



Front Row (left to right) – Brigid Kilroy, Kelly O'Brien, Elizabeth Jurkiewicz, Chelsea Anderson, Christen Stoddard, Jennifer, Katz.  
Second Row – Caitlin Donovan, Melissa Schueler, Elizabeth Pflughardt, Allison Rutherford, Liz Burns, Caitlin Love, Kim Krula, Renee Paprocki, Jessica Brown.  
Third Row – Nathan Connelly, Michael Anderson, Pat Hughes, Brad Winn, Kiel Sick, Greg McMurray, David Allen.  
Back Row – Craig Connelly, Larry DiCesare, Brendan Epstein, Glen Labenski, Scott Love (head coach), Matt Maguire.

Schedule for the 2004 Season

Date	Opponent	Time	Date	Opponent	Time
Sept. 4	Harry Lang Invitational at Colgate	11:30 a.m.	Oct. 24	at Mayor's Cup, Boston	TBA
<b>Sept. 11</b>	<b>Ras na Naz</b>	<b>11 a.m.</b>	Nov. 6	NYSCTC/ Empire 8 Meet at Geneseo	TBA
Sept. 18	at Penn State Behrend	10 a.m.	Nov. 13	NCAA Regional at St. Lawrence	TBA
Sept. 25	at Western Ontario Invitational	10 a.m.	Nov. 20	NCAA National Wisconsin Eau Claire	TBA
<b>Oct. 9</b>	<b>Nazareth Short Course Invitational</b>	<b>11 a.m.</b>			
Oct. 16	at UR Invitational	11 a.m.			

Head Coach: **Scott Love**  
Home meets in *bold italics*

Follow the Golden Flyers on the Nazareth College Sports Hotline at 585-389-2095, or on the web at [www.naz.edu](http://www.naz.edu).



Cross Country







# 2004 Nazareth Cross Country

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### THE SCHOOL

LOCATION	4245 East Avenue, Rochester, NY 14618
MAIN TELEPHONE NUMBER	(585) 389-2525
ENROLLMENT	1,800 (undergraduate)
FOUNDED	1924 by the Sisters of St. Joseph
PRESIDENT	Robert A. Miller
ADMISSIONS OFFICE	(585) 389-2860
FINANCIAL AID OFFICE	(585) 389-2310

### THE ATHLETIC PROGRAM

NICKNAME	Golden Flyers
COLORS	Purple and Gold
AFFILIATION	NCAA Division III
ATHLETIC DIRECTOR	Peter Bothner
Office Phone	(585) 389-2196
E-mail	pgbothne@naz.edu

HEAD ATHLETIC TRAINER	Adrienne Jester
Office Phone	(585) 389-2838
E-mail	ajester4@naz.edu

ASSISTANT ATHLETIC TRAINER	Mike Fahy
E-mail	mfahy8@naz.edu

ASSISTANT ATHLETIC DIRECTOR FOR SPORTS INFORMATION	Joe Seil
Office Phone	(585) 389-2452
Office Fax	(585) 389-2188
E-mail	jeseil@naz.edu

WEB ADDRESS	www.naz.edu/dept/athletics
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### THE CONFERENCE

CONFERENCE	Empire 8
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EMPIRE 8 COMMISSIONER	Chuck Mitrano
Office Phone	(585) 581-0834
E-mail	cmitrano@empire8.com

EMPIRE 8 SID	Tim Farrell
E-mail	tfarrell@empire8.com

### THE MEN'S & WOMEN'S CROSS COUNTRY PROGRAM

MEN'S & WOMEN'S CROSS COUNTRY COACH	Scott Love (Syracuse, '77)
Office Phone	(585) 389-2852
E-mail	elove9@naz.edu

ASSISTANT COACH	Jim Rolince
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# 2004 Nazareth Cross Country

