

# CROSS COUNTRY

2005

NAZARETH COLLEGE  
**GOLDEN FLYERS**™





NAZARETH COLLEGE INFORMATION

Location	4245 East Avenue, Rochester, NY 14618
Main Telephone Number	(585) 389-2525
Enrollment	1875 (undergraduate)
Founded	1924 by the Sisters of St. Joseph
President	Daan Braveman
Nickname	Golden Flyers
Colors	Purple and Gold
Affiliation	NCAA Division III
Conference	Empire 8
Empire 8 Commissioner	Chuck Mitrano
Office Phone	(585) 581-0834
E-mail	cmitrano@empire8.com
Empire 8 SID	Tim Farrell
E-mail	tfarrell@empire8.com
Web Address	www.empire8.com
Athletic Director	Peter Bothner
Office Phone	(585) 389-2196
E-mail	pbothne4@naz.edu
Cross Country Coach	Scott Love (Syracuse, '77)
Office Phone	(585) 389-2852
E-mail	elove9@naz.edu
Assistant Coach	Jim Rolince
Head Athletic Trainer	Adrienne Jester
Office Phone	(585) 389-2838
E-mail	ajester4@naz.edu
Assistant Athletic Trainer	Mike Fahy
E-mail	mfahy8@naz.edu
Assistant Athletic Director/Sports Information	Joe Seil
Office Phone	(585) 389-2452
Office Fax	(585) 389-2188
Press Box Phone	(585) 389-2951
E-mail	jseil2@naz.edu
Web Address	www.naz.edu/dept/athletics
Admissions Office	(585) 389-2860
Financial Aid Office	(585) 389-2310

on the cover

Top photo:  
Brendan Epstein,

Left to right:  
Patrick Hughes,  
Jessica Brown

CROSS COUNTRY

TABLE OF CONTENTS

Nazareth College Athletics/ Cross Country Quick Facts	Page 1
Staff Directory	Page 2
Head Coach Scott Love	Page 3
Assistant Coach Jim Rolince	Page 3
2005 Roster	Page 4
2005 MEN'S RUNNERS: Michael Anderson, Robby Castor, Craig Connelly, Larry DiCesare	Page 5
Brendan Epstein, Patrick Hughes, David Patalano	Page 6
Chris Patterson, Kiel Sick, Bradley Winn	Page 7
2005 WOMEN'S RUNNERS: Chelsea Anderson, Ashley Brown, Jessica Brown, Mary Cannito, Meredith Coon	Page 8
Abby Crain, Ashley Dezen, Megan Goetz, Stephanie Hayduke, Elizabeth Jurkiewicz	Page 9
Jennifer Katz, Caitlin Love, Nicole Nolan, Kaitlyn Osterling	Page 10
Elizabeth Pfleghardt, Brooke Redding, Alicia Scahill, Melissa Schueler, Christen Stoddard	Page 11
2004 Meet Results	Page 12-13
History and Information	Page 14



BOTHNER

**Director of athletics**  
PETER BOTHNER  
2196/pbothne4@naz.edu



BEHME

**Women's lacrosse coach**  
SUE BEHME  
2835/sbehme9@naz.edu



BOUCHARD

**Equestrian coach**  
TERESE BOUCHARD  
2195/tboucha3@naz.edu



CODDINGTON

**Men's & women's golf coach**  
MARTY CODDINGTON  
2195/macoddin@naz.edu



DALEY

**Assistant athletic director & men's basketball coach**  
MIKE DALEY  
2814/mdaley8@naz.edu



FAHY

**Assistant athletic trainer**  
MICHAEL FAHY  
2838/mfahy8@naz.edu



FRANK

**Athletic office coordinator**  
HEATHER FRANK  
2186/hfrank6@naz.edu



GILBERTSON

**Men's soccer coach**  
DAN GILBERTSON  
2191/dgilber5@naz.edu



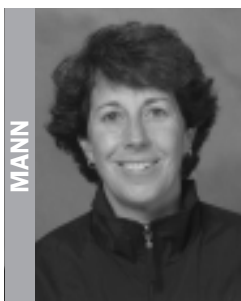
JESTER

**Head athletic trainer/SWA**  
ADRIENNE JESTER  
2838/ajester4@naz.edu



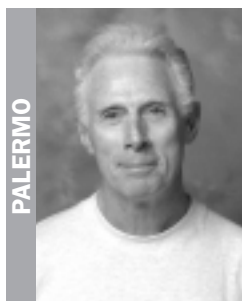
LOVE

**Men's & women's cross country, track & field coach**  
SCOTT LOVE  
2852/elove9@naz.edu



MANN

**Women's soccer coach**  
GAIL MANN  
2813/gemann@naz.edu



PALERMO

**Equipment room manager**  
MIKE PALERMO  
2837/mpalerm6@naz.edu



RANDALL

**Men's lacrosse coach**  
ROB RANDALL  
2194/rrandal5@naz.edu



SEIL

**Assistant athletic director/SID**  
JOE SEIL  
2452/jseil2@naz.edu



STASER

**Men's & women's swimming coach**  
MARTIE STASER  
2198/mstaser3@naz.edu



TUTINO

**Field hockey coach**  
ANDREA TUTINO  
2199/aatutino@naz.edu



WAIDA

**Men's & women's tennis coach**  
PAUL WAIDA  
2853/pwaida7@naz.edu



WICKENS

**Men's & women's volleyball coach**  
CAL WICKENS  
2189/cwicken0@naz.edu



WILLIAMS

**Women's basketball coach**  
DIANE WILLIAMS  
2190/dmwillia4@naz.edu



YOUNG

**Cheerleading coach**  
JESSICA YOUNG  
2195/jlyoung@naz.edu



**SCOTT LOVE****HEAD COACH**

Equipped with more than two decades of coaching experience at various levels in the Syracuse area, Scott Love joined the Nazareth athletic department as a full-time staff member in August of 2002.

In 2003, Love served as head coach of the men's and women's cross country teams as well as the indoor and outdoor track and field teams, all of which were in their first season of intercollegiate competition.

A graduate of Syracuse University (B.A. English, 1977; M.A. American Literature, 1982), Love coached men's and women's cross country at Onondaga Community College, where he helped produce junior college All-Americans in 1999 and 2001. He

also recently has coached in the Empire State Games and served as Central Region coordinator of men's track and field for the 2000 Games that were contested in Cortland.

Love was an assistant coach for cross country and track and field at SU from 1994 through 1998 and his runners set several school records. The men's cross country team won the 1995 IC4A University Men's Team Championship as well as the University of Miami Greentree Invitational and the Western Ontario Invitational. The women's cross country team also won the Miami Greentree Invitational and earned Academic All-American team honors.

As head cross country coach at Onondaga Community College from 1998 to 2001, Coach Love's athletes earned two individual conference titles and twice earned junior college All-American honors.

As a high school coach at P.V. Moore High School in Central Square, N.Y. from 1984 to 1992, Coach Love's teams won 16 Onondaga League divisional titles and one Section Three championship. His cross country teams posted a dual meet record of 102-6 over 12 seasons. Love also has coached at East Syracuse-Minoa, Onondaga Central, and West Genesee.

