

**Empire 8 Championships**  
**Hosted By Nazareth College - 4/22/2017**  
**Results**

**Men 100 Meter Dash**

**Meet:** 10.57 # 4/23/2016 Nicodemus Gambill  
**Facility:** 10.98 \* 4/9/2017 Jalen Law  
**ECAC:** 11.11 @

| Name                        | Yr | School          | Prelims      |
|-----------------------------|----|-----------------|--------------|
| <b>Preliminaries</b>        |    |                 |              |
| 1 Nicodemus Gambill         | JR | Utica           | @ 11.00Q-0.9 |
| 2 Alex Kainer               | SO | Stevens Inst.   | 11.15Q0.7    |
| 3 Andrew Loth               | FR | Stevens Inst.   | 11.55Q-1.9   |
| 4 Jake Dombek               | SO | Ithaca          | 11.58q -1.9  |
| 5 Christian St. Amour       | SR | Utica           | 11.65q -1.9  |
| 6 Brian Fratto              | SR | Stevens Inst.   | 11.66q 0.7   |
| 7 Philip Cruz-Rodriguez     | FR | Utica           | 11.70q -0.9  |
| 8 Elliott Place             | SO | Ithaca          | 11.71q -1.9  |
| 9 Evan Kainer               | SO | Stevens Inst.   | 11.77 -0.9   |
| 10 Carlton Woodie           | JR | Utica           | 11.77 0.7    |
| 11 Joshua Lambert           | FR | St. John Fisher | 11.78 0.7    |
| 12 Kyle Davis               | SO | Ithaca          | 11.91 0.7    |
| 13 Roosevelt Lee            | SR | Ithaca          | 11.96 -1.9   |
| 14 Jervon Harrison          | FR | Nazareth        | 11.98 0.7    |
| 15 Spencer Cameron-Pressley | SO | Alfred          | 11.98 -0.9   |
| 16 Peter McGowan            | SO | Ithaca          | 12.10 -1.9   |
| 17 Justin Brister           | FR | Utica           | 12.11 -0.9   |
| 18 Sean Reardon             | FR | Ithaca          | 12.20 -0.9   |
| 19 Brian Jefferson          | SO | Stevens Inst.   | 12.34 -0.9   |
| 20 Jacob Dougall            | FR | Nazareth        | 12.40 0.7    |
| 21 Kyle Swiecki             | SO | Utica           | 12.52 -0.9   |
| 22 Kyrell Johnson           | FR | St. John Fisher | 12.62 -1.9   |

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**Meet:** 10.57 # 4/23/2016 Nicodemus Gambill  
**Facility:** 10.98 \* 4/9/2017 Jalen Law  
**ECAC:** 11.11 @

| Name                    | Yr | School        | Finals    |
|-------------------------|----|---------------|-----------|
| <b>Finals</b>           |    |               |           |
| 1 Nicodemus Gambill     | JR | Utica         | 10.57# 10 |
| 2 Alex Kainer           | SO | Stevens Inst. | 11.02@ 8  |
| 3 Christian St. Amour   | SR | Utica         | 11.27 6   |
| 4 Andrew Loth           | FR | Stevens Inst. | 11.27 4   |
| 5 Brian Fratto          | SR | Stevens Inst. | 11.35 2   |
| 6 Elliott Place         | SO | Ithaca        | 11.38 1   |
| 7 Philip Cruz-Rodriguez | FR | Utica         | 11.46 0.5 |
| 8 Jake Dombek           | SO | Ithaca        | 14.25 0.5 |

**Men 200 Meter Dash**

**Meet:** 21.72 # 4/19/2015 Nicodemus Gambill  
**Facility:** 21.78 \* 4/9/2017 Jalen Law  
**ECAC:** 22.35 @

| Name                  | Yr | School        | Finals    |
|-----------------------|----|---------------|-----------|
| <b>Finals</b>         |    |               |           |
| 1 Nicodemus Gambill   | JR | Utica         | 21.68# 10 |
| 2 Alex Kainer         | SO | Stevens Inst. | 22.16@ 8  |
| 3 Dan Harden-Marshall | FR | Ithaca        | 22.39 6   |
| 4 Kevin Gangemi       | SO | Utica         | 22.56 4   |