## Athletic Department



### Nazareth Athletic Department Staff and Directory

PETER BOTHNER



Director of Athletics

SUE BEHME



Women's Lacrosse Coach

TERESE BOUCHARD



Equestrian Coach

MARTY CODDINGTON



Men's Golf Coach

MIKE DALEY



Assistant Director of Athletics  
Men's Basketball Coach

MICHAEL FAHY



Assistant Athletic Trainer

DAN GILBERTSON



Men's Soccer Coach

ADRIENNE JESTER



Head Athletic Trainer

SCOTT LOVE



Men's & Women's Cross Country/  
Track & Field Coach

GAIL MANN



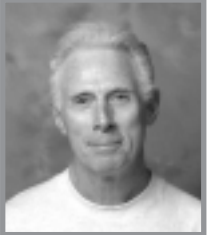
Women's Soccer Coach

DAVE MARSH



Men's & Women's Diving Coach

MIKE PALERMO



Equipment Room Manager

ROB RANDALL



Men's Lacrosse Coach

KATHY SATTERLEY



Field Hockey Coach

JOE SEIL



Assistant Athletic Director/SID

**DIRECTOR OF ATHLETICS**  
Peter Bothner, 2196/pgbothne@naz.edu

**WOMEN'S HEAD LACROSSE COACH**  
Sue Behme, 2835/sebehme@naz.edu

**EQUESTRIAN COACH**  
Terese Bouchard, 2195/tboucha3@naz.edu

**HEAD GOLF COACH**  
Marty Coddington, 2195/macoddin@naz.edu

**ASSISTANT ATHLETIC DIRECTOR & MEN'S HEAD BASKETBALL COACH**  
Mike Daley, 2814/mjdaley@naz.edu

**ASSISTANT ATHLETIC TRAINER**  
Michael Fahy, 2838/mfahy8@naz.edu

**MEN'S HEAD SOCCER COACH**  
Dan Gilbertson, 2191/dgilber5@naz.edu

**HEAD ATHLETIC TRAINER**  
Adrienne Jester, 2838/ajester4@naz.edu

**MEN'S & WOMEN'S HEAD CROSS COUNTRY/TRACK & FIELD COACH**  
Scott Love, 2852/elove9@naz.edu

**WOMEN'S HEAD SOCCER COACH**  
Gail Mann, 2813/gemann@naz.edu

**MEN'S & WOMEN'S DIVING COACH**  
Dave Marsh, 2198

**EQUIPMENT ROOM MANAGER**  
Mike Palermo, 2837

**MEN'S HEAD LACROSSE COACH**  
Rob Randall, 2194/rarandal@naz.edu

**HEAD FIELD HOCKEY COACH**  
Kathy Satterley, 2199/kasatter@naz.edu

**ASSISTANT ATHLETIC DIRECTOR / SID**  
Joe Seil, 2452/jeseil@naz.edu

**ASSISTANT ATHLETIC DIRECTOR / SWA & MEN'S & WOMEN'S HEAD TENNIS COACH**  
Annette Shapiro, 2853/axshapir@naz.edu

**MEN'S & WOMEN'S HEAD SWIMMING COACH**  
Martie Staser, 2198/mstaser3@naz.edu

**MEN'S & WOMEN'S HEAD VOLLEYBALL COACH**  
Cal Wickens, 2189/cwicken0@naz.edu

**WOMEN'S HEAD BASKETBALL COACH**  
Diane Williams, 2190/dmwillia@naz.edu

ANNETTE SHAPIRO



Assistant Athletic Director/SWA  
Men's & Women's Tennis Coach

MARTIE STASER



Men's & Women's  
Swimming Coach

CAL WICKENS



Men's & Women's Volleyball Coach

DIANE WILLIAMS



Women's Basketball Coach





# 2004 Nazareth Cross Country

Golden Flyers' Head & Assistant Coach

## SCOTT LOVE - HEAD COACH



*Equipped with more than two decades of coaching experience at various levels in the Syracuse area, Scott Love joined the Nazareth athletic department as a full-time staff member in August of 2002.*

In 2003, Love served as head coach of the men's and women's cross country teams as well as the indoor and outdoor track and field teams, all of which were in their first season of intercollegiate competition.

A graduate of Syracuse University (B.A. English, 1977; M.A. American Literature, 1982), Love coached men's and women's cross country at Onondaga Community College, where he helped produce junior college All-Americans in 1999 and 2001. He also recently has coached in the Empire State Games and served as Central Region coordinator of men's track and field for the 2000 Games that were contested in Cortland.

Love was an assistant coach for cross country and track and field at SU from 1994 through 1998 and his runners set several school records. The men's cross country team won the 1995 IC4A University Men's Team Championship as well as the University of Miami Greentree Invitational and the Western Ontario Invitational. The women's cross country team also won the Miami Greentree Invitational and earned Academic All-American team honors.

As head cross country coach at Onondaga Community College from 1998 to 2001, Coach Love's athletes earned two individual conference titles and twice earned junior college All-American honors.

As a high school coach at P.V. Moore High School in Central Square, N.Y. from 1984 to 1992, Coach Love's teams won 16 Onondaga League divisional titles and one Section Three championship. His cross country teams posted a dual meet record of 102-6 over 12 seasons. Love also has coached at East Syracuse-Minoa, Onondaga Central, and West Genesee.

Love resides in the Syracuse suburb of Jamesville with his wife, Judy, who is employed by New York State. They are the parents of Jason, 23, and Caitlin, 20, who returns this fall as a member of the women's cross country team.

## JIM ROLINCE - ASSISTANT COACH



As he completes his undergraduate degree in psychology at Nazareth, Jim Rolince will serve as a part-time assistant coach for the Golden Flyers' track and cross country teams in 2004-2005.

A native of Solvay, N.Y. and a graduate of Solvay High School, Rolince was a member

of the cross country team last fall and was a sprinter on the indoor and outdoor track teams.

At Solvay, Rolince competed in football, basketball, and track and was Section Three pentathlon champion in 2000. In football, he helped Solvay to a Section Three title in 1998 and twice was honored as an Onondaga League all-star.



Head Coach Scott Love started the Nazareth cross country program last fall.



# 2004 Nazareth Cross Country

Men's & Women's Roster

## GOLDEN FLYERS 2004 MEN'S CROSS COUNTRY ROSTER

Name	Yr.	Ht.	Wt.	High School/Hometown
David Allen	So.	5-8	150	Paul V. Moore/Fulton, NY
Michael Anderson	Fr.	5-10	135	Skaneateles/Skaneateles, NY
Craig Connelly	So.	5-11	155	Wayne Central/Macedon, NY
Nathan Connelly	Fr.	5-9	150	Cortland/Cortland, NY
Larry DiCesare	So.	5-11	140	Sauquoit Valley/Sauquoit, NY
Brendan Epstein	Fr.	5-7	135	Moravia/Moravia, NY
Patrick Hughes	Fr.	5-7	130	Homer/Homer, NY
Glen Labenski	Sr.	6-1	170	Lake Shore/Derby, NY
Matt Maguire	So.	5-11	160	Franklin Academy/Malone, NY
Greg McMurray	So.	5-9	140	Hugh C. Williams/Canton, NY
Kiel Sick	Jr.	5-4	135	Irondequoit/Rochester, NY
Bradley Winn	So.	5-6	150	Rush-Henrietta/Rochester, NY

## GOLDEN FLYERS 2004 WOMEN'S CROSS COUNTRY ROSTER

Name	Yr.	Ht.	High School/Hometown
Chelsea Anderson	So.	5-6	Wayne Central/Ontario, NY
Jessica Brown	Fr.	5-5	Oxford Academy/Oxford, NY
Liz Burns	So.	5-7	Mount St. Mary Academy/North Tonawanda, NY
Mary Cannito	Fr.	5-2	J.C. Birdlebough/Fulton, NY
Ashley Dezen	So.	5-1	Penfield/Penfield, NY
Caitlin Donovan	Fr.	5-4	Oswego/Oswego, NY
Elizabeth Jurkiewicz	So.	5-4	Westhill/Syracuse, NY
Jennifer Katz	Fr.	5-6	Spencerport/Spencerport, NY
Brigid Kilroy	Fr.	5-0	Lockport/Lockport, NY
Kimberly Krula	Fr.	5-7	Oneida/Oneida, NY
Caitlin Love	Jr.	5-8	Jamesville-DeWitt/Jamesville, NY
Kelly O'Brien	Jr.	5-4	Fairport/Fairport, NY
Renee Paprocki	Fr.	5-7	North Canyon/Phoenix, AZ
Elizabeth Pfleghardt	Fr.	5-7	Tioga/Tioga Center, NY
Allison Rutherford	Fr.	5-8	Liverpool/Liverpool, NY
Katie Ryan	Sr.	5-4	Clarence/East Amherst, NY
Meg Saxton	Sr.	5-7	Elmira Southside/Pine City, NY
Melissa Schueler	Jr.	5-7	Valley Central/Newburgh, NY
Christen Stoddard	So.	5-4	Lockport/Lockport, NY



**Front Row** (left to right) – Brigid Kilroy, Kelly O'Brien, Elizabeth Jurkiewicz, Chelsea Anderson, Christen Stoddard, Jennifer Katz.