Love resides in the Syracuse suburb of Jamesville with his wife, Judy, who is employed by New York State. They are the parents of Jason and Caitlin, who returns this fall as a member of the women's cross country team.

**JIM ROLINCE****ASSISTANT COACH**

Nazareth graduate Jim Rolince is back for his second season as a part-time assistant coach for cross country and track and field.

A native of Solvay, N.Y., Rolince completed his undergraduate degree in Psychology last year. He's now working on a graduate degree in Education.

Before completing his degree at Nazareth, Rolince competed on Nazareth's first cross country team in the fall of 2003 and was a sprinter on the indoor and outdoor track teams in '03-04.

At Solvay High School, Rolince competed in football, basketball, and track and was Section Three pentathlon champion in 2000. In football, he helped Solvay to a Section Three title in 1998 and twice was honored as an Onondaga League all-star.



## 2005 Men's Cross Country Roster

NAME	YR.	HT.	WT.	HIGH SCHOOL/HOMETOWN
Michael Anderson	So.	5-8	150	Skaneateles/Skaneateles, NY
Rob Castor	Fr.	6-1	150	East Syracuse-Minoa/East Syracuse, NY
Craig Connelly	Jr.	5-11	155	Wayne Central/Macedon, NY
Larry DiCesare	Jr.	5-11	140	Sauquoit Valley/Sauquoit, NY
Brendan Epstein	So.	5-8	140	Moravia/Moravia, NY
Patrick Hughes	So.	5-7	130	Homer/Homer, NY
David Patalano	Fr.	5-10	160	Churchville-Chili/Rochester, NY
Chris Patterson	Jr.	5-6	120	Rush-Henrietta/Henrietta, NY
Kiel Sick	Sr.	5-5	135	Irondequoit/Rochester, NY
Bradley Winn	Jr.	5-6	150	Rush-Henrietta/Rochester, NY

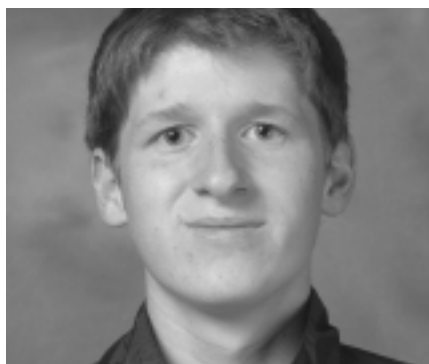
## 2005 Women's Cross Country Roster

NAME	YR.	HT.	HIGH SCHOOL/HOMETOWN
Chelsea Anderson	Jr.	5-5	Wayne Central/Ontario, NY
Ashley Brown	Fr.	5-4	LaFayette/LaFayette, NY
Jessica Brown	So.	5-7	Oxford Academy/Oxford, NY
Mary Cannito	So.	5-2	J.C. Birdlebough/Fulton, NY
Meredith Coon	So.	5-10	Penfield/Penfield, NY
Abby Crain	Fr.	5-7	Corcoran/Syracuse, NY
Ashley Dezen	Jr.	5-1	Penfield/Penfield, NY
Maddy Donovan	Fr.	5-4	Oswego/Oswego, NY
Megan Goetz	Fr.	5-6	Fairport/Fairport, NY
Stephanie Hayduke	Fr.	5-4	Westhill/Syracuse, NY
Elizabeth Jurkiewicz	Jr.	5-4	Westhill/Syracuse, NY
Jennifer Katz	So.	5-6	Sepnacerport/Spencerport, NY
Caitlin Love	Sr.	5-8	Jamesville-DeWitt/Jamesville, NY
Nicole Nolan	Fr.	5-2	Palmyra-Macedon/Palmyra, NY
Kaitlyn Osterling	Fr.	5-6	Victor/Farmington, NY
Elizabeth Pflughardt	So.	5-7	Tioga/Tioga Center, NY
Brooke Redding	Fr.	5-3	Rush-Henrietta/Rush, NY
Alicia Scahill	Fr.	5-4	Williamson/Williamson, NY
Melissa Schueler	Sr.	5-7	Valley Central/Newburgh, NY
Christen Stoddard	Jr.	5-4	Lockport/Lockport, NY

HEAD COACH: Scott Love / ASSISTANT COACH: Jim Rolince



NAZARETH COLLEGE  
**GOLDEN FLYERS**



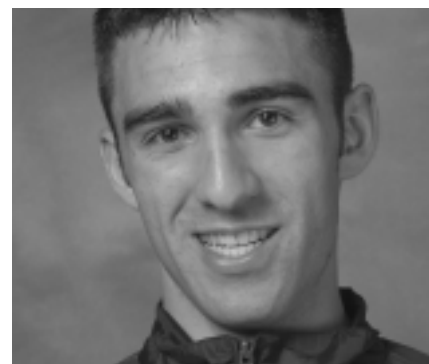
**MICHAEL ANDERSON**  
Sophomore  
Skaneateles, NY

Nursing major. . . son of Thomas and Kathleen Anderson, Skaneateles, N.Y. . . returning for his second season, Anderson competed regularly for the Golden Flyers in 2004. . . finished 19th at Harry Lang Invitational at Colgate and 11th in Nazareth's Short Course Invitational. . . **Scholastic:** a graduate of Skaneateles High School, Anderson was a member of the cross country team as well as the indoor and outdoor track teams. . . recipient of cross country team's Most Improved Runner award for 2003. . . helped team win Onondaga League titles in 2000, 2001, and 2002.



**ROBBY CASTOR**  
Freshman  
East Syracuse, NY

Undecided on major. . . son of Karyn and Gary Castor, East Syracuse, N.Y. . . a graduate of East Syracuse-Minoa High School, Castor competed in both cross country and track. . . achieved honors as 12th in the state when competing in the 4 x 800 event (8:12).



**CRAIG CONNELLY**  
Junior  
Macedon, NY

Political Science major. . . son of Bill and Kathy Connelly, Macedon, N.Y. . . returning for his third season with the Golden Flyers, Connelly competed regularly in 2004 and placed eighth at Nazareth's Short Course Invitational and 20th at the Harry Lang Invitational at Colgate. . . also competed for the indoor and outdoor track and field teams the past two years . . . recipient of Captains Award for indoor track. . . holds eight indoor and six outdoor records, including the best scores for the pentathlon (2,556) and the decathlon (4,759). . . **Scholastic:** a graduate of Wayne Central, Connelly competed in volleyball and track. . . earned Finger Lakes League all-star honors as a sprinter in track and finished second in the Section Five Class BB meet in the 400-meter run. . . earned second-team all-league honors in volleyball.