|                          |    |                 |            |
|--------------------------|----|-----------------|------------|
| 5 Nick Dimaria           | FR | Stevens Inst.   | 22.73 2    |
| 6 Andrew Loth            | FR | Stevens Inst.   | 22.75 1    |
| 7 Christian St. Amour    | SR | Utica           | 22.85 -0.8 |
| 8 Evan Jones             | FR | Ithaca          | 22.86 1.1  |
| 9 Alex Luckoo            | SO | Utica           | 22.93 1.1  |
| 10 Philip Cruz-Rodriguez | FR | Utica           | 22.94 1.1  |
| 11 Elliott Place         | SO | Ithaca          | 23.00 1.1  |
| 12 Brian Fratto          | SR | Stevens Inst.   | 23.09 1.1  |
| 13 Rah'mire Logan        | SO | Utica           | 23.25 -0.8 |
| 14 Roosevelt Lee         | SR | Ithaca          | 23.56 1.1  |
| 15 Peter McGowan         | SO | Ithaca          | 23.68 -1.1 |
| 16 Jervon Harrison       | FR | Nazareth        | 24.10 1.1  |
| 17 Leland Roberts        | FR | Houghton        | 24.13 -1.1 |
| 18 John Woodworth        | SO | St. John Fisher | 24.19 -1.1 |
| 19 Jacob Dougall         | FR | Nazareth        | 24.94 -1.1 |
| 20 Matthew Wallace       | FR | Houghton        | 25.20 -1.1 |
| 21 Kyrell Johnson        | FR | St. John Fisher | 25.20 -1.1 |
| 22 Joel Goetz            | FR | Houghton        | 25.44 -1.1 |

**Men 400 Meter Dash**

**Meet:** 48.79 # 2007 Brandon Wheeler  
**Facility:** 48.16 \* 4/9/2017 Peter Girardi  
**ECAC:** 50.10 @

| Name                    | Yr | School          | Finals    |
|-------------------------|----|-----------------|-----------|
| <b>Finals</b>           |    |                 |           |
| 1 Peter Girardi         | JR | St. John Fisher | 47.35* 10 |
| 2 Dan Harden-Marshall   | FR | Ithaca          | 48.54# 8  |
| 3 Nick LaBarbera        | JR | Nazareth        | 49.13@ 6  |
| 4 Kevin Gangemi         | SO | Utica           | 49.47@ 4  |
| 5 Derek Howes           | SO | Ithaca          | 49.71@ 2  |
| 6 Nick Dimaria          | FR | Stevens Inst.   | 49.85@ 1  |
| 7 Nick Proper           | SO | Utica           | 49.86@    |
| 8 Zach Andrews          | SR | Stevens Inst.   | 49.95@    |
| 9 Brenden Moore         | FR | Utica           | 50.78     |
| 10 Rob Greenwald        | FR | Ithaca          | 50.99     |
| 11 Raouf Laadem         | FR | Stevens Inst.   | 51.09     |
| 12 Gerardo Munoz-Celada | JR | Ithaca          | 51.18     |
| 13 Evan Jones           | FR | Ithaca          | 51.51     |
| 14 Dean Howard          | FR | Utica           | 51.91     |
| 15 Jenoy Merchant       | SR | Nazareth        | 52.11     |
| 16 Aaron Smith          | SO | Ithaca          | 52.15     |
| 17 Will Baggs           | FR | Houghton        | 52.28     |
| 18 Ulysses Sepulveda    | SO | Utica           | 54.30     |

**Men 800 Meter Run**

**Meet:** 1:51.73 # 2006 Nick Stenuf  
**Facility:** 1:52.69 \* 4/11/2016 Ben Griffin  
**ECAC:** 1:55.24 @

| Name             | Yr | School        | Finals      |
|------------------|----|---------------|-------------|
| <b>Finals</b>    |    |               |             |
| 1 Cory McCarty   | SR | Houghton      | 1:54.87@ 10 |
| 2 Erik Diehl     | JR | Alfred        | 1:55.70 8   |
| 3 Tom Selvaggi   | SO | Stevens Inst. | 1:56.70 6   |
| 4 Daniel Hart    | SO | Ithaca        | 1:57.00 4   |
| 5 Matt Battaglia | SR | Nazareth      | 1:57.81 2   |
| 6 Nick Zickgraf  | SR | Stevens Inst. | 1:58.38 1   |

**Empire 8 Championships**  
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**Results**

**Finals ... (Men 800 Meter Run)**

| Name                 | Yr | School          | Finals  |
|----------------------|----|-----------------|---------|
| 7 James Felice       | JR | St. John Fisher | 1:59.09 |
| 8 Erik Gleba         | JR | Utica           | 1:59.42 |
| 9 Erik Winberg       | SR | Utica           | 1:59.58 |
| 10 Pat Robertson     | FR | Ithaca          | 2:00.16 |
| 11 Dan Burdo         | FR | Houghton        | 2:00.67 |
| 12 Jacob Murray      | SR | Nazareth        | 2:01.26 |
| 13 Logan Winningham  | FR | Ithaca          | 2:01.68 |
| 14 Jeremy Savlov     | FR | Stevens Inst.   | 2:01.93 |
| 15 Joseph Topa       | SO | Utica           | 2:02.49 |
| 16 Luke Skorka       | FR | Stevens Inst.   | 2:03.66 |
| 17 Kyle McDermott    | SO | Stevens Inst.   | 2:04.39 |
| 18 Sammie Adarkwa    | JR | Utica           | 2:04.48 |
| 19 Tyler Sutton      | SO | Utica           | 2:05.27 |
| 20 Matthew Gostomski | SO | Houghton        | 2:06.26 |
| 21 Matthew Wallace   | FR | Houghton        | 2:07.17 |
| 22 Michael Lee       | JR | St. John Fisher | 2:07.53 |
| 23 brenden Parillo   | FR | Alfred          | 2:07.94 |
| 24 Ryan Little       | SO | Stevens Inst.   | 2:08.27 |
| 25 Aaron Eisenhardt  | SR | Houghton        | 2:11.14 |
| 26 David Samet       | FR | Utica           | 2:11.68 |
| 27 Kyle Gallo        | JR | Alfred          | 2:11.77 |
| 28 Mathew Roder      | JR | Alfred          | 2:11.81 |
| --- Jordan Schools   | SO | Alfred          | DNF     |

