

NAZARETH COLLEGE**Golden Flyers****Women's Cross Country 2016**

Name	Yr.	Ht.	High School/Hometown
Jamie DiSalvo	Sr.	5-6	Hugh C. Williams/Canton, NY
Danielle Foeller	So.	5-1	Byron-Bergen/Bergen, NY
Samantha Goble	Jr.	5-1	Waverly/Waverly, NY
Claire Ludington	Jr.	5-10	Webster Schroeder/Webster, NY
Megan Menz	Fr.	5-4	Fayetteville-Manlius/Manlius, NY
Sage Miller	So.	5-1	Lake Placid/Wilmington, NY
Eileen Shea	So.	5-2	Our Lady of Lourdes/Poughkeepsie, NY
Emily Thompson	Sr.	5-1	C.W. Baker/Baldwinsville, NY

HEAD COACH: James Goss**ASSISTANT COACH:** Mike Heymann