Golden Flyer Track & Field Women's Stadium Records

EVENT	RECORD	NAME	SCHOOL	DATE
100m	12.50	Samantha Mitchell	RIT	4/19/08
200m	25.62	Marcia McCord	Ithaca	4/19/08
400m	59.24	Marcia McCord	Ithaca	4/19/08
800m	2:17.23	Amy McCasland	Plattsburgh State	4/7/12
1500m	4:52.16	Savannah Boucher	Mohawk Valley CC	4/7/12
5000m	18:10.00	Jessica VanBinsbergen	Univ. of Rochester	4/22/06
10,000m	39:59.50	Sara Pancoast	RIT	4/22/06
100m Hurdles	14.42	Emma Dewart	Ithaca	5/1/11
400m Hurdles	1:05.99	Joanne TeRiele	Plattsburgh State	4/7/12
3000m Steeplechase	12:02.51	Heidi Baumbach	Ithaca	4/19/08
400m Relay	49.36	---	RIT	4/19/08
1600m Relay	4:05.35	---	Oswego State	4/7/12
Long Jump	5.63	Taylor Pierson	Nazareth	4/6/13
Triple Jump	11.10	Alyssa Figeuroa	Houghton	4/6/13
High Jump	1.63	Emma Dewart	Ithaca	4/19/08
Pole Vault	3.25	Brittany DalCais	Oswego State	4/7/12
Shot Put	10.88	Julia Hopson	Fredonia State	4/22/06
Discus	47.88	Marie-Josee Le Jour	Unattached	4/7/12
Javelin	37.02	Ashley Dlubac	Ithaca	4/19/08
Hammer	45.83	Jamie Morey	RIT	4/19/08
Heptathlon	4842	Emma Dewart	Ithaca	5/2/11