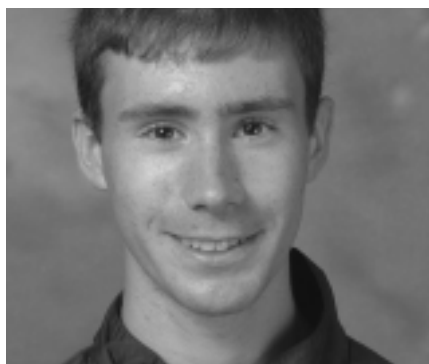
**LARRY DICESARE**  
Junior  
Sauquoit, NY

Psychology major. . . son of Lawrence and Polly DiCesare, Sauquoit, N.Y. . . returning for his third season, DiCesare ran regularly for the Golden Flyers in 2004. . . finished fifth at Nazareth's Short Course Invitational and 11th at Harry Lang Invitational at Colgate. . . also competes for the indoor and outdoor track and field teams. . . was the recipient of the indoor team Coaches Award in 2004-05. . . **2003:** was among the Golden Flyers top runners in 2003 and was the recipient of the team's Coaches Award. . . **Scholastic:** a graduate of Sauquoit Valley High School, DiCesare was a four-year member of the cross country team there. . . earned Center State Conference all-star honors and helped team to league, sectional, and state titles. . . also competed in track . . . recipient of scholar-athlete award.



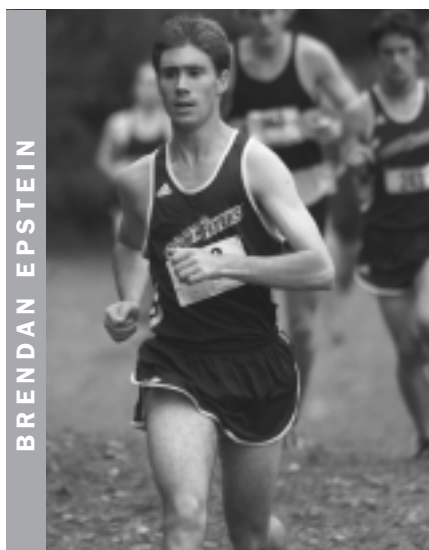
Junior Larry DiCesare returns for his third season with the Golden Flyers' cross country team.

LARRY DICESARE

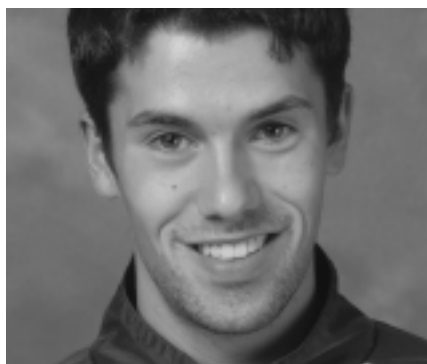


**BRENDAN EPSTEIN**  
Sophomore  
Moravia, NY

Biology major. . . son of Ed and Eileen Epstein, Moravia, N.Y. . . returning for his second season, Epstein was the Golden Flyers' top runner in 2004. . . had several strong performances, including first at Nazareth's Short Course Invitational, 23rd at the NYSCTC Championships and 49th at the NCAA Atlantic Regionals. . . earned team MVP and first-team Empire 8 Conference all-star honors and was league's Rookie of the Year for 2004. . . also a standout for the Golden Flyers' indoor and outdoor track and field teams . . . set indoor marks in the 3,000- and 5,000-meter runs and outdoor records in the 5,000- and 10,000-meters. . .  
**Scholastic:** a graduate of Moravia High School, Epstein was a four-year standout in cross country there. . . qualified for the New York state meet three times and the NY Federation meet once. . . was Interscholastic Athletic Conference and Section Four champion in 2003. . . also competed in track. . . was member of National Honor Society and valedictorian for Moravia Class of 2004.

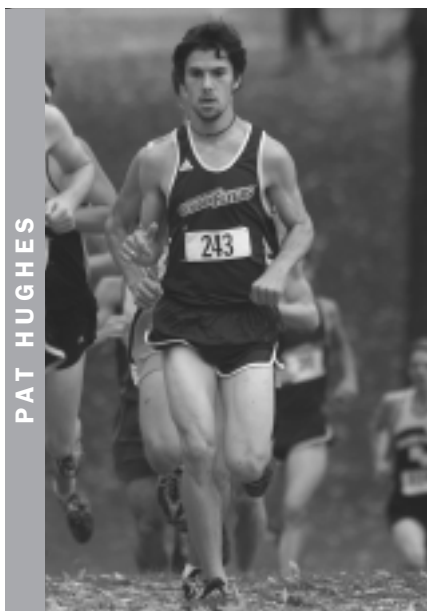


BRENDAN EPSTEIN



**PATRICK HUGHES**  
Sophomore  
Homer, NY

Political Science major. . . son of Janie Hughes, Homer, N.Y. . . returning for his second season, Hughes ran well for the Golden Flyers in 2004. . . top finishes included fourth place at Harry Lang Invitational at Colgate, 13th at Penn State Behrend and second at Nazareth's Short Course Invitational. . . recipient of cross country team's Coaches Award. . . earned second-team Empire 8 Conference all-star honors. . . also a member of the indoor and outdoor track and field teams. . . helped set three relay records for the indoor team and was recipient of Captains Award for the outdoor team. . .  
**Scholastic:** a graduate of Homer Central, Hughes was a standout in cross country and track there. . . ran four seasons of cross country and twice earned team MVP honors and was a first-team Onondaga League all-star in 2003. . . qualified for state meet in cross country and select meet in indoor track. . . a nine-time recipient of scholar-athlete award.



PAT HUGHES

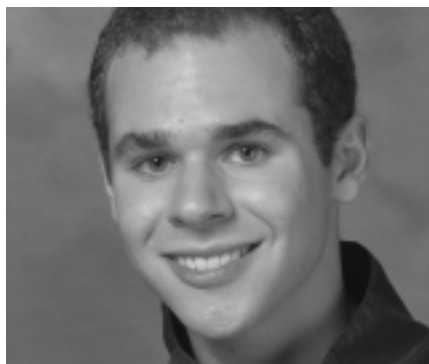


**DAVID PATALANO**  
Freshman  
Rochester, NY

Physical Therapy major. . . son of Donna and Gary Patalano, Rochester, N.Y. . . a graduate of Churchville-Chili High School, Patalano was a standout in cross country as well as indoor and outdoor track. . . ran three seasons of cross country. . . achieved second-team Monroe County League all-star honors in 2004 for cross country and first-team honors as a pentathlete in track for 2005. . . recipient of the Most Improved Runner award in 2004 for cross country. . . received MVP honors in both outdoor and indoor track in 2005. . . played nine years of travel soccer. . . recipient of honorable mention honors at the Scholastic Art and Writing Awards.

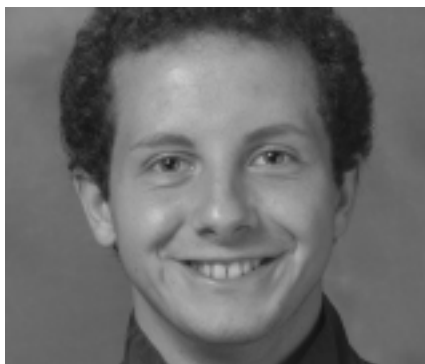
Sophomores Brendan Epstein and Pat Hughes were the Golden Flyers' top runners in 2004 as both were recognized as Empire 8 Conference all-stars.