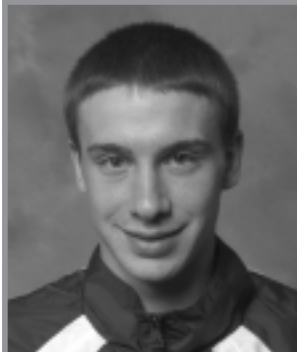
**Second Row** – Caitlin Donovan, Melissa Schueler, Elizabeth Pfleghardt, Allison Rutherford, Liz Burns, Caitlin Love, Kim Krula, Renee Paprocki, Jessica Brown.

**Third Row** – Nathan Connelly, Michael Anderson, Pat Hughes, Brad Winn, Kiel Sick, Greg McMurray, David Allen.

**Back Row** – Craig Connelly, Larry DiCesare, Brendan Epstein, Glen Labenski, Scott Love (head coach), Matt Maguire.



### DAVID ALLEN Sophomore - Fulton, NY



Studio Art major. . . son of Mike and Karen Allen, Fulton, N.Y. . . returning for his second season, Allen was selected team MVP for the Golden Flyers in 2003. . . finished 104th overall in NCAA Regional meet with a time of 27:44 for 8,000 meters. . . competed for indoor and outdoor track and field teams. . . holds indoor record for 1,500 meters (4:26.71). . . a graduate of Paul V. Moore High School in Central Square, N.Y.,

Allen was a member of the cross country and track teams for three seasons. . . served as team captain and earned first-team Onondaga League all-star honors in cross country in 2002 while leading team to league and Section Three Class A title. . . recipient of team coaches award in both cross country and track and field. . . selected cross country team's most improved runner in 2000 and 2001.

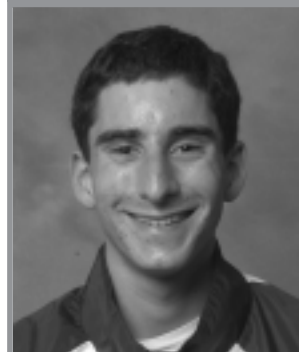
### CRAIG CONNELLY Sophomore - Macedon, NY



Political Science major. . . son of Bill and Kathy Connelly, Macedon, N.Y. . . returning for his second season, Connelly competed for the indoor and outdoor track and field teams as well as the cross country team in 2003 and 2004. . . holds indoor record for 55-meter dash (6.89 seconds). . . a graduate of Wayne Central, Connelly competed in volleyball and track. . . earned Finger Lakes League all-star honors as a sprinter in track and finished

second in the Section Five Class BB meet in the 400-meter run. . . earned second-team all-league honors in volleyball.

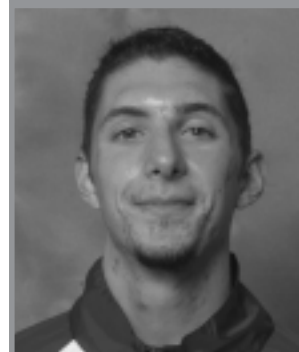
### LARRY DiCESARE Sophomore - Sauquoit, NY



Psychology major. . . son of Lawrence and Polly DiCesare, Sauquoit, N.Y. . . returning for his second season, DiCesare was among the Golden Flyers' top runners in 2003 and was the recipient of the team's Coaches Award. . . competed for the indoor and outdoor track and field teams and set school records in the indoor 3,000-meter run (9:53.72) and the outdoor 5,000-meter run (16:42.30). . . a graduate of Sauquoit Valley High School, DiCesare was a

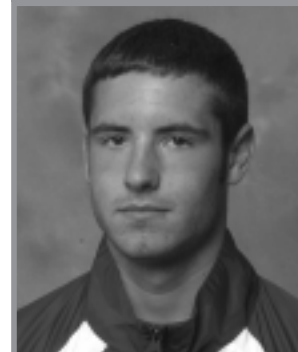
four-year member of the cross country team there. . . earned Center State Conference all-star honors and helped team to league, sectional, and state titles. . . also competed in track. . . recipient of scholar-athlete award.

### GLEN LABENSKI Senior - Derby, NY



Biochemistry major. . . son of Ron and Carol Labenski, Derby, N.Y. . . returning for his second season, Labenski is a graduate of Lake Shore Central. . . competed in cross country, track, and tennis there. . . recipient of Sportsmanship Award for cross country and member of the 300-mile club.

### MATT MAGUIRE Sophomore - Malone, NY



Business Administration major. . . son of Pat and Debbie Maguire, Malone, N.Y. . . returning for his second season, Maguire competed in indoor and outdoor track in addition to cross country last year. . . named team MVP for indoor track. . . set five school records, including outdoor marks for 800 meters (2:00.42) and 1,500 meters (4:15.32). . . a graduate of Franklin Academy in Malone, Maguire was a member of

the cross country team as well as the indoor and outdoor track and field teams. . . earned Northern Athletic Conference all-star honors in all three seasons.

