

NAZARETH COLLEGE

Golden Flyers

Women's Cross Country 2023

Name	Yr.	Ht.	High School/Hometown
Paige Ackley	Sr.	5-6	Waverly/Waverly, NY
Ava Baker	Fr.	5-3	Canastota/Canastota, NY
Kennedy Doran	Fr.	5-1	Lockport/Lockport, NY
Kelsey Fahy	Fr.	5-3	Victor/Victor, NY
Lilianna Hanning	Sr.	5-1	Bishop Kearney/Rochester, NY
Natalie Hurd	Fr.	5-4	Vernon-Verona-Sherrill/Verona, NY
Ella Impaglia	So.	5-5	Gouverneur/Gouverneur, NY
Erika Irwin	Fr.	5-2	Guilderland/Guilderland, NY
Meghan Moyer	Fr.	5-6	Liverpool/Liverpool, NY
Morgan Pospiech	Fr.	5-3	Fairport/Fairport, NY
Lauren Smith	Fr.	5-2	Maine-Endwell/Endwell, NY
Bailey Visingard	Fr.	5-2	Victor/Victor, NY
Emily Weaver	Gr.	5-3	Hannibal/Martville, NY
Emma Wendt	Fr.	5-8	Guilderland/Schenectady, NY

HEAD COACH: Mike Heymann

DIRECTOR OF TRACK & FIELD OPERATIONS: James Goss

ASSISTANT COACH: Patrick Healy