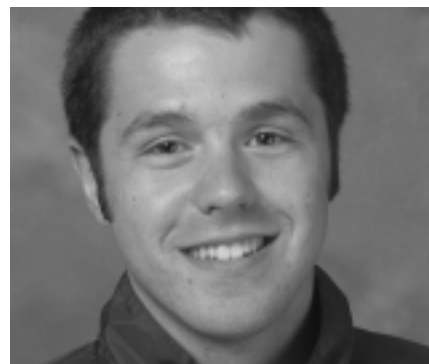
**CHRIS PATTERSON**  
Junior  
Rochester, NY

English major. . . son of Gary and Sandra Patterson, Henrietta, N.Y. . . a graduate of Rush Henrietta High School, Patterson competed in indoor and outdoor track. . . Patterson is a transfer from Monroe Community College, where he maintained above a 3.0 GPA all four semesters and achieved Dean's List honors his sophomore year.



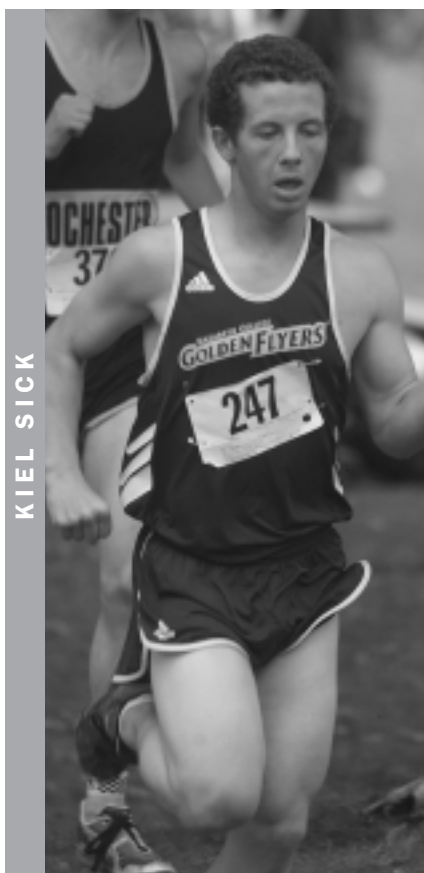
**KIEL SICK**  
Senior  
Rochester, NY

History major. . . son of Doug and Anne Sick, Rochester, N.Y. . . returning for his third season, Sick ran regularly for the Golden Flyers in 2004 and finished 12th at Nazareth's Short Course Invitational. . . recipient of team's Captains Award. . . **Scholastic:** Sick is a graduate of Irondequoit High School, where he competed in cross country, skiing, and track. . . served as team captain and was selected team MVP in nordic skiing. . . recipient of team's Iron Man Award in cross country. . . helped track team to Section Five title in 2002. . . member of high school National Honor Society.



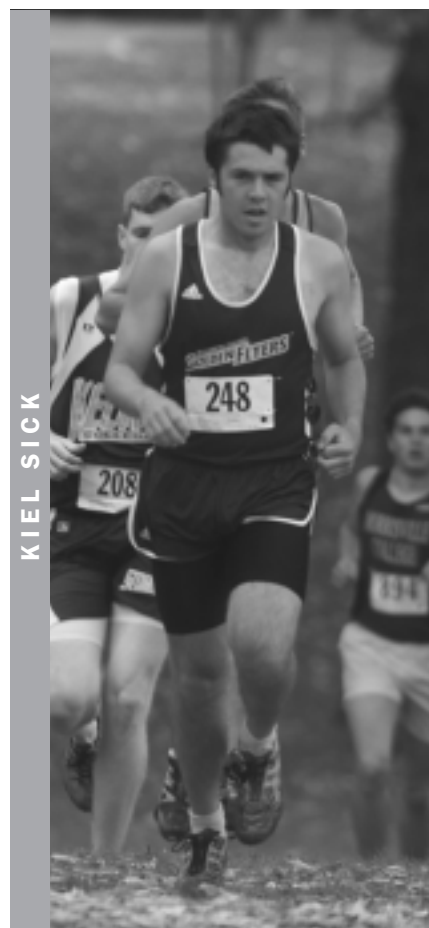
**BRADLEY WINN**  
Junior  
Rochester, NY

History major. . . son of Ken and Karen Winn, Rochester, N.Y. . . returning for his third season, Winn was 13th in 2004 at Nazareth's Short Course Invitational. . . **Scholastic:** Winn is a graduate of Rush-Henrietta High School. . . competed in cross country for four seasons and earned team's most improved runner honors in 2000. . . also competed in indoor and outdoor track. . . a member of the National Honor Society as well as the German National Honor Society.



KIEL SICK

Senior Kiel Sick ran regularly for the Golden Flyers in 2004.



KIEL SICK

Junior Bradley Winn returns for his third cross country season for the Golden Flyers.





**CHELSEA ANDERSON**  
Junior  
Ontario, NY

Art education major. . . daughter of David and Laurie Anderson, Ontario, N.Y. . . returning for her second season, Anderson finished 26th at Nazareth's Short Course Invitational in 2004. . .

**Scholastic:** a graduate of Wayne Central, Anderson played two seasons of volleyball and one season of basketball there. . . also competed in club volleyball.



**ASHLEY BROWN**  
Freshman  
LaFayette, NY

Undecided on major. . . daughter of Greg and Linda Brown, LaFayette, N.Y. . . a graduate of LaFayette High School, Brown competed in cross country there for four years. . . achieved first-team Onondaga League all-star honors. . . helped bring cross country team one league championship. . . also competed in track and volleyball. . . earned first-team all-league honors in volleyball. . . awarded best effort in Sociology/Psychology, as well as highest achievement in Studio Art. . . member of the National Honor Society.



**JESSICA BROWN**  
Sophomore  
Oxford, NY

Physical Therapy major. . . daughter of David Brown, Morrisville, N.Y. and Terri Fox, Oxford, N.Y. . . returning for her second season, Brown was the Golden Flyers' top runner in 2004. . . had top 10 finishes at Colgate (fourth), Penn State Behrend (seventh) and Nazareth (first). . . selected team MVP. . . also a member of the indoor and outdoor track teams, Brown set indoor records in the 500-meter run (1:27.27) and the mile (5:33.82). . . **Scholastic:** a graduate of Oxford Academy, Brown competed in track and tennis there. . . won league title in the 1,500-meter run and holds school record in that event (5:01.75) plus the 800-meter run (2:27.90). . . competed in singles and doubles in tennis and earned all-league honors in 2003. . . earned scholar-athlete award and U.S. Marine Corps Scholastic Excellence award. . . served as valedictorian for Class of 2004.