**Men 1500 Meter Run**

Meet: 3:53.53 # 2007 Nick Stenuf  
 Facility: 3:54.50 \* 4/9/2017 Cooper Roach  
 ECAC: 4:00.00 @

| Name                 | Yr | School          | Finals     |
|----------------------|----|-----------------|------------|
| <b>Finals</b>        |    |                 |            |
| 1 Nick Zickgraf      | SR | Stevens Inst.   | 4:01.14 10 |
| 2 Mitchell Marlow    | FR | Utica           | 4:02.29 8  |
| 3 James Felice       | JR | St. John Fisher | 4:02.41 6  |
| 4 Sean Phillips      | SR | Ithaca          | 4:03.00 4  |
| 5 Pat Robertson      | FR | Ithaca          | 4:04.54 2  |
| 6 Mathew Roder       | JR | Alfred          | 4:08.78 1  |
| 7 Jeremy Savlov      | FR | Stevens Inst.   | 4:11.09    |
| 8 Jack Wessel        | SO | Nazareth        | 4:12.13    |
| 9 Nick Ashton        | SO | Utica           | 4:16.50    |
| 10 Michael Lee       | JR | St. John Fisher | 4:18.60    |
| 11 Ryan Little       | SO | Stevens Inst.   | 4:18.62    |
| 12 Matthew Gostomski | SO | Houghton        | 4:19.68    |
| 13 Kyle McDermott    | SO | Stevens Inst.   | 4:20.62    |
| 14 Henry Cangialosi  | FR | Utica           | 4:31.49    |

**Men 5000 Meter Run**

Meet: 14:53.75 # 2006 Fontana Fluke  
 Facility: 15:04.70 \* 4/11/2016 Kyle Collins  
 ECAC: 15:20.00 @

| Name               | Yr | School          | Finals       |
|--------------------|----|-----------------|--------------|
| <b>Finals</b>      |    |                 |              |
| 1 Chuck Collins    | SR | St. John Fisher | 15:05.49@ 10 |
| 2 McQuade Milligan | JR | St. John Fisher | 15:10.85@ 8  |
| 3 Jesse Capellaro  | SR | Ithaca          | 15:24.80 6   |

|                      |    |                 |            |
|----------------------|----|-----------------|------------|
| 4 Tim Chappell       | JR | Ithaca          | 15:30.25 4 |
| 5 Kevin Dixon        | SR | Alfred          | 15:32.81 2 |
| 6 Garrett Bampos     | FR | Ithaca          | 15:35.48 1 |
| 7 Chris Tinti        | FR | Ithaca          | 15:56.03   |
| 8 Daniel Cleary      | SR | St. John Fisher | 16:00.59   |
| 9 Greyson Strouse    | JR | Stevens Inst.   | 16:07.13   |
| 10 Phil Chapel       | JR | Stevens Inst.   | 16:13.42   |
| 11 Adam Sisson       | SO | Stevens Inst.   | 16:16.89   |
| 12 Brian Attas       | JR | Utica           | 16:28.69   |
| 13 Liam Rodgers      | SO | Utica           | 16:42.18   |
| 14 Shane Connor      | SR | Ithaca          | 16:43.94   |
| 15 Bernard Daoust    | FR | St. John Fisher | 16:45.29   |
| 16 Nick Schug        | JR | St. John Fisher | 16:46.36   |
| 17 Brandon Eagle     | SO | Utica           | 16:54.87   |
| 18 Dylan Peters      | FR | Stevens Inst.   | 17:02.83   |
| 19 Alexander Schmitt | JR | St. John Fisher | 17:08.82   |
| 20 Alex Klein        | FR | Ithaca          | 17:17.60   |
| 21 Tommy Lannon      | SR | Nazareth        | 17:17.96   |
| 22 Charles Eastey    | SO | Houghton        | 17:33.80   |
| 23 Isaac Birmingham  | FR | Houghton        | 17:59.06   |
| 24 John Vernick      | FR | Houghton        | 18:02.67   |
| 25 Christian Arbour  | FR | Houghton        | 18:11.45   |
| 26 Daniel Schulz     | SR | Houghton        | 18:15.06   |