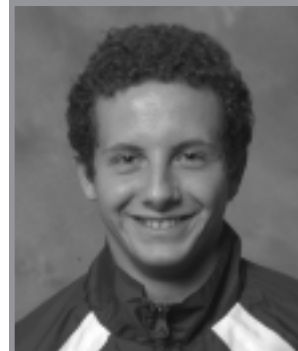
### GREG McMURRAY Sophomore - Canton, NY



History major. . . son of Mark and Patricia McMurray, Canton, N.Y. . . returning for his second season, McMurray was the 2003 recipient of cross country team's Captains Award . . . also competed as a member of indoor and outdoor track teams. . . a graduate of Hugh C. Williams High School in Canton, McMurray was a standout in cross country and track . . . was a two-time Northern Athletic Conference all-star in cross country

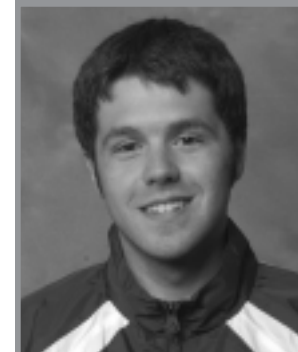
as team captured two Section 10 titles. . . finished second in Class B state meet in 2001. . . also earned all-NAC honors in the 4 x 800 relay in track.

### KIEL SICK Junior - Rochester, NY



History major. . . son of Doug and Anne Sick, Rochester, N.Y. . . returning for his second season, Sick is a graduate of Irondequoit High School, where he competed in cross country, skiing, and track. . . served as team captain and was selected team MVP in nordic skiing. . . recipient of team's Iron Man Award in cross country. . . helped track team to Section Five title in 2002. . . member of high school National Honor Society.

### BRADLEY WINN Sophomore - Rochester, NY



History major. . . son of Ken and Karen Winn, Rochester, N.Y. . . returning for his second season, Winn is a graduate of Rush-Henrietta High School. . . competed in cross country for four seasons and earned team's most improved runner honors in 2000. . . also competed in indoor and outdoor track. . . a member of the National Honor Society as well as the German National Honor Society.



Sophomore Craig Connelly competed in indoor and outdoor track in addition to cross country for the Golden Flyers last year.



Sophomore Matt Maguire was team MVP for indoor track in 2004.



### LIZ BURNS

**Sophomore - N.Tonawanda, NY**



Political Science major. . . daughter of Richard and Linda Burns, North Tonawanda, N.Y. . . enjoyed a strong first season for the Golden Flyers in 2003, earning team MVP honors as the team's top runner. . . earned second-team Empire 8 Conference all-star honors. . . placed 58th in NCAA Regional race with a time of 25:06 for 6,000 meters. . . competed for indoor and outdoor track teams and set school records for 800 and 1,500 meters

and for the 3,000-meter steeplechase. . . a graduate of Mount St. Mary Academy in Kenmore, Burns competed in cross country, track, and swimming. . . was captain and team MVP in cross country for two seasons and competed in the state meet in 2001 and 2002. . . also captain of the track team and was a three-time league champion in the 800-meter run. . . competed in the state meet three straight years.



*Sophomore Liz Burns was team MVP in 2003 and was a second-team Empire 8 Conference all-star.*

### ASHLEY DEZEN

**Sophomore - Penfield, NY**



History major. . . daughter of William and Gail Dezen, Penfield, N.Y. . . returning for her second season, Dezen is a graduate of Penfield High School. . . was a member of the National Honor Society there and was the recipient of the History Award and the Mount Holyoke Book Award.

### ELIZABETH JURKIEWICZ

**Sophomore - Syracuse, NY**



English major. . . daughter of Tom and Sandy Jurkiewicz, Syracuse, N.Y. . . returning for her second season, Jurkiewicz was the 2003 recipient of the cross country team's Coaches Award. . . a graduate of Westhill High in Syracuse, Jurkiewicz was a four-year member of the cross country team as well as the indoor and outdoor track and field teams. . . helped cross country team to Onondaga League titles in 2002

and 2003. . . a member of the Spanish National Honor Society. . . recipient of three Silver Key Awards for photography as well as State Fair Award and City of Syracuse Award.

### CAITLIN LOVE

**Junior - Jamesville, NY**

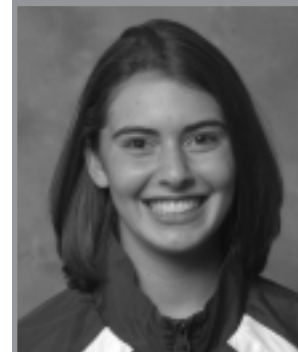


Biochemistry major. . . daughter of Judy and Nazareth coach Scott Love, Jamesville, N.Y. . . returning for her second season, Love was among the cross country team's top runners in 2003. . . a transfer from RIT and a graduate of Jamesville-DeWitt High School, Love competed in cross country and track there. . . served as team captain in cross country and helped team to four straight Onondaga High School League titles. . .

studied in Switzerland as an AFS exchange student.

### KELLY O'BRIEN

**Junior - Fairport, NY**



Mathematics major. . . daughter of Daniel F. and Sara J. O'Brien, Lake Worth, FL. . . returning for her second season, O'Brien is a graduate of Fairport High School and was a member of the cross country team there. . . served as team captain and recipient of scholar-athlete award. . . team won three Monroe County League titles. . . a member of the National Honor Society as well as the Spanish National Honor Society. . .

serves as secretary of the Nazareth College Math Club.

### KATIE RYAN

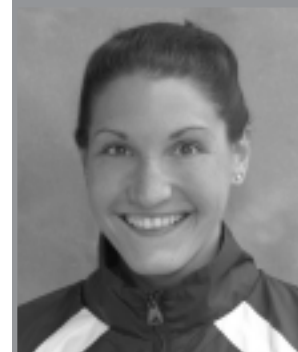
**Senior - East Amherst, NY**



Psychology major. . . daughter of Richard and Mary Ann Ryan, East Amherst, N.Y. . . returning for her second season, Ryan is a graduate of Clarence High School and was captain of the cheerleading team there. . . a member of the Dance Team at Nazareth. . . a member of the high school National Honor Society and the Freshman Honor Society at Nazareth.

### MEG SAXTON

**Senior - Pine City, NY**



Art Education major. . . daughter of Duane and Michelle Saxton, Pine City, N.Y. . . returning for her second season, Saxton ran well for the Golden Flyers last fall and was the 2003 recipient of the team's Captains' Award. . . a graduate of Elmira Southside High School, Saxton competed in cross country and track there. . . transferred to Nazareth last fall from Corning Community College. . . named to Dean's List at CCC and member

of high school National Honor Society. . . recipient of Daughters of the American Revolution Scholarship.