**MARY CANNITO**  
Sophomore  
Fulton, NY

Spanish major. . . daughter of Frederick and Roberta Cannito, Fulton, N.Y. . . returning for her second season, Cannito had a 13th-place finish at Nazareth's Short Course Invitational in 2004. . .

**Scholastic:** a graduate of J.C. Birdlebough High School in Phoenix, N.Y., Cannito competed for the indoor and outdoor track teams there. . . selected team MVP twice in indoor and once in outdoor. . . won Section Three indoor title in 55-meter hurdles. . . earned second-team Onondaga League all-star honors . . . an honor roll student, Cannito was the salutatorian for the Class of 2004.



**MEREDITH COON**  
Sophomore  
Penfield, NY

Nursing major. . . daughter of Craig and Katie Coon, Penfield, N.Y. . . competed for the Golden Flyers indoor and outdoor track teams in 2004-05 and set the indoor shot put record with a toss of 32' 3 1/4". . . recipient of indoor team's Coaches Award. . . **Scholastic:** a graduate of Penfield High School, Coon competed in cross country and track. . . received scholar athlete honors for all three sports. . . won Monroe County League discuss title in 2003 and 2004 and Section Five title in the shot put in 2004.



JESSICA BROWN

Sophomore Jessica Brown enjoyed a strong first season for the Golden Flyers in 2004.



**ABBY CRAIN**  
Freshman  
Syracuse, NY

Chemistry major. . .daughter of Clifford and Emily Crain, Syracuse, N.Y. . .a graduate of Corcoran High School, Crain was a standout in cross country as well as indoor and outdoor track. . .recipient of MVP honors in 2003 and 2004 for cross country, and in 2004 and '05 for indoor track. . .school record holder in the 3,000-meter run (11:40). . .earned Onondaga League all-star honors twice for cross country. . .member of National Honor Society. . .achieved highest grade on chemistry regents in entire school.



**STEPHANIE HAYDUKE**  
Freshman  
Syracuse, NY

Physical Therapy major. . .daughter of Bernard and Nadia Hayduke, Syracuse, N.Y. . .a graduate of Westhill High School, Hayduke competed in cross country for three years. . .participated in outdoor and indoor track for four years. . .recipient of sportsmanship award for outdoor track.



**ASHLEY DEZEN**  
Junior  
Penfield, NY

History major. . . daughter of William and Gail Dezen, Penfield, N.Y. . . returning for her third season, Dezen placed 16th at the Nazareth Short Course Invitational. . . also competes for the Golden Flyers indoor and outdoor track teams. . . **Scholastic:** Dezen is a graduate of Penfield High School. . . was a member of the National Honor Society there and was the recipient of the History Award and the Mount Holyoke Book Award.



**ELIZABETH JURKIEWICZ**  
Junior  
Syracuse, NY

English major. . . daughter of Tom and Sandy Jurkiewicz, Syracuse, N.Y. . . returning for her third season, Jurkiewicz ran regularly for the Golden Flyers in 2005 and was 29th at Nazareth's Short Course Invitational. . . was the 2003 recipient of the team Coaches Award. . . **Scholastic:** a graduate of Westhill High in Syracuse, Jurkiewicz was a four-year member of the cross country team as well as the indoor and outdoor track and field teams. . . helped cross country team to Onondaga League titles in 2002 and 2003. . . a member of the Spanish National Honor Society. . . recipient of three Silver Key Awards for photography as well as State Fair Award and City of Syracuse Award. . . spent five weeks studying in Spain over the summer of 2005.



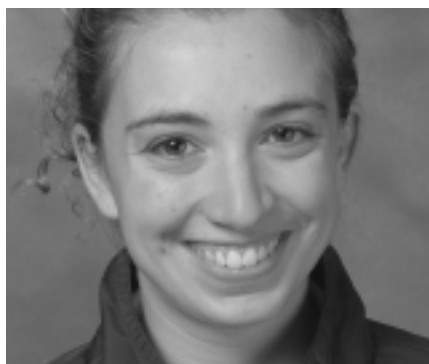
**MEGAN GOETZ**  
Freshman  
Fairport, NY

Physical Therapy major. . .daughter of Frank and Tracey Goetz, Fairport, N.Y. . .a graduate of Fairport High School, Goetz participated in cross country for three years there. . .received first-team All-Monroe County honors. . .placed sixth in Section Five meet, 48th in the state meet. . . recipient of the team Spark Plug Award. . . helped lead Fairport to sectional championships in 2002 and 2003. . .in 2002 the team continued on to place second in the state meet. . .member of National Honor Society and Spanish NHS.



ASHLEY DEZEN

Junior Ashley Dezen returns for her third season with the Golden Flyers.



**JENNIFER KATZ**  
Sophomore  
Spencerport, NY

Psychology major. . . daughter of Lou and Joanne Katz, Spencerport, N.Y. . . returning for her second season, Katz was among the Golden Flyers' top runners in 2004. . . strong performances included 20th place at the Harry Lang Invitational at Colgate, 31st at Penn State Behrend and eighth at the Nazareth Short Course Invitational. . . also a member of the indoor and outdoor track and field teams . . . set indoor mark for 3,000-meter run (12:45.66). . . **Scholastic:** a graduate of Spencerport High School, Katz competed in cross country and track. . . served as team captain in cross country and earned second-team Monroe County League all-star honors. . . also was captain of indoor and outdoor track teams. . . member of National Honor Society.



**CAITLIN LOVE**  
Senior  
Jamesville, NY

Psychology major. . . daughter of Judy and Nazareth coach Scott Love, Jamesville, N.Y. . . returning for her third season, Love finished seventh individually at Nazareth's Short Course Invitational in 2004. . . **Scholastic:** a transfer from RIT and a graduate of Jamesville-DeWitt High School, Love competed in cross country and track there. . . served as team captain in cross country and helped team to four straight Onondaga High School League titles. . . studied in Switzerland as an AFS exchange student.



**NICOLE NOLAN**  
Freshman  
Palmyra, NY

Physical Therapy major. . . daughter of Pat and Jacky Nolan, Palmyra, N.Y. . . a graduate of Palmyra-Macedon High School, Nolan competed in a variety of sports; soccer, basketball, outdoor track, and indoor track. . . first-team all-Finger Lakes and MVP honors in outdoor track, as well as New York State runner-up in the 4 x 100-meter event. . . won Section Five title in indoor track in the 4 x 200-meter event. . . achieved first-team all-league and MVP honors in soccer. . . led her soccer team to three Finger Lakes championships and track team to four league championships, as well as two team sectional championships.



JENNIFER KATZ

Sophomore Jennifer Katz was among the Golden Flyers' top runners in 2004.



**KAITLYN OSTERLING**  
Freshman  
Farmington, NY

Physical Therapy major. . . daughter of Peter and Diane Osterling, Farmington, N.Y. . . a graduate of Victor High School, Osterling participated in cross country for three years, and helped the team to the 2005 Section Five Class A title. . . recipient of the New York State Scholar Athlete Award and the New York State Leader of Tomorrow Award. . . also a member of the lacrosse team.