**Men 110 Meter Hurdles**

Meet: 14.55 # 4/23/2016 Peter Girardi  
 Facility: 14.91 \* 4/9/2017 Eddie Mahana  
 ECAC: 15.87 @

| Name                 | Yr | School          | Prelims      |
|----------------------|----|-----------------|--------------|
| <b>Preliminaries</b> |    |                 |              |
| 1 Eddie Mahana       | FR | St. John Fisher | @ 15.42Q-0.2 |
| 2 Steve McNally      | SO | Stevens Inst.   | 16.03Q0.4    |
| 3 Seth Spicer        | JR | Alfred          | 16.23Q0.4    |
| 4 Seth Abbott        | JR | Ithaca          | 16.10q -0.2  |
| 5 Dan Kaba           | FR | Stevens Inst.   | 16.14q 0.4   |
| 6 Andrew Ward        | SR | Ithaca          | 16.32q 0.4   |
| 7 Chase Swetland     | SO | Alfred          | 16.56q -0.2  |
| 8 Moe Shokry         | SR | Stevens Inst.   | 16.66q 0.4   |
| 9 Chase Pecoraro     | FR | Utica           | 17.35 0.4    |
| 10 Noah Cohen        | JR | Ithaca          | 17.62 0.4    |
| 11 Vincent Russo     | FR | Stevens Inst.   | 17.83 -0.2   |
| 12 Jordan Smith      | SO | Utica           | 18.14 0.4    |
| 13 Kashawn Stroman   | FR | Utica           | 18.29 0.4    |
| 14 Connor Florczyk   | FR | Ithaca          | 18.41 0.4    |
| 15 Kyle Swiecki      | SO | Utica           | 18.69 -0.2   |
| 16 Nick Cohen        | FR | Ithaca          | 18.89 0.4    |
| 17 Matthew Bertollo  | FR | Utica           | 19.64 0.4    |

**Men 110 Meter Hurdles**

Meet: 14.55 # 4/23/2016 Peter Girardi  
 Facility: 14.91 \* 4/9/2017 Eddie Mahana  
 ECAC: 15.87 @

| Name           | Yr | School          | Finals    |
|----------------|----|-----------------|-----------|
| <b>Finals</b>  |    |                 |           |
| 1 Eddie Mahana | FR | St. John Fisher | 14.86* 10 |

**Empire 8 Championships**  
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**Results**

**Finals ... (Men 110 Meter Hurdles)**

|   | Name           | Yr | School        | Finals    |
|---|----------------|----|---------------|-----------|
| 2 | Steve McNally  | SO | Stevens Inst. | 15.53@ 8  |
| 3 | Seth Spicer    | JR | Alfred        | 15.72@ 6  |
| 4 | Dan Kaba       | FR | Stevens Inst. | 15.99 4   |
| 5 | Andrew Ward    | SR | Ithaca        | 16.04 2   |
| 6 | Chase Swetland | SO | Alfred        | 16.68 1   |
| 7 | Moe Shokry     | SR | Stevens Inst. | 16.84 0.5 |
| 8 | Seth Abbott    | JR | Ithaca        | 16.91 0.5 |

**Men 400 Meter Hurdles**

**Meet: 52.95 # 4/23/2016 Peter Girardi**

**Facility: 54.48 \* 4/18/2009 Matt Marion**

**ECAC: 56.90 @**

|               | Name          | Yr | School          | Finals    |
|---------------|---------------|----|-----------------|-----------|
| <b>Finals</b> |               |    |                 |           |
| 1             | Peter Girardi | JR | St. John Fisher | 53.66* 10 |
| 2             | Eddie Mahana  | FR | St. John Fisher | 55.71@ 8  |
| 3             | Seth Abbott   | JR | Ithaca          | 56.11@ 6  |
| 4             | Dan Kaba      | FR | Stevens Inst.   | 56.22@ 4  |
| 5             | Tyler Wright  | SO | Utica           | 56.61@ 2  |
| 6             | Vincent Russo | FR | Stevens Inst.   | 59.02 1   |
| 7             | Kyle Carr     | JR | Utica           | 59.02     |
| 8             | Alex Graap    | JR | Ithaca          | 59.15     |
| 9             | Nick Cohen    | FR | Ithaca          | 1:00.81   |
| 10            | Kevin Toal    | SO | Ithaca          | 1:01.02   |
| 11            | Tyler Wilkie  | SR | St. John Fisher | 1:01.13   |

