	Wed	William Smith	4 p.m.	3-6
Apr 28	Sat	Rochester	1 p.m.	7-7
May 5	Sat	Empire 8 Tournament	TBA	
May 6	Sun	Empire 8 Tournament	TBA	

<sup>\*</sup> Empire 8 Conference game