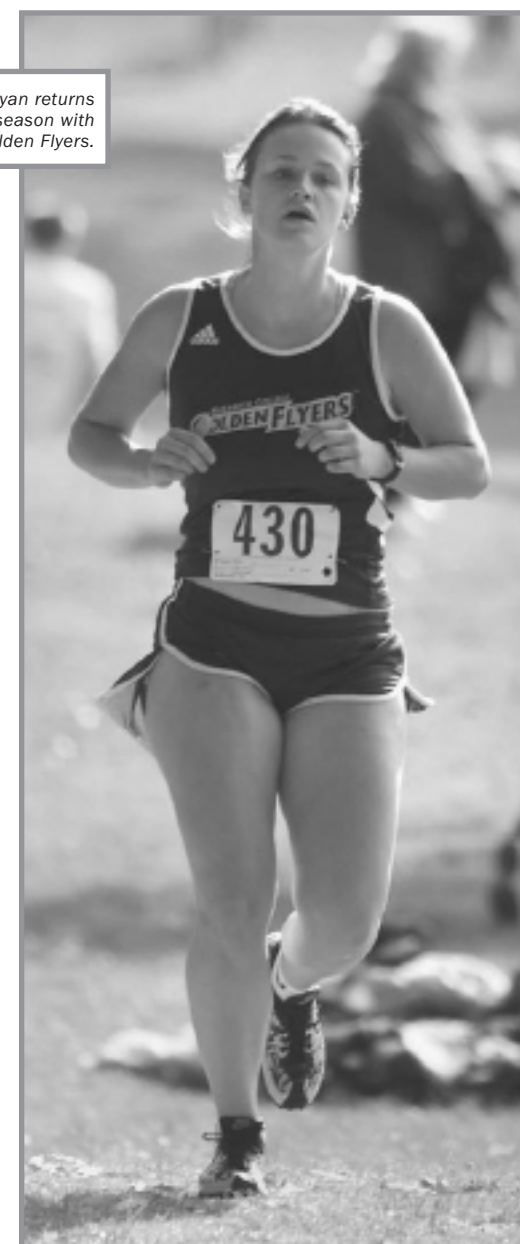
### MELISSA SCHUELER

**Junior - Newburgh, NY**



English major. . . daughter of John and Lisa Schueler, Newburgh, N.Y. . . returning for her second season, Schueler competed on the indoor and outdoor track teams in addition to cross country. . . recipient of Captains Award for outdoor track. . . a graduate of Valley Central in Montgomery, N.Y., Schueler competed in cross country and track for four seasons each.

*Senior Katie Ryan returns for her second season with the Golden Flyers.*







## 2004 Nazareth Cross Country

### Newcomers

#### MICHAEL ANDERSON



##### **MICHAEL ANDERSON**

###### **Freshman - Skaneateles, NY**

Biology major. . . son of Thomas and Kathleen Anderson, Skaneateles, N.Y. . . a graduate of Skaneateles High School, Anderson was a member of the cross country team as well as the indoor and outdoor track teams. . . recipient of cross country team's Most Improved Runner award for 2003. . . helped team win Onondaga League titles in 2000, 2001, and 2002.

#### BRENDAN EPSTEIN



##### **BRENDAN EPSTEIN**

###### **Freshman - Moravia, NY**

Biology major. . . son of Ed and Eileen Epstein, Moravia, N.Y. . . a graduate of Moravia High School, Epstein was a four-year standout in cross country there. . . qualified for the New York state meet three times and the NY Federation meet once. . . was Interscholastic Athletic Conference and Section Four champion in 2003. . . also competed in track. . . was member of National Honor Society and valedictorian for Moravia Class of 2004.

#### NATHAN CONNELLY



##### **NATHAN CONNELLY**

###### **Freshman - Cortland, N.Y.**

Music Education major. . . son of Stanley and Susan Connelly, Cortland, N.Y. . . a graduate of Cortland High School, Connelly was a member of the cross country team for four seasons. . . also competed in track.

#### PATRICK HUGHES



##### **PATRICK HUGHES**

###### **Freshman - Homer, NY**

Political Science major. . . son of Janie Hughes, Homer, N.Y. . . a graduate of Homer Central, Hughes was a standout in cross country and track there. . . ran four seasons of cross country and twice earned team MVP honors and was a first-team Onondaga League all-star in 2003. . . qualified for state meet in cross country and select meet in indoor track. . . a nine-time recipient of scholar-athlete award.

Golden Flyers competing at the UR Invitational last season at Genesee Valley Park.



## 2004 Nazareth Cross Country

### Newcomers



#### CHELSEA ANDERSON



##### **CHELSEA ANDERSON**

###### **Sophomore - Ontario, N.Y.**

Art Education major. . . daughter of David and Laurie Anderson, Ontario, N.Y. . . a graduate of Wayne Central, Anderson played two seasons of volleyball and one season of basketball there. . . also competed in club volleyball.

#### CAITLIN DONOVAN



##### **CAITLIN DONOVAN**

###### **Freshman - Oswego, NY**

French major. . . daughter of Timothy and Laura Donovan, Oswego, N.Y. . . a graduate of Oswego High School, Donovan competed in cross country and track for Coach Jim McCaul.

#### JESSICA BROWN

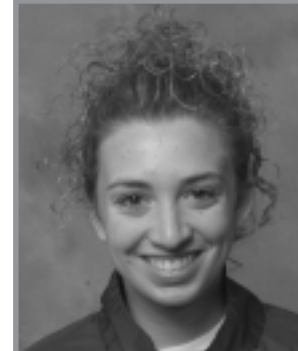


##### **JESSICA BROWN**

###### **Freshman - Oxford, NY**

Physical Therapy major. . . daughter of David Brown, Morrisville, N.Y. and Terri Fox, Oxford, N.Y. . . a graduate of Oxford Academy, Brown competed in track and tennis there. . . won league title in the 1,500-meter run and holds school record in that event (5:01.75) plus the 800-meter run (2:27.90). . . competed in singles and doubles in tennis and earned all-league honors in 2003. . . earned scholar-athlete award and U.S. Marine Corps Scholastic Excellence award. . . served as valedictorian for Class of 2004.