**Men 3000 Meter Steeplechase**

**Meet: 9:19.22 # 2005 Shawn Calabrese**

**Facility: 9:17.01 \* 4/9/2017 Brennon Root**

**ECAC: 9:56.60 @**

|               | Name            | Yr | School          | Finals      |
|---------------|-----------------|----|-----------------|-------------|
| <b>Finals</b> |                 |    |                 |             |
| 1             | Tyler Wright    | SO | Utica           | 9:31.36@ 10 |
| 2             | John Blake      | SO | Ithaca          | 9:34.23@ 8  |
| 3             | Kevin Dixon     | SR | Alfred          | 9:45.66@ 6  |
| 4             | Dan Block       | SO | Utica           | 9:53.88@ 4  |
| 5             | Kyle Gallo      | JR | Alfred          | 10:00.90 2  |
| 6             | Jake Catalano   | FR | Stevens Inst.   | 10:02.39 1  |
| 7             | Eric Melcer     | SR | Ithaca          | 10:03.64    |
| 8             | Tyler Deuschle  | FR | Houghton        | 10:13.09    |
| 9             | Jacob Lange     | FR | Ithaca          | 10:25.25    |
| 10            | Jeff Montgomery | FR | Ithaca          | 10:30.27    |
| 11            | Luke Dunkelberg | JR | St. John Fisher | 10:34.43    |
| 12            | Jon Kulpa       | SO | Utica           | 10:38.69    |
| 13            | Lukus Becker    | SO | Utica           | 11:12.00    |
| ---           | Owen Memelo     | SO | Ithaca          | DNF         |

**Men 4x100 Meter Relay**

**Meet: 42.20 # 2009 Ithaca**  
**Lin, Covino, Orenstein, Wetmore**

**Facility: 42.20 \* 4/18/2009 Ithaca**

**Wetmore, Covino, Lin, Orenstein**

**ECAC: 43.75 @**

|               | Team                          | Relay                     | Finals    |
|---------------|-------------------------------|---------------------------|-----------|
| <b>Finals</b> |                               |                           |           |
| 1             | Utica                         |                           | 42.08# 10 |
|               | 1) Christian St. Amour SR     | 2) Nicodemus Gambill JR   |           |
|               | 3) Kevin Gangemi SO           | 4) Ka'Sean Watlington FR  |           |
| 2             | Stevens Institute             |                           | 42.17# 8  |
|               | 1) Brian Fratto SR            | 2) Alex Kainer SO         |           |
|               | 3) Evan Kainer SO             | 4) Andrew Loth FR         |           |
| 3             | St. John Fisher               |                           | 42.82@ 6  |
|               | 1) Christan Cabanlig FR       | 2) Joshua Lambert FR      |           |
|               | 3) Mark VanMarter JR          | 4) Peter Girardi JR       |           |
| 4             | Ithaca                        |                           | 43.11@ 4  |
|               | 1) Elliott Place SO           | 2) Dan Harden-Marshall FR |           |
|               | 3) Jake Dombek SO             | 4) Roosevelt Lee SR       |           |
| 5             | Nazareth                      |                           | 45.34 2   |
|               | 1) Jervon Harrison FR         | 2) Jenoy Merchant SR      |           |
|               | 3) Jacob Dougall FR           | 4) Jake Garbeck SO        |           |
| 6             | Alfred                        |                           | 46.59 1   |
|               | 1) Spencer Cameron-Pressley S | 2) Jaggar Chaisty JR      |           |
|               | 3) Mathew Derse JR            | 4) Chase Swetland SO      |           |

**Men 4x400 Meter Relay**

**Meet: 3:19.64 # 2009 Alfred**

**Marion, Sealander, Warner, Moulin**

**Facility: 3:19.64 \* 4/18/2009 RIT**

**Marion, Sealander, Warner, Moulin**

**ECAC: 3:24.00 @**

|               | Team                       | Relay                     | Finals      |
|---------------|----------------------------|---------------------------|-------------|
| <b>Finals</b> |                            |                           |             |
| 1             | Ithaca                     |                           | 3:20.86@ 10 |
|               | 1) Gerardo Munoz-Celada JR | 2) Derek Howes SO         |             |
|               | 3) Rob Greenwald FR        | 4) Dan Harden-Marshall FR |             |
| 2             | Utica                      |                           | 3:21.18@ 8  |
|               | 1) Brenden Moore FR        | 2) Nick Proper SO         |             |
|               | 3) Erik Gleba JR           | 4) Kevin Gangemi SO       |             |
| 3             | Stevens Institute          |                           | 3:21.76@ 6  |
|               | 1) Dan Kaba FR             | 2) Tom Selvaggi SO        |             |
|               | 3) Nick Dimaria FR         | 4) Zach Andrews SR        |             |
| 4             | St. John Fisher            |                           | 3:25.42 4   |
|               | 1) Eddie Mahana FR         | 2) Tyler Wilkie SR        |             |
|               | 3) John Woodworth SO       | 4) Peter Girardi JR       |             |
| 5             | Nazareth                   |                           | 3:27.04 2   |
|               | 1) Matt Battaglia SR       | 2) Nick LaBarbera JR      |             |
|               | 3) Nate Murad SO           | 4) Jenoy Merchant SR      |             |
| 6             | Houghton                   |                           | 3:32.64 1   |
|               | 1) Cory McCarty SR         | 2) Dan Burdo FR           |             |
|               | 3) Will Baggs FR           | 4) Cody McCarty SO        |             |

**Empire 8 Championships**  
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**Results**

**Finals ... (Men 4x400 Meter Relay)**

| Team               | Relay                 | Finals  |
|--------------------|-----------------------|---------|
| 7 Alfred           |                       | 3:43.63 |
| 1) Mathew Roder JR | 2) brenden Parillo FR |         |
| 3) Erik Diehl JR   | 4) Seth Spicer JR     |         |