**ELIZABETH PFLEGHARDT**  
Sophomore  
Tioga Center, NY

Communication Sciences and Disorders major. . . daughter of Michael and Carol Pflughardt, Tioga Center, N.Y. . . returning for her second season, Pflughardt had several strong performances for the Golden Flyers in 2004, notably a 27th-place finish at the Harry Lang Invitational at Colgate, 32nd at Penn State Behrend and fifth at the Nazareth Short Course Invitational. . . recipient of team Coaches Award. . . **Scholastic:** a graduate of Tioga Central, Pflughardt competed in cross country and track. . . was cross country team captain in 2002 and 2003 and was two-time team MVP. . . helped team to Interscholastic Athletic Conference division title in 2001. . . was track team captain for three years. . . also a member of the Nazareth equestrian team.



LIZ PFLEGHARDT

Sophomore Liz Pflughardt had several strong performances for Nazareth in 2004.



**BROOKE REDDING**  
Freshman  
Rush, NY

Physical Therapy major. . . daughter of Mark and Patty Redding, Rush, N.Y. . . a graduate of Rush-Henrietta High School, Redding participated in cross country and track for three years each. . . received second- team Monroe County League all-star honors for cross country. . . recipient of the Heart Award for both cross country and track. . . was a member of the National Honor Society, Science Honor Society and Spanish Honor Society . . . achieved high honors academically for four straight years. . . also a member of the ski team.



**CHRISTEN STODDARD**  
Junior  
Lockport, NY

Communication Sciences and Disorders major. . . daughter of Calvin and Susan Stoddard, Lockport, N.Y. . . returning for her second season. . . **Scholastic:** a graduate of Lockport High School, Stoddard ran cross country for four seasons there.

**ALICIA SCAHILL**  
Freshman  
Williamson, NY

History major. . . daughter of Thomas Scahill and Rosemary Carey, Williamson, N.Y. . . a graduate of Williamson High School, Scahill competed in cross country as well as indoor and outdoor track. . . was cross country and track team captain in 2003 and 2004. . . helped indoor team to two Section Five titles. . . a member of the National Honor Society.



**MELISSA SCHUELER**  
Senior  
Newburgh, NY

English major. . . daughter of John and Lisa Schueler, Newburgh, N.Y. . . returning for her third season, Schueler placed 19th at the Nazareth Short Course Invitational. . . also a member of the indoor and outdoor track teams. . . recipient of Captains Award for outdoor track in 2004. . . **Scholastic:** a graduate of Valley Central in Montgomery, N.Y., Schueler competed in cross country and track for four seasons each.



MELISSA SCHUELER

Senior Melissa Schueler competes in indoor and outdoor track as well as cross country.

**Harry Lang Invitational - Colgate University - Sept. 4, 2004****MEN'S RESULTS:** Nazareth 23, Delhi 25, Colgate 34, Morrisville 74**Nazareth finishers (4.2 kilometers):** 3. Brendan Epstein 14:58; 4. Pat Hughes 15:09; 6. David Allen 15:13; 10. Matt Maguire 15:51; 11. Larry DiCesare 16:00; 17. Greg McMurray 17:02; 19. Michael Anderson 17:24; 20. Craig Connelly 17:27; 23. Kiel Sick 17:38; 28. Nathan Connelly 18:53; 29. Bradley Winn 19:07; 31. Glen Labenski 19:25**WOMEN'S RESULTS:** Colgate 16, **Nazareth 38**, LeMoyne 55, Delhi 56, Cazenovia 82**Nazareth finishers (4.2 kilometers):** 4. Jessica Brown 18:09; 8. Liz Burns 18:55; 12. Allison Rutherford 19:11; 20. Jennifer Katz 20:37; 21. Renee Paprocki 20:38; 25. Brigid Kilroy 20:59; 27. Liz Pflughardt 21:32; 30. Caitlin Donovan 22:09; 31. Melissa Schueler 22:29; 33. Mary Cannito 22:49; 35. Ashley Dezen 22:56; 36. Kelly O'Brien 23:09; 38. Elizabeth Jurkiewicz 24:30; 41. Kim Krula 25:42; 42. Katie Ryan 25:47**Penn State Behrend Invitational - Sept. 18, 2004****MEN'S RESULTS:** Mt. Union 27, Case Western 42, Penn State Behrend 75, **Nazareth 101**, Westminster 127, Thiel 190, Myers, Inc., Hiram, Inc., LaRoche, Inc.**Nazareth finishers:** 11. Brendan Epstein 28:22; 13. Pat Hughes 28:33; 22. David Allen 29:14; 27. Larry DiCesare 29:43; 28. Matt Maguire 29:57; 32. Greg McMurray 31:02; 35. Craig Connelly 32:22**WOMEN'S RESULTS:** Case Western 36, Carnegie Mellon 51, Penn State Behrend 58, **Nazareth 100**, Westminster 152, Hiram 155, LaRoche 217, Medaille 228, Myers, Inc., Thiel, Inc., Cuyahoga CC, Inc.**Nazareth finishers:** 7. Jessica Brown 20:37; 10. Liz Burns 21:16; 23. Renee Paprocki 22:26; 29. Brigid Kilroy 23:13; 31. Jennifer Katz 23:37; 32. Liz Pflughardt 23:42; 33. Caitlin Donovan 23:42**Western Ontario Invitational - Thames Valley Golf Course - Sept. 25, 2004****MEN'S RESULTS:** Guelph 63, Windsor 74, Western Ontario 96, Queen's 96, Dalhousie 117, Waterloo 174, Toronto 187, McMaster 193, Detroit Mercy 209, McGill 227, Ottawa 347, **Nazareth 356**, Brock 383, Laurier 412, Nipissing 446**Nazareth finishers (10 kilometers):** 54. Brendan Epstein 35:06; 63. Pat Hughes 35:41; 75. Larry DiCesare 37:07; 81. David Allen 38:16; 83. Matt Maguire 38:33; 87. Greg McMurray 38:49; 97. Craig Connelly 40:13; 126. Kiel Sick 40:36; 129. Michael Anderson 41:24; 135. Nate Connelly 43:49; 137. Glen Labenski 47:52**WOMEN'S RESULTS:** Guelph 44, Western Ontario 55, Dalhousie 103, Toronto 112, McGill 180, Queen's 207, York 210, Eastern Michigan 217, Windsor 219, Detroit Mercy 267, Laurier 300, Laurentian 313, McMaster 317, Waterloo 361, Brock 368, Ottawa 411, **Nazareth 496****Nazareth finishers (5 kilometers):** 80. Jessica Brown 20:52; 100. Renee Paprocki 22:07; 106. Jennifer Katz 23:08; 107. Brigid Kilroy 23:10; 108. Caitlin Donovan 23:24; 109. Allison Rutherford 23:27; 110. Liz Pflughardt 23:27; 136. Caitlin Love 23:40; 140. Kelly O'Brien 25:24; 141. Ashley Dezen 25:26; 142. Mary Cannito 25:31; 145. Melissa Schueler 25:54; 147. Chelsea Anderson 26:58; 148. Christen Stoddard 26:58; 151. Elizabeth Jurkiewicz 27:48; 152. Katie Ryan 27:57; 153. Kim Krula 29:34**Nazareth Short Course Invitational - Oct. 9, 2004****MEN'S RESULTS:** **Nazareth 18**, Keuka 64, Cayuga CC, Inc., St. John Fisher, Inc.**Nazareth finishers (4 kilometers):** 1. Brendan Epstein 12:35; 2. Pat Hughes 12:52; 4. David Allen 13:10; 5. Larry DiCesare 13:28; 6. Greg McMurray 13:56; 8. Craig Connelly 14:22; 9. Matt Maguire 14:22; 11. Mike Anderson 14:37; 12. Kiel Sick 14:44; 13. Bradley Winn 15:03; 15. Nate Connelly 15:12; 17. Glen Labenski 15:18**WOMEN'S RESULTS:** **Nazareth 17**, Keuka 72, St. John Fisher 91, D'Youville 111, Cayuga CC, Inc.**Nazareth finishers (4 kilometers):** 1. Jessica Brown 15:44; 2. Allison Rutherford 16:14; 3. Renee Paprocki 16:30; 5. Liz Pflughardt 17:06; 6. Brigid Kilroy 17:20; 7. Caitlin Love 17:24; 8. Jennifer Katz 17:30; 12. Kelly O'Brien 18:24; 13. Mary Cannito 18:30; 16. Ashley Dezen 18:50; 19. Melissa Schueler 19:25; 26. Chelsea Anderson 19:54; 27. Christen Stoddard 19:57; 29. Elizabeth Jurkiewicz 20:25; 31. Katie Ryan 21:47; 32. Kim Krula 21:55