#### JENNIFER KATZ



##### **JENNIFER KATZ**

###### **Freshman - Spencerport, NY**

Undecided on major. . . daughter of Lou and Joanne Katz, Spencerport, N.Y. . . a graduate of Spencerport High School, Katz competed in cross country and track. . . served as team captain in cross country and earned second-team Monroe County League all-star honors. . . also was captain of indoor and outdoor track teams. . . member of National Honor Society.

#### MARY CANNITO



##### **MARY CANNITO**

###### **Freshman - Fulton, NY**

Spanish major. . . daughter of Frederick and Roberta Cannito, Fulton, N.Y. . . a graduate of J.C. Birdlebough High School in Phoenix, N.Y., Cannito competed for the indoor and outdoor track teams there. . . selected team MVP twice in indoor and once in outdoor. . . won Section Three indoor title in 55-meter hurdles. . . earned second-team Onondaga League all-star honors. . . an honor roll student, Cannito was the salutatorian for the Class of 2004.

#### BRIGID KILROY



##### **BRIGID KILROY**

###### **Freshman - Lockport, NY**

Physical Therapy major. . . daughter of Shawn and Anne Kilroy, Lockport, N.Y. . . a graduate of Lockport High School, Kilroy competed in cross country, track, and swimming. . . earned honorable mention all-league honors in cross country and helped team to two league titles. . . served as vice-president of National Honor Society.

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# 2004 Nazareth Cross Country

## Newcomers

### KIMBERLY KRULA

**KIMBERLY KRULA****Freshman - Oneida, NY**

English major. . . daughter of Zbigniew and Pamela Krula, Oneida, N.Y. . . a graduate of Oneida High School, Krula was a member of the cross country team for four seasons. . . earned team MVP honors in 2003. . . also competed in indoor and outdoor track and field and was chosen Tri-Valley League's

Outstanding Field Athlete for 2003 after winning shot put and discus titles. . . member of National Honor Society and salutatorian for Class of 2004

### RENEE PAPROCKI

**RENEE PAPROCKI****Freshman - Phoenix, AZ**

Spanish major. . . daughter of Carol Paprocki, Phoenix, Ariz. . . a graduate of North Canyon High School in Phoenix, Paprocki was a member of the track and field team for four seasons. . . earned team MVP honors.

### ELIZABETH PFLEGHARDT

**ELIZABETH PFLEGHARDT****Freshman - Tioga, NY**

Undecided on major. . . daughter of Michael and Carol Pflughardt, Tioga Center, N.Y. . . a graduate of Tioga Central, Pflughardt competed in cross country and track. . . was cross country team captain in 2002 and 2003 and was two-time team MVP. . . helped team to Interscholastic Athletic Conference division title in 2001. . . was track team captain for three years.

### ALLISON RUTHERFORD

**ALLISON RUTHERFORD****Freshman - Liverpool, NY**

Physical Therapy major. . . daughter of Courtney Rutherford, Baldwinsville, N.Y. and Barbara Sharak, Liverpool, N.Y. . . a graduate of Liverpool High School, Rutherford excelled in cross country and track. . . competed in the state meet for cross country and set six school records as a member of the

indoor and outdoor track teams. . . won Onondaga League title in the 1,500-meter run and won Section Three championship in the 4 x 800-meter relay. . . also holds school record in the 2,000-meter steeplechase.

### CHRISTEN STODDARD

**CHRISTEN STODDARD****Sophomore - Lockport, NY**

Communication Sciences and Disorders major. . . daughter of Calvin and Susan Stoddard, Lockport, N.Y. . . a graduate of Lockport High School, Stoddard ran cross country for four seasons there.



# 2004 Nazareth Cross Country

## 2003 Meet Results



### Golden Flyers 2003 Meet Results

**Harry Lang Invitational - Colgate University - Sept. 6, 2003**

**MEN'S RESULTS:** Colgate 13, Binghamton 27, Delhi 42, LeMoyne 71, Nazareth 73, Morrisville 83, Niagara 97

**Nazareth finishers (8 kilometers):** 17. David Allen 28:35; 21. Greg McMurray 29:19; 22. Larry DiCesare 29:27; 38. Matt Maguire 31:44; 39. David Kvam 31:54

**WOMEN'S RESULTS:** Colgate 11, LeMoyne 32, Nazareth 43, Cazenovia 50

**Nazareth finishers (4.2 kilometers):** 4. Liz Burns 18:40; 16. Caitlin Love 21:14; 17. Megan Saxton 21:15; 19. Elizabeth Jurkiewicz 21:53; 21. Beth Hamelinck 21:56; 22. Ashley Dezen 22:13; 25. Melissa Schueler 23:36; 27. Angela Elovaris 23:57; 29. Laurie Worthington 25:42; 31. Katie Ryan 25:59

**Allegheny Invitational - Meadville, Pa. - Sept. 20, 2003**

**MEN'S RESULTS:** Allegheny 44, Case Western 44, Rochester 67, Grove City 116, Fredonia 122, Penn State Behrend 153, Westminster 172, Hiram 235, Nazareth 256, University of Pittsburgh-Greenville 308, Thiel 340, Goucher 364, Lake Erie 410

**Nazareth finishers (8 kilometers):** 41. David Allen 28:59; 44. Greg McMurray 29:06; 48. Larry DiCesare 29:29; 60. Matt Maguire 30:20; 63. David Kvam 30:40; 74. Bradley Winn 33:21; 76. Jim Rolince 33:52

**WOMEN'S RESULTS:** Allegheny 28, Penn State Behrend 59, Rochester 109, Carnegie Mellon 118, Case Western 142, Grove City 155, Fredonia 179, Hiram 223, Franciscan 239, Westminster 288, Nazareth 323, Goucher 326, Thiel 362, Lake Erie 411, Pitt-Greenville 427

**Nazareth finishers (6 kilometers):** 39. Liz Burns 26:13; 63. Megan Saxton 28:27; 66. Caitlin Love 28:52; 74. Beth Hamelinck 29:18; 81. Ashley Dezen 30:26; 84. Elizabeth Jurkiewicz 30:43; 87. Angela Elovaris 31:27