**Men High Jump**

**Meet:** 2.08m # 4/23/2016 Rob Tutein  
**Facility:** 1.98m \* 4/9/2017 Malik Briggs  
**ECAC:** 1.90m @

| Name                  | Yr | School          | Finals   |
|-----------------------|----|-----------------|----------|
| <b>Finals</b>         |    |                 |          |
| 1 Mark VanMarter      | JR | St. John Fisher | 1.80m 10 |
| 2 Andrew Ward         | SR | Ithaca          | 1.75m 8  |
| 3 Kyle Swiecki        | SO | Utica           | 1.75m 5  |
| 3 Moe Shokry          | SR | Stevens Inst.   | 1.75m 5  |
| 5 Kevin Pomer         | JR | Ithaca          | 1.75m 2  |
| 6 Zachary Mapes       | JR | Alfred          | 1.75m 1  |
| 7 Connor Florczyk     | FR | Ithaca          | 1.70m    |
| 8 Chase Pecoraro      | FR | Utica           | 1.65m    |
| 9 Mathew Finley       | JR | Alfred          | 1.65m    |
| 9 Seth Abbott         | JR | Ithaca          | 1.65m    |
| --- Sean Murphy       | FR | Utica           | NH       |
| --- Christan Cabanlig | FR | St. John Fisher | NH       |
| --- Rob Greenwald     | FR | Ithaca          | NH       |
| --- Clarence Skipper  | FR | Utica           | NH       |

**Men Pole Vault**

**Meet:** 4.90m # 2010 Michael Dempsey  
**Facility:** 5.07m \* 5/2/2011 Mike Dempsey  
**ECAC:** 4.30m @

| Name                 | Yr | School          | Finals    |
|----------------------|----|-----------------|-----------|
| <b>Finals</b>        |    |                 |           |
| 1 Sean Foley         | FR | Alfred          | 4.30m@ 10 |
| 2 Joey Nally         | FR | Ithaca          | 4.30m@ 8  |
| 3 Leland Roberts     | FR | Houghton        | 4.20m 5   |
| 3 David Dorsey       | JR | Ithaca          | 4.20m 5   |
| 5 Tom Battistelli    | SR | Ithaca          | 4.05m 2   |
| 6 Patrick Fitzgerald | SO | Utica           | 4.05m 1   |
| 7 Martin Desmery     | SO | Ithaca          | 4.05m     |
| 8 Josh Mastrantuono  | FR | Utica           | 3.90m     |
| 9 Alex Dempsey       | FR | Ithaca          | 3.90m     |
| 9 Chase Pecoraro     | FR | Utica           | 3.90m     |
| 11 Cody McCarty      | SO | Houghton        | 3.90m     |
| 12 Thomas Cosgrove   | SR | St. John Fisher | 3.60m     |
| 13 Jason Bingay      | SO | Utica           | 3.60m     |
| 14 Joel Goetz        | FR | Houghton        | 3.30m     |
| --- Matt Foster      | SR | Ithaca          | NH        |
| --- Matthew Bertollo | FR | Utica           | NH        |

**Men Long Jump**

**Meet:** 7.11m # Kyle Devins & Eric Riley  
**Facility:** 7.38m \* 4/12/2014 Wendall Williams  
**ECAC:** 6.64m @

| Name                  | Yr | School          | Finals     |
|-----------------------|----|-----------------|------------|
| <b>Finals</b>         |    |                 |            |
| 1 Mark VanMarter      | JR | St. John Fisher | 7.01m@ 10  |
| 2 Dan Harden-Marshall | FR | Ithaca          | 6.79m@ 8   |
| 3 Ka'Sean Watlington  | FR | Utica           | 6.66m@ 6   |
| 4 Zachary Mapes       | JR | Alfred          | 6.46m 4    |
| 5 Seth Spicer         | JR | Alfred          | 6.40m 2    |
| 6 Brian Jefferson     | SO | Stevens Inst.   | 6.34m 1    |
| 7 Desmond Akpanoko    | FR | Utica           | 6.26m 0.4  |
| 8 Brady Jensen        | FR | St. John Fisher | 6.20m 0.2  |
| 9 Christan Cabanlig   | FR | St. John Fisher | 6.15m 0.1  |
| 10 Kyle Swiecki       | SO | Utica           | 6.13m +0.0 |
| 11 Kyle Davis         | SO | Ithaca          | 6.06m 0.5  |
| 12 Connor Florczyk    | FR | Ithaca          | 6.02m 1.2  |
| 13 Alex Arika         | SO | Ithaca          | 5.98m +0.0 |
| 14 Clarence Skipper   | FR | Utica           | 5.83m 1.3  |
| 15 Sean Murphy        | FR | Utica           | 5.74m +0.0 |
| 16 Evan Kainer        | SO | Stevens Inst.   | 5.73m 0.6  |
| --- Shayne Sickler    | FR | Utica           | FOUL       |