**Rochester Invitational - Genesee Valley Park - Oct. 16, 2004**

**MEN'S RESULTS:** Lock Haven 48, Carnegie Mellon 49, Geneseo 63, Rochester 139, Baldwin-Wallace 143, Case Western 155, Alfred State 197, **Nazareth 210**, Brockport 236, Finger Lakes CC 346, Morrisville 347, Keuka 362

**Nazareth finishers (8 kilometers):** 29. Brendan Epstein 27:42.20; 39. Pat Hughes 28:07.10; 54. David Allen 28:40.20; 60. Larry DiCesare 28:56.40; 77. Greg McMurray 29:58.00; 86. Matt Maguire 30:23.40; 101. Craig Connelly 31:33.70; 105. Michael Anderson 32:14.80; 108. Kiel Sick 32:23.30; 115. Nathan Connelly 33:07.90; 120. Bradley Winn 33:43.80; 122. Glen Labenski 34:18.40

**WOMEN'S RESULTS:** Geneseo 24, Baldwin-Wallace 46, Rochester 98, Lock Haven 132, Case Western 142, Carnegie Mellon 168, Brockport 173, **Nazareth 185**, Keuka 304, St. John Fisher 323, D'Youville 342

**Nazareth finishers (6 kilometers):** 33. Jessica Brown 25:49.10; 35. Liz Burns 25:55.70; 56. Allison Rutherford 26:55.80; 59. Liz Pflughardt 27:06.00; 65. Renee Paprocki 27:29.30; 80. Jennifer Katz 28:27.00; 83. Caitlin Donovan 28:31.50; 91. Kelly O'Brien 29:09.00; 99. Brigid Kilroy 29:57.10; 103. Mary Cannito 30:16.50; 106. Melissa Schueler 30:47.40; 110. Ashley Dezen 31:37.60; 116. Elizabeth Jurkiewicz 32:05.00; 121. Christen Stoddard 32:41.50; 127. Kim Krula 35:23.40

**NYSCTC/Empire 8 Meet - Letchworth State Park - Nov. 6, 2004**

**MEN'S RESULTS:** Geneseo 33, Brockport 72, RIT 81, St. Lawrence 126, Rochester 144, Ithaca 155, Alfred 196, Rensselaer 253, Oswego 254, **Nazareth 300**, Fredonia 301, Hamilton 307, Buffalo State 355, Hartwick 406, Union 456

**EMPIRE 8 SCORING:** RIT 25, Ithaca 52, Alfred 68, **Nazareth 101**, Hartwick 134

**Nazareth finishers (8 kilometers):** 23. Brendan Epstein 27:07.3; 32. Pat Hughes 27:19.6; 85. Larry DiCesare 28:22.0; 109. David Allen 29:16.1; 122. Matt Maguire 30:06.7; 125. Craig Connelly 30:30.7; 131. Greg McMurray 31:14.7; 133. Kiel Sick 31:26.2; 140. Michael Anderson 32:48.0; 143. Nate Connelly 33:44.3

**WOMEN'S RESULTS:** Geneseo 29, St. Lawrence 61, Ithaca 79, Fredonia 123, Brockport 154, RIT 187, Rochester 209, Hamilton 227, NYU 257, Alfred 294, **Nazareth 326**, Rensselaer 329, Union 418, Hartwick 480, Buffalo State, Inc., Oswego, Inc.

**EMPIRE 8 SCORING:** Ithaca 19, RIT 50, Alfred 80, **Nazareth 91**, Hartwick 146

**Nazareth finishers (5 kilometers):** 62. Jessica Brown 20:43.6; 65. Liz Burns 20:50.0; 77. Renee Paprocki 21:08.4; 80. Allison Rutherford 21:14.2; 93. Liz Pflughardt 21:39.3; 107. Caitlin Donovan 22:17.3; 111. Jennifer Katz 22:33.5; 114. Brigid Kilroy 22:47.3; 122. Kelly O'Brien 23:18.8; 133. Melissa Schueler 24:51.8

**NCAA Division III Atlantic Regionals - Letchworth State Park - Nov. 13, 2004**

**MEN'S RESULTS:** College of New Jersey 67, Geneseo 84, NYU 97, Cortland 107, Brockport 157, St. Lawrence 238, Rochester 243, Ithaca 267, Plattsburgh 268, RIT 285, Vassar 296, Rowan 330, Clarkson 363, Alfred 385, Hamilton 460, Kings Point 508, Rensselaer 536, Oswego 537, Oneonta 541, Fredonia 556, Kean 561, **Nazareth 634**, Buffalo State 641, Richard Stockton 663, Hartwick 713, Union 811, New Paltz 821, Stevens Institute 826, Potsdam 848, Hunter 854, Hobart 900, SUNY Maritime 953, Rutgers-Camden 1047

**Nazareth finishers (8 kilometers):** 49. Brendan Epstein 26:41.0; 99. Pat Hughes 27:26.9; 144. Larry DiCesare 28:16.5; 161. David Allen 28:45.9; 181. Matt Maguire 29:43.0; 187. Greg McMurray 29:55.9; 194. Craig Connelly 30:28.3

**WOMEN'S RESULTS:** Geneseo 41, Ithaca 64, St. Lawrence 73, College of New Jersey 80, Fredonia 205, Clarkson 213, Brockport 228, RIT 269, Rochester 272, Hamilton 287, Plattsburgh 364, NYU 368, Rowan 385, Vassar 413, Oneonta 458, Alfred 478, Cortland 482, New Paltz 483, Rensselaer 495, **Nazareth 557**, Potsdam 609, Kings Point 658, Union 660, Richard Stockton 704, Rutgers-Camden 744, Cazenovia 763

**Nazareth finishers (6 kilometers):** 74. Liz Burns 24:37.3; 92. Jessica Brown 25:06.1; 117. Allison Rutherford 25:42.9; 136. Liz Pflughardt 26:20.1; 138. Renee Paprocki 26:29.4; 149. Caitlin Donovan 27:04.0; 163. Jennifer Katz 27:45.9







Nazareth hosted its first athletic event in Golden Flyer Stadium in the spring of 2004.