**Western Ontario Invitational - Thames Valley Golf Course - Sept. 27, 2003**

**MEN'S RESULTS:** Windsor Lancers 27, Central Michigan Chippewas 57, Guelph Gryphons 102, Dalhousie Tigers 121, Eastern Michigan Eagles 153, Western Mustangs 168, Queen's Golden Gaels 184, Waterloo Warriors 216, Toronto Blues 256, McGill Martlets 262, Detroit Mercy Titans 273, McMaster Marauders 322, York Lions 354, Nazareth 411, WLU Golden Hawks 455, Brock Badgers 486

**Nazareth finishers (10 kilometers):** 71. David Allen 36:49; 77. Greg McMurray 37:39; 80. Larry DiCesare 38:04; 82. David Kvam 38:07; 101. Craig Connelly 42:51; 102. Jim Rolince 43:09; 103. Bradley Winn 43:25

**WOMEN'S RESULTS:** Queens Golden Gaels 77, Western Mustangs 78, Guelph Gryphons 80, Dalhousie Tigers 147, Toronto Blues 165, Laurentian Voyageurs 190, McGill Martlets 199, Windsor Lancers 213, Eastern Michigan Eagles 217, Waterloo Warriors 245, WLU Golden Hawks 300, York Lions 306, McMaster Marauders 369, Brock Badgers 371, Detroit Mercy Titans 374, Nazareth 487

**Nazareth finishers (5 kilometers):** 73. Liz Burns 21:01; 101. Caitlin Love 23:49; 102. Megan Saxton 23:54; 105. Beth Hamelinck 24:42; 106. Ashley Dezen 24:48; 107. Elizabeth Jurkiewicz 25:59; 108. Laurie Worthington 26:59

**Rochester Invitational - Genesee Valley Park - Oct. 18, 2003**

**MEN'S RESULTS:** Lock Haven 21, Genesee 61, Rochester 110, Brockport 116, Mansfield 134, Baldwin-Wallace 164, Oswego 168, Nazareth 225,

**Nazareth finishers (8 kilometers):** 51. Larry DiCesare 28:11; 58. Greg McMurray 28:34; 59. David Allen 28:34; 69. David Kvam 29:07; 88. Matt Maguire 31:01; 90. Jim Rolince 31:07; 92. Bradley Winn 31:31; 93. Craig Connelly 31:38

**WOMEN'S RESULTS:** Baldwin-Wallace 42, Brockport 75, Genesee 77, Mansfield 90, Lock Haven 116, Rochester 136, Nazareth 201

**Nazareth finishers (6 kilometers):** 20. Liz Burns 25:02; 69. Caitlin Love 28:34; 78. Elizabeth Jurkiewicz 30:32; 79. Ashley Dezen 30:43; 84. Melissa Schueler 32:32; 86. Angela Elovaris 32:41; 88. Katie Ryan 33:20

**NYSCTC Meet - Saratoga State Park - Nov. 8, 2003**

**MEN'S RESULTS:** Genesee 38, St. Lawrence 62, Ithaca 76, RIT 119, Alfred 157, Rochester 163, Brockport 190, Rensselaer 246, Oswego 251, Hamilton 287, Fredonia 296, Buffalo State 305, Nazareth 381, Union 437, Hartwick 442

**Nazareth finishers (8 kilometers):** 63. Larry DiCesare 27:53; 90. Greg McMurray 28:48; 91. David Kvam 28:49; 96. David Allen 28:57; 119. Matt Maguire 30:31; 121. Jim Rolince 30:39; 123. Bradley Winn 30:42; 130. Craig Connelly 32:02

**WOMEN'S RESULTS:** Ithaca 56, Genesee 59, St. Lawrence 77, NYU 119, Brockport 134, Rensselaer 209, Fredonia 214, Hamilton 227, RIT 259, Rochester 262, Buffalo State 290, Alfred 312, Hartwick 340, Union 359, Nazareth 421

**Nazareth finishers (5 kilometers):** 47. Liz Burns 19:47; 112. Megan Saxton 22:02; 118. Beth Hamelinck 22:34; 121. Caitlin Love 22:56; 128. Melissa Schueler 23:37; 131. Elizabeth Jurkiewicz 23:44; 133. Ashley Dezen 23:52; 135. Angela Elovaris 23:52

**NCAA Division III Atlantic Regionals - Letchworth State Park - Nov. 15, 2003**

**MEN'S RESULTS:** Genesee 47, College of New Jersey 63, New York University 101, St. Lawrence 116, Ithaca 166, Plattsburgh 166, Alfred 235, U.S. Merchant Marine 277, RIT 286, Brockport 319, Rochester 348, Rowan 392, Vassar 403, Rensselaer 411, Cortland 417, Oswego 471, Hamilton 487, Oneonta 490, Clarkson 505, Kean 528, New Paltz 579, Richard Stockton 588, Buffalo State 605, Hunter 671, Nazareth 706, Stevens Tech 742, Hartwick 820, Union 839, Hobart 883, Rutgers-Camden 915

**Nazareth finishers (8,000 meters):** 104. David Allen 27:44; 123. Larry DiCesare 28:08; 131. Greg McMurray 28:17; 165. David Kvam 29:05; 183. Matt Maguire 30:09; 190. Jim Rolince 30:47; 191. Craig Connelly 30:51

**WOMEN'S RESULTS:** College of New Jersey 46, Ithaca 98, Genesee 100, St. Lawrence 109, NYU 165, Brockport 205, Cortland 210, Vassar 280, Rensselaer 306, Fredonia 328, Rowan 347, Rochester 364, Clarkson 388, RIT 410, Alfred 432, Hamilton 471, Oneonta 485, Plattsburgh 496, Buffalo State 499, William Smith 547, New Paltz 565, Potsdam 604, Hartwick 625, Union 630, Stevens Tech 676, Richard Stockton 680, Rutgers-Camden 703, Nazareth 743, Hunter 798, Cazenovia 887

**Nazareth finishers (6,000 meters):** 58. Liz Burns 25:06; 163. Megan Saxton 28:35; 167. Caitlin Love 28:48; 174. Ashley Dezen 30:01; 181. Elizabeth Jurkiewicz 31:05; 182. Melissa Schueler 31:24; 186. Angela Elovaris 33:17





# 2004 Nazareth Cross Country

## Nazareth College Information



### About Nazareth College

Nazareth College is a private, co-educational college with a liberal arts and sciences core. Founded in 1924 by the Sisters of St. Joseph, Nazareth has been independent for more than 30 years.