**Men Triple Jump**

**Meet:** 14.00m # 2014 Rayshawn Scott  
**Facility:** 13.98m \* 4/12/2014 Josiah Thomas  
**ECAC:** 13.42m @

| Name                 | Yr | School          | Finals      |
|----------------------|----|-----------------|-------------|
| <b>Finals</b>        |    |                 |             |
| 1 Clarence Skipper   | FR | Utica           | 14.41m# 10  |
| 2 Mark VanMarter     | JR | St. John Fisher | 14.35m# 8   |
| 3 Ka'Sean Watlington | FR | Utica           | 14.02m# 6   |
| 4 Alex Arika         | SO | Ithaca          | 13.99m* 4   |
| 5 Justin Brister     | FR | Utica           | 13.49m@ 2   |
| 6 Kyle Davis         | SO | Ithaca          | 13.43m@ 1   |
| 7 Roosevelt Lee      | SR | Ithaca          | 13.41m +0.0 |
| 8 Sean Murphy        | FR | Utica           | 12.91m 0.3  |
| 9 Quayree Bull       | JR | Utica           | 12.88m +0.0 |
| 10 Zachary Mapes     | JR | Alfred          | 12.73m 0.2  |
| 11 Kalif Wallace     | FR | Utica           | 12.70m +0.0 |
| 12 Brian Jefferson   | SO | Stevens Inst.   | 12.50m 1.5  |
| 13 Kevin Pomer       | JR | Ithaca          | 12.37m 0.2  |
| 14 Mathew Finley     | JR | Alfred          | 12.14m 1.3  |
| 15 Mathew Derse      | JR | Alfred          | 11.59m 0.6  |
| --- Brady Jensen     | FR | St. John Fisher | FOUL        |

**Men Shot Put**

**Meet:** 15.21m # 4/23/2016 Neil Forrester  
**Facility:** 15.84m \* 4/22/2006 Josh Dupuis  
**ECAC:** 14.05m @

| Name             | Yr | School          | Finals     |
|------------------|----|-----------------|------------|
| <b>Finals</b>    |    |                 |            |
| 1 Neil Forrester | SR | Stevens Inst.   | 15.81m# 10 |
| 2 Ross Mathewson | SO | St. John Fisher | 14.30m@ 8  |

**Empire 8 Championships**  
**Hosted By Nazareth College - 4/22/2017**

**Results**

**Finals ... (Men Shot Put)**

|    | Name              | Yr | School        | Finals   |
|----|-------------------|----|---------------|----------|
| 3  | Samuel Kaczmarek  | SR | Utica         | 13.75m 6 |
| 4  | Tyler Mosher      | FR | Utica         | 13.42m 4 |
| 5  | Sam Bonk          | JR | Utica         | 13.31m 2 |
| 6  | Nicholas Krute    | JR | Stevens Inst. | 13.22m 1 |
| 7  | Nicholas Reitz    | SO | Alfred        | 12.59m   |
| 8  | Thomas Edic       | SO | Utica         | 12.02m   |
| 9  | Max McCauley      | FR | Stevens Inst. | 11.66m   |
| 10 | Larry Cass III    | SR | Ithaca        | 11.19m   |
| 11 | Jude Manford      | SO | Utica         | 11.05m   |
| 12 | Tyler Hancock     | JR | Nazareth      | 10.97m   |
| 13 | Zachary Fisher    | FR | Houghton      | 10.41m   |
| 14 | Harrison Buttrick | FR | Ithaca        | 10.37m   |
| 15 | Tyler Brands      | FR | Alfred        | 10.15m   |
| 16 | Bryce Elliott     | FR | Utica         | 9.78m    |

**Men Discus Throw**

**Meet: 46.22m # 4/23/2016 Keanu Heedram**

**Facility: 46.19m \* 4/9/2017 Mitchel Couch**

**ECAC: 42.29m @**

|               | Name              | Yr | School        | Finals     |
|---------------|-------------------|----|---------------|------------|
| <b>Finals</b> |                   |    |               |            |
| 1             | Jude Manford      | SO | Utica         | 45.16m@ 10 |
| 2             | Neil Forrester    | SR | Stevens Inst. | 43.31m@ 8  |
| 3             | Sam Cherney       | SR | Ithaca        | 42.58m@ 6  |
| 4             | Nicholas Krute    | JR | Stevens Inst. | 41.84m 4   |
| 5             | Samuel Kaczmarek  | SR | Utica         | 40.42m 2   |
| 6             | Sam Bonk          | JR | Utica         | 40.14m 1   |
| 7             | Thomas Edic       | SO | Utica         | 36.86m     |
| 8             | Max McCauley      | FR | Stevens Inst. | 36.68m     |
| 9             | Larry Cass III    | SR | Ithaca        | 36.52m     |
| 10            | Tyler Hancock     | JR | Nazareth      | 34.70m     |
| 11            | Cody Yersin       | JR | Stevens Inst. | 34.24m     |
| 12            | John Raziano      | JR | Stevens Inst. | 33.76m     |
| 13            | Tyler Brands      | FR | Alfred        | 31.21m     |
| 14            | Zachary Fisher    | FR | Houghton      | 28.83m     |
| 15            | Harrison Buttrick | FR | Ithaca        | 25.77m     |
| ---           | Dan Alfeo         | JR | Utica         | FOUL       |
| ---           | Anthony Rydell    | SO | Utica         | FOUL       |