Nazareth College is a private, co-educational college with a liberal arts and sciences tradition. Founded in 1924 by the Sisters of St. Joseph, Nazareth has been independent for more than 30 years.

### Nazareth's athletic mission and philosophy

The Nazareth College Athletic Department will strive to empower its student-athletes to grow as people and make a positive impact on society, with life-skills development, mentoring, and leadership opportunities through competitive and cooperative experiences.

The Athletic Department is committed to assisting in the college's mission of educating students with a goal of fostering lifelong commitment to intellectual, ethical and aesthetic values. The Athletic Department will operate under firm institutional control of the college and will always place the health and welfare of the student-athletes, coaches and staff first in decisions regarding the athletics program.

The department will operate under the NCAA Division III philosophy, through which academics are the student's first priority and sportsmanship, fair play, diversity and ethical conduct are constantly taught and promoted.

### Campus expansion

2004 marked the completion of Nazareth's largest capital campaign in history. The college raised \$25 million to support the recent campus expansion through the purchase of 73 acres of adjoining land and buildings. Today's campus features 148 acres and includes the five-story Golisano Academic Center, the 2,200-seat Golden Flyer stadium, the spacious Elizabeth George and Portka residence halls and a softball diamond.

Students now have twice as many classrooms and computer labs; more undergraduate and graduate programs; opportunities to compete on intercollegiate teams in equestrian, cross country, track and field and men's volleyball; and a choice of living options that includes suites, cafes and free laundry service.

### Faculty

Full-time	140
Part-time	78
Student/Faculty Ratio	12:1

Ninety-four percent of full-time faculty have received the highest professional degree in their field.

### Enrollment

Full-time undergraduate enrollment for the fall of 2006 will be approximately 1,875. That number increases to about 3,200 with the inclusion of part-time and graduate students. There are more than 1,240 students living on campus.

The 2005-2006 freshman class had a mean SAT score of 1152. One third of incoming freshmen finished in the top 10 percent of their high school graduating class; two-thirds ranked in the top 25 percent.

### Expenses

2005-2006 Tuition	\$19,200
Room and board (various plans available)	\$8,300
Fees	\$675
<b>Total</b>	<b>\$28,175</b>

### Academic highlights

- During the past 10 years, 22 Nazareth students have won Fulbright grants to carry out research, teach, and study in 13 countries around the world. Few colleges and universities in the nation can match Nazareth's record of preparing students for success in the Fulbright competition—the U.S. government's most prestigious scholarship program.
- Nazareth has a distinguished history of teacher preparation with nearly 1,700 graduates currently teaching in Monroe County classrooms.
- Nazareth features an array of health professions programs, including a Bachelor of Science in Nursing, Music Therapy, Art Therapy, Speech-Language Pathology, and Physical Therapy.
- The Nazareth College Arts Center, which houses the departments of Theatre Arts, Music, and Art, has welcomed more than two million people to performances since it opened in 1967.

### Community service

Ninety-one percent of Nazareth undergraduates participate in community service projects while they are students.

In addition, Nazareth offers an on-campus Center for Service Learning, which serves as a resource for students seeking volunteer placements and for faculty who want to incorporate service into the curriculum.

### Alumni

Seventy-five percent of Nazareth's 23,000 alumni reside in New York state. Nearly 70 percent are employed in service professions including education, health care, child care, social work, and counseling.

### Athletic highlights

- The average grade-point average of student-athletes for the spring 2005 semester was 3.06.
- A member of the National Collegiate Athletic Association, Nazareth has 21 intercollegiate teams that compete at the Division III level. Nazareth competes in the Empire 8 Conference with Alfred, Elmira, Hartwick, Ithaca, RIT, St. John Fisher, and Utica.
- Nazareth's men's lacrosse team won national championships in 1992, 1996, and 1997.
- Nazareth finished 95th in the NACDA (National Association of Collegiate Directors of Athletics) standings for Division III in 2004-2005. The Golden Flyers were represented in NCAA Tournaments in women's swimming and diving, men's lacrosse, and women's lacrosse. Nazareth also claimed Empire 8 Conference titles in women's soccer, men's lacrosse and women's lacrosse.

### Admission

Contact the Nazareth Admissions Office at (585) 389-2860 or toll-free at (800) 462-3944 to find out more about the admission process, including financial aid opportunities, to attend an open house, or to arrange for a campus tour.





Front Row (left to right): Jennifer Katz, Elizabeth Jurkiewicz, Ashley Brown, Mary Cannito, Brooke Redding, Nicole Nolan, Christen Stoddard.  
Back Row: Caitlin Love, Jim Rolince (assistant coach), Stephanie Hayduke, Meredith Coon, Maddy Donovan, Jessica Brown, Abby Crain, Melissa Schueler, Liz Pflughardt, Chelsea Anderson, Scott Love (head coach), Kaitlyn Osterling.



Front Row (left to right): Craig Connelly, Chris Patterson, Larry DiCesare, Kiel Sick, Brendan Epstein.  
Back Row: Jim Rolince (assistant coach), Nathan Connelly, Robby Castor, Mike Anderson, David Patalano, Brad Winn, Pat Hughes, Scott Love (head coach).

Follow the Golden Flyers on the Nazareth College Sports Hotline at **585-389-2095**, or on the web at **www.naz.edu**.



Date	Opponent	Time
Sept. 3	Harry Lang Invitational at Colgate	11:30 a.m.
Sept. 10	Ras na Naz	11 a.m.
Sept. 17	at Penn State Behrend	10 a.m.
Sept. 24	at Western Ontario Invitational	10 a.m.
Oct. 1	at LeMoyne Invitational	11 a.m.

Date	Opponent	Time
<b>Oct. 8</b>	<b>Nazareth Invitational</b>	<b>11 a.m.</b>
Oct. 15	at Rochester Invitational	11 a.m.
Nov. 5	NYSCTC/Empire 8 Meet at Hamilton	TBA
Nov. 13	NCAA Regionals at UR	TBA
Nov. 20	NCAA at Ohio Wesleyan	TBA

\* Empire 8 Conference game, Home Meets in **bold**

NAZARETH COLLEGE SPORTS INFORMATION OFFICE

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