### Nazareth’s Athletic Mission and Philosophy

The Nazareth College Athletic Department will strive to empower its student-athletes to grow as people and make a positive impact on society, with life-skills development, mentoring, and leadership opportunities through competitive and cooperative experiences.

The Athletic Department is committed to assisting in the college’s mission of educating students with a goal of fostering lifelong commitment to intellectual, ethical and aesthetic values. The Athletic Department will operate under firm institutional control of the college and will always place the health and welfare of the student-athletes, coaches and staff first in decisions regarding the athletics program.

The department will operate under the NCAA Division III philosophy, through which academics are the student’s first priority and sportsmanship, fair play, diversity and ethical conduct are constantly taught and promoted.

### Campus Expansion

In 2000, Nazareth contracted to purchase 73 acres of property and buildings adjacent to the current campus from the college’s founders, the Sisters of St. Joseph. This opportunity doubles the size of the campus and will enable the college to shape its future in ways previously unimaginable.

A three-phase master plan that will be implemented over the next five to seven years, will integrate the existing campus with the newly acquired property into one seamless and architecturally consistent landscape. New academic programs, including a Master of Arts in Liberal Studies, a four-year Bachelor of Science in Nursing program, and Information Technology have been joined by new athletic programs in cross country, equestrian, men’s soccer, and track and field.

Undergraduate enrollment is projected to reach 2,000 students within the next five years.

### Faculty

Full-time	140
Part-time	69
Student/Faculty Ratio	12:1

Ninety-four percent of full-time faculty have received the highest professional degree in their field.

### Enrollment

Full-time undergraduate enrollment for the fall of 2004 will be approximately 1,800. That number increases to about 3,200 with the inclusion of part-time and graduate students. There are more than 1,150 students living on campus.

The 2004-05 freshman class had a mean SAT score of 1140. Over 33 percent finished in the top 10 percent of their high school graduating class; 70 percent ranked in the top 25 percent.

### Expenses

2004-05 Tuition	\$18,040
Room and board (various plans available)	\$7,700
Fees	\$636
<b>Total</b>	<b>\$26,376</b>

### Academic Highlights

- During the past 16 years, 27 Nazareth students have won Fulbright grants to carry out research, teach, and study in 13 countries around the world. Few colleges and universities in the nation can match Nazareth’s record of preparing students for success in the Fulbright competition—the U.S. government’s most prestigious scholarship program.
- Nazareth has a distinguished history of teacher preparation with nearly 1,700 graduates currently teaching in Monroe County classrooms.
- Nazareth features an array of health professions programs, including a Bachelor of Science in Nursing, Music Therapy, Art Therapy, Speech-Language Pathology, and Physical Therapy.
- The Nazareth College Arts Center, which houses the departments of Theatre Arts, Music, and Art, has welcomed more than two million people to performances since it opened in 1967.

### Community Service

Ninety-one percent of Nazareth undergraduates participate in community service projects while they are students. In addition, Nazareth offers an on-campus Center for Service Learning, which serves as a resource for students seeking volunteer placements and for faculty who want to incorporate service into the curriculum.

### Alumni

Seventy-five percent of Nazareth’s 23,000 alumni reside in New York state. Nearly 70 percent are employed in service professions including education, health care, child care, social work, and counseling.

### Athletic Highlights

- The average grade-point average of student-athletes for the spring 2004 semester was 3.06.
- A member of the National Collegiate Athletic Association, Nazareth has 21 intercollegiate teams that compete at the Division III level. Nazareth also competes in the Empire 8 Conference with Alfred, Elmira, Hartwick, Ithaca, RIT, St. John Fisher, and Utica.
- Nazareth’s men’s lacrosse team won national championships in 1992, 1996, and 1997.
- Nazareth finished 74th in the NACDA (National Association of Collegiate Directors of Athletics) standings for Division III for in 2003-04 for its second highest finish ever. The Golden Flyers were represented in NCAA Tournaments in women’s soccer, men’s lacrosse, and women’s lacrosse. Nazareth also claimed Empire 8 Conference titles in men’s soccer, women’s soccer, women’s soccer, men’s golf, and men’s lacrosse.

### Admission

Contact the Nazareth Admissions Office at (585)389-2860 or toll-free at (800)462-3944 to find out more about the admission process, including financial aid opportunities, to attend an open house, or to arrange for a campus tour.



# 2004 Nazareth Cross Country

## Track & Field Schedule

### 2004-2005 Golden Flyers Track & Field Schedule

<i>Date</i>	<i>Event</i>	<i>Track/Field</i>	<i>Location</i>
December 4	Early Bird Invitational	University of Rochester	Rochester, NY
December 11	RIT Invitational	RIT	Rochester, NY
January 15	Yellow Jacket Invitational	University of Rochester	Rochester, NY
January 23	Hamilton Invitational	Hamilton College	Clinton, NY
January 29	Saints Indoor Invitational	St. Lawrence University	Canton, NY
February 5	RIT Invitational	RIT	Rochester, NY
February 12	Robert Crane Invitational	Cornell University	Ithaca, NY
February 20	NYSCTC/Empire 8 Multis	Union College	Schenectady, NY
February 25-26	NYSCTC/Empire 8 Championships	RIT	Rochester, NY
March 4-5	ECACs	TBA	
March 11 – 12	NCAAs	Illinois Wesleyan University	Bloomington, Illinois
March 19 – 27	TBA	Spring Break	Dublin, IRE
April 2	Muhlenberg Invitational	Muhlenberg College	Allentown, PA
April 9	Yellow Jacket Invitational	University of Rochester	Rochester, NY
April 16	Hamilton Invitational	Hamilton College	Clinton, NY
<b>April 23</b>	<b>Golden Flyer Invitational</b>		<b>HOME</b>
April 30	RIT Invitational	RIT	Rochester, NY
May 7-8	NYSCTC/Empire 8 Multis	Ithaca College	Ithaca, NY
May 13-14	NYSCTC/Empire 8 Championships	University of Rochester	Rochester, NY
May 20-21	ECACs	TBA	
May 26-28	NCAAs	Wartburg College	Waverly, Iowa