**Men Hammer Throw**

**Meet: 54.23m # 2011 Brian Walker**

**Facility: 61.30m \* 4/11/2016 Luis Rivera**

**ECAC: 45.86m @**

|               | Name             | Yr | School          | Finals     |
|---------------|------------------|----|-----------------|------------|
| <b>Finals</b> |                  |    |                 |            |
| 1             | Larry Cass III   | SR | Ithaca          | 54.24m# 10 |
| 2             | Sam Bonk         | JR | Utica           | 49.32m@ 8  |
| 3             | Ross Mathewson   | SO | St. John Fisher | 48.78m@ 6  |
| 4             | Jon Hoover       | SR | Utica           | 46.63m@ 4  |
| 5             | Sam Cherney      | SR | Ithaca          | 42.56m 2   |
| 6             | John Raziano     | JR | Stevens Inst.   | 40.56m 1   |
| 7             | Samuel Kaczmarek | SR | Utica           | 40.54m     |
| 8             | Ian Ballard      | JR | St. John Fisher | 40.52m     |
| 9             | Tyler Hancock    | JR | Nazareth        | 39.01m     |

|     |                   |    |               |        |
|-----|-------------------|----|---------------|--------|
| 10  | Cody Yersin       | JR | Stevens Inst. | 38.41m |
| 11  | Harrison Buttrick | FR | Ithaca        | 37.46m |
| 12  | Andrew Mucica     | FR | Utica         | 36.06m |
| 13  | Max McCauley      | FR | Stevens Inst. | 35.54m |
| 14  | Zachary Fisher    | FR | Houghton      | 34.04m |
| 15  | Tyler Brands      | FR | Alfred        | 33.00m |
| 16  | Bryce Elliott     | FR | Utica         | 29.32m |
| 17  | Zachary Cody      | FR | Alfred        | 29.12m |
| 18  | Nicholas Reitz    | SO | Alfred        | 28.29m |
| --- | Thomas Edic       | SO | Utica         | FOUL   |

**Men Javelin Throw**

**Meet: 61.88m # 2007 Stephen Burns**

**Facility: 59.97m \* 4/2013 Sabastian Luna Jr.**

**ECAC: 52.73m @**

|               | Name             | Yr | School          | Finals     |
|---------------|------------------|----|-----------------|------------|
| <b>Finals</b> |                  |    |                 |            |
| 1             | Dalton Newmann   | FR | Stevens Inst.   | 52.80m@ 10 |
| 2             | Tanner Lyons     | JR | Stevens Inst.   | 51.51m 8   |
| 3             | Ryan Locke       | FR | Stevens Inst.   | 51.08m 6   |
| 4             | Jordan Smith     | SO | Utica           | 47.49m 4   |
| 5             | Paul Caplan      | SR | Stevens Inst.   | 46.90m 2   |
| 6             | Jake Garbeck     | SO | Nazareth        | 42.31m 1   |
| 7             | Joseph Goggins   | SO | Utica           | 41.63m     |
| 8             | Seth Abbott      | JR | Ithaca          | 39.79m     |
| 9             | Andrew Nussbaum  | SO | Utica           | 39.39m     |
| 10            | Ian Ballard      | JR | St. John Fisher | 36.73m     |
| 11            | Austin Luci      | SO | Utica           | 35.24m     |
| 12            | Seth Spicer      | JR | Alfred          | 34.52m     |
| 13            | Noah Cohen       | JR | Ithaca          | 31.85m     |
| 14            | Zachary Cody     | FR | Alfred          | 30.67m     |
| 15            | Connor Florczyk  | FR | Ithaca          | 30.44m     |
| 16            | Matthew Bertollo | FR | Utica           | 26.74m     |

**Women - Team Rankings - 19 Events Scored**

|    |                   |     |
|----|-------------------|-----|
| 1) | Ithaca            | 281 |
| 2) | St. John Fisher   | 83  |
| 3) | Stevens Institute | 77  |
| 4) | Utica             | 70  |
| 5) | Nazareth          | 53  |
| 6) | Alfred            | 13  |
| 7) | Houghton          | 10  |

**Men - Team Rankings - 19 Events Scored**

|    |                   |     |
|----|-------------------|-----|
| 1) | Utica             | 147 |
| 2) | Stevens Institute | 131 |
| 3) | Ithaca            | 124 |
| 4) | St. John Fisher   | 114 |
| 5) | Alfred            | 44  |
| 6) | Houghton          | 16  |
| 7) | Nazareth          | 